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Insights into the Exfoliation Process of V2O5· nH2O Nanosheet Formation Using Real-Time 51V NMR
ACS Omega, 4(6): 10899-10905
http://dx.doi.org/10.1021/acsomega.9b00727

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Insights into the Exfoliation Process of $V_2O_5 \cdot nH_2O$ Nanosheet Formation Using Real-Time $^{51}V$ NMR

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ABSTRACT: Nanostructured hydrated vanadium oxides ($V_2O_5 \cdot nH_2O$) are actively being researched for applications in energy storage, catalysis, and gas sensors. Recently, a one-step exfoliation technique for fabricating $V_2O_5 \cdot nH_2O$ nanosheets in aqueous media was reported; however, the underlying mechanism of exfoliation has been challenging to study. Herein, we followed the synthesis of $V_2O_5 \cdot nH_2O$ nanosheets from the $V_2O_5$ and $VO_2$ precursors in real time using solution- and solid-state $^{51}V$ NMR. Solution-state $^{51}V$ NMR showed that the aqueous solution contained mostly the decavanadate anion $[H_2V_{10}O_{28}]^{4-}$ and the hydrated dioxo- vanadate cation $[VO_2\cdot 4H_2O]^-$, and during the exfoliation process, decavanadate was formed, while the amount of $[VO_2\cdot 4H_2O]^-$ remained constant. The conversion of the solid precursor $V_2O_5$ was monitored with solid-state $^{51}V$ NMR, which was initiated when $VO_2$ was in its monoclinic forms. The dried $V_2O_5 \cdot nH_2O$ nanosheets were weakly paramagnetic because of a minor content of isolated $V^{4+}$. Its solid-state $^{51}V$ signal was less than 20% of $V_2O_5$ and arose from diamagnetic $V^{4+}$ or $V^{5+}$. This study demonstrates the use of real-time NMR techniques as a powerful analysis tool for the exfoliation of bulk materials into nanosheets. A deeper understanding of this process will pave the way to tailor these important materials.

1. INTRODUCTION

In the last few years, the synthesis of two-dimensional (2D) materials based on transition metal chalcogenides and oxides with thicknesses of a few layers has attracted renewed attention because of the different chemical, physical, and semiconducting properties of these materials compared to their bulk (three-dimensional, 3D) counterparts.1–3 Vanadium oxides are earth-abundant compounds, which have important applications in catalysis,4 batteries,5,6–10 supercapacitors,9,10 and sensors.11 Thus, many research groups have focused on the synthesis of 2D vanadium oxides from their bulk precursors.12–14 Of particular interest among these 2D materials are those based on the hydrated vanadium pentoxides ($V_2O_5 \cdot nH_2O$), which have been shown to exhibit improved electrochemical behavior and semiconducting properties compared to anhydrous $V_2O_5$.15 The improvements are typically ascribed to the presence of $H_2O$ or $H^+$ ions between the $V_2O_5$ layers in $V_2O_5 \cdot nH_2O$, which can be synthesized in the form of hydrogels,16 xerogels,17,18 nanobelts,19 and nanosheets.1–7 Nanostructured $V_2O_5 \cdot nH_2O$ has attracted research interest as it can be easily fabricated into a freestanding film,5 which is easier to handle than, and is thus advantageous compared to, an amorphous or crystalline powder or gel.

$V_2O_5 \cdot nH_2O$ is commonly synthesized either by an ion-exchange route using sodium metavanadate solution or via a sol–gel route using a mixture of hydrogen peroxide ($H_2O_2$) and $V_2O_5$.20,21 In both cases, a dark red compound is formed with a layered structure. Recently, Etman et al. synthesized $V_2O_5 \cdot nH_2O$ nanosheets using aqueous exfoliation of a mixture of $V_2O_5$ and $VO_2$, resulting in black/green films. The synthesis was monitored by in situ X-ray diffraction (XRD) studies, which revealed that the $V_2O_5 \cdot nH_2O$ phase started to form after 90 min of reflux in water at 80 °C. A more detailed understanding of the underlying mechanism of the formation of this $V_2O_5 \cdot nH_2O$ product is challenging because vanadium is a transition metal with a very complex chemistry and many different stable oxidation states. As XRD and wide-angle X-ray scattering provide data mainly on the long-range order in...
compounds, other techniques are important to assess developments in noncrystalline materials or at the solid–liquid interface during the reaction.

Nuclear magnetic resonance (NMR) is a characterization technique complementary to XRD and has been used to study the ion-exchange or sol–gel synthesis routes of V₂O₅·nH₂O.²²−²⁶ It can provide information about the local order, coordination states, and protonated or deprotonated oxygen atoms. Typically, solid compounds are monitored by magic-angle spinning (MAS) solid-state (ss)-NMR, whereas solution-state NMR is used to observe dissolved compounds. However, both solid- and solution-state ⁵¹V NMR are complicated by localized unpaired electrons in paramagnetic V⁴⁺ ions, which may bleach out the signal arising from the NMR detectable (diamagnetic) ⁵¹V⁵⁺ ions in various ways.²⁷ MAS ss-NMR is able to distinguish between delocalized (metallic) and localized (paramagnetic) electronic states via Knight shifts and paramagnetic shifts.²⁸ Paramagnetic, which refers here to Curie or Curie–Weiss paramagnetism, V⁴⁺ ions with localized unpaired electrons cannot be directly studied with NMR, but their presence has the effect of bleaching the ⁵¹V signal of nearby V⁵⁺ ions, allowing the presence of V⁴⁺ to be probed indirectly. However, V⁴⁺ ions with localized unpaired electrons can be studied by other techniques, for example, electron spin resonance (ESR). When the V⁴⁺ ions are less than 2.7 Å apart, their unpaired electrons may pair and turn the corresponding materials from paramagnetic to diamagnetic, which does give a detectable ⁵¹V⁴⁺ NMR signal.

In this paper, we report on real-time solid- and solution-state ⁵¹V NMR studies performed during the synthesis of V₂O₅·nH₂O nanosheets from a 1:4 mixture by weight of commercial monoclinic VO₂(M) and V₂O₅. The interpretation of the ⁵¹V NMR results was linked with those from ESR and ¹H NMR and used to elucidate the mechanism of the aqueous exfoliation process and formation of V₂O₅·nH₂O nanosheets.

2. RESULTS AND DISCUSSION

2.1. Morphology and Structure of V₂O₅·nH₂O Nanosheets. The V₂O₅·nH₂O nanosheets were synthesized in water from a 1:4 mixture by weight of monoclinic VO₂(M) and V₂O₅, and the chemical and thermal analyses are described elsewhere.²⁷ The XRD pattern (Figure 1a, gray) of the as-prepared V₂O₅·nH₂O nanosheets displayed broad peaks, which were indexed as 001, reflecting the preferred orientation of the layered structure of the nanosheets. This pattern was recorded in a reflection configuration using an in-house diffractometer (λ = 1.5406 Å). One possible solution to overcome the preferred orientation was to perform XRD in transmission mode with, for example, a high-energy X-ray source (synchrotron radiation, λ = 0.7766 Å). Notably, the XRD pattern (see Figure 1a, black) recorded in this way was very similar to that collected in the reflection mode using an in-house diffractometer, suggesting a disordered stacking between V₂O₅·nH₂O layers over the a–b plane. Interestingly, the transmission electron microscopy (TEM) images showed that V₂O₅·nH₂O had a typical nanosheet morphology with a different lateral size thickness ranging from 30 to 220 nm (see Figure 1b). In addition, the selected area electron diffraction (SAED) pattern of V₂O₅·nH₂O had powder rings (see Figure 1c), which provided additional support for disordered stacking between the layers over the a–b plane.

2.1.1. Local Structure of V₂O₅·nH₂O Nanosheets. MAS ss-NMR can provide fruitful information about the local structure and oxidation states of metal ions. The commercial V₂O₅ precursor possessed a layered anisotropic structure of distorted VO₆ octahedral building units,¹³,¹⁴ and its ⁵¹V isotropic shift was −611 ppm (see Figure 2, black).²⁷ The isotropic shift of the largely disordered nanosheets of V₂O₅·nH₂O was slightly lower in magnitude, −596 ppm, and the spinning side band manifold was broader, having nearly double the number of spinning side bands (see Figure 2, red). In addition, the individual side bands exhibited an increased inhomogeneous line width, which suggested highly distorted geometries of the vanadium sites. The enhanced line width was in agreement with observations from XRD and SAED.

In previous NMR studies of V₂O₅·nH₂O gels, synthesized using H₂O₂-based or ion-exchange methods, up to five different ⁵¹V NMR peaks have been observed and attributed to various vanadium sites.³²,³³ The corresponding ⁵¹V isotropic shifts have been in the interval of −572 to −663 ppm. However, in this study, the intrinsic and symmetric ⁵¹V line width of the ⁵¹V NMR peaks of the nanosheets of V₂O₅·nH₂O exceeded 80 ppm and thus prevented potential multiple vanadium sites from being resolved. On the basis of previous studies,²⁷ the ⁵¹V isotropic shift of the nanosheets of V₂O₅·nH₂O suggested octahedral vanadium sites with one water
molecule bonded to the vanadyl oxygen or vanadium pentoxide with shifted subunits. Notably, the integral intensity of the total $^{51}$V signal including the spinning side band manifold of the $\text{V}_2\text{O}_5\cdot\text{nH}_2\text{O}$ nanosheets was less than 20% of the $\text{V}_2\text{O}_5$ precursor. The broad line width of the side bands means that the second-order quadrupolar broadening cannot be measured from the line shape, and the contributions of the first-order quadrupolar interaction and shift anisotropy to the spinning side band manifold cannot be easily separated; consequently, the quadrupolar couplings were not measured.34 One possible reason for the signal loss relative to the precursor would be a phase transition similar to that of $\text{VO}_2$(M)−metallic-$\text{VO}_2$(R) because of frictional heating from MAS.35,36

The magnetic susceptibility data (see Figure S1) indicated a weak paramagnetic behavior of the nanosheets with no observable magnetic phase transition. A fit of these data returned a Weiss constant of zero, pure Curie paramagnetism which we ascribe to isolated (noninteracting) $V^{4+}$ ions that were incorporated between the $\text{V}_2\text{O}_5$ nanosheets during the course of the reaction. In turn, we ascribe the large reduction in the observable signal from $\text{V}_2\text{O}_5$ to a paramagnetic bleaching effect, where the nuclear relaxation of $V^{5+}$ is enhanced by the proximity of the paramagnetic $V^{4+}$ ions.27 As the synthesis was performed in an aqueous mixture of $\text{VO}_2$(M) and $\text{V}_2\text{O}_5$, the former provided a possible source of paramagnetic $V^{4+}$, given the 1:4-fraction of $\text{VO}_2$(M) and $\text{V}_2\text{O}_5$. $\text{V}_2\text{O}_5\cdot\text{nH}_2\text{O}$ has been found to contain about 10 mol % of $V^{4+}$ according to Etman et al.,7 which was in agreement with the observed weakly paramagnetic behavior. The presence of $V^{4+}$ was here confirmed by ESR (see Figure S2). The corresponding spectra each had a broad peak with an isotropic $g$-value of 1.95 at room temperature. This value matched well with those reported for other $V^{4+}$-containing materials.25,29,37

2.1.2. Water Molecules in $\text{V}_2\text{O}_5\cdot\text{nH}_2\text{O}$ Nanosheets. The distribution and location of $\text{H}_2\text{O}$ in $\text{V}_2\text{O}_5\cdot\text{nH}_2\text{O}$ are important for the electrochemical behavior and semiconducting properties.20,21 In relation to the positioning of $\text{H}_2\text{O}$, Pozarnsky and McCormick suggested a chain model with a $\text{H}_2\text{O}$ molecule and an $\text{OH}$ group in the equatorial plane and an additional $\text{H}_2\text{O}$ pointing downward.38 Hence, we recorded a static $^2\text{H}$ ss-NMR spectrum (see Figure 3) on the $\text{V}_2\text{O}_5\cdot\text{nD}_2\text{O}$ nanosheets and observed three distinct resonances with decreasing intensities at chemical shifts of 1, 3.3, and 7 ppm. Similar results were obtained from $^1\text{H}$ NMR experiments under MAS, but the $^1\text{H}$ background of the probe and rotor complicated the interpretation (data not shown). Takeda et al. have observed evident that the $^{51}$V signals of the decavanadate anion $[\text{H}_2\text{V}_{10}\text{O}_{28}]^{3+}$, resonating at $-419$, $-503$, and $-522$ ppm, exhibited increasing integral intensities for up to 2 h after mixing, whereas the $^{51}$V signal of the hydrated dioxovanadate cation $[\text{VO}_2\cdot\text{H}_2\text{O}]^+$ at $-549$ ppm retained a constant integral (see Figure 4). The decavanadate anion is believed to be produced from 10 dioxovanadate cations under acidic conditions in aqueous solutions. However, if this reaction had occurred here, there must also have been an additional process where dioxovanadate cations were produced. Fur-

![Figure 3](image-url)  
Figure 3. Static $^2\text{H}$ NMR of $\text{V}_2\text{O}_5\cdot\text{nD}_2\text{O}$ nanosheets. The $^2\text{H}$ NMR spectrum was recorded using a quadrupolar echo sequence.

![Figure 4](image-url)  
Figure 4. Stacked real-time solution-state NMR spectra as a function of time. “x” marks an unassigned peak. The inset shows the normalized $^{51}$V signal integral as a function of time for $[\text{H}_2\text{V}_{10}\text{O}_{28}]^{3+}$ (black) and $[\text{VO}_2\cdot\text{H}_2\text{O}]^+$ (red).
thermore, the rate of its formation has to be equal to the rate of consumption, so as to keep the overall dioxovanadate concentration unaltered throughout the entire reaction. It has furthermore been discussed that the decavanadate anion is not responsible for the formation of the nanosheets because it is highly acidic and hence would prevent further condensation reactions.\(^{39}\) Notably, a broad feature at a shift of about \(-297\) ppm was observed (see Figure 4), which Rehder has suggested to be related to a VO\(_2^+\) derivative.\(^{40}\) The broadening of this \(^{51}\)V signal might also be attributed to polymeric vanadium species or species that contain VO\(^+\) in close vicinity.

The dioxovanadate cation was exchanged with H\(_2\)VO\(_4^−\), which has a pK\(_a\) of 3.8.\(^{41}\) It is, hence, highly likely that the observed chemical shift of [VO\(_2\cdot4\)H\(_2\)O]\(^+\) was due to an average of both the cationic and anionic forms and is highly pH-dependent. The observed chemical shift agreed well with the reported one at a pH of 3.8.\(^{41}\) The formation of the decavanadate anion produces H\(^+\), which lowered the pH to 2.6 at the end of the reaction, which in turn shifted the \(^{51}\)V signal of the dioxovanadate cation from \(-550\) ppm to less negative chemical shift values.

An aqueous suspension of VO\(_2\) did not produce any \(^{51}\)V NMR peaks at room temperature or 80 °C. Hence, we assumed that all of the \(^{51}\)V signals (in Figure 4) including the broad peak at \(-297\) ppm resulted from VO\(_2\) and its reaction products despite its low solubility (0.7 g/L = 3.8 mmol/L at room temperature).\(^{52}\) It is worth mentioning that VO\(_2\) is, however, slightly water-soluble particularly under acidic conditions, and the following \(^{V+}\) species, which are NMR silent, might be present: [VO-S\(_2\)H\(_4\)]\(^+\), VOOH\(^+\), and a dimer VO\(_2\)(OH\(_2\))\(^+\); the latter most likely formed from the coupling of two VO\(_2\)OH\(^+\) species.\(^{43}\) \(^{V+}\) species in an aqueous VO\(_2\)/V\(_2\)O\(_5\) mixture at 80 °C was confirmed by the hyperfine coupling between an electron and \(^{51}\)V in the ESR spectrum showing eight peaks (see Figure S2). These features of the ESR spectrum suggested isolated \(^{V+}\) species in solution,\(^{29}\) most likely [VO-S\(_2\)H\(_4\)]\(^+\). Furthermore, the ESR spectrum had a broad feature, which was attributed to solid VO\(_2\) and an aqueous mixture of solely VO\(_2\) did not give any ESR signal.

The same vanadium species have been observed in preparations from other approaches using ion-exchange and sol–gel methods.\(^{23–25,37}\) Our observations were consistent with findings from other synthetic methods taking into account the acidic conditions with pH = 3.8. Furthermore, the observed \(^{51}\)V NMR signals agreed well with earlier findings on the concentration and pH dependence for vanadium species formed in aqueous solutions.\(^{21}\)

Etman et al. have reported on an onset of the V\(_2\)O\(_5\)-nH\(_2\)O formation after 90 min using real-time XRD,\(^{27}\) while the formation of decavanadate leveled out after 2.5 h. By comparing those findings with the ones of this study, the question arose if the dissolved species were responsible for the formation of nanosheets or if the observations of the decavanadate anion and the dioxovanadate cation were solely due to various side reactions of the aqueous vanadium chemistry. Many mechanisms have been proposed for the formation of nanostructured gels,\(^{25–27,37}\) and in our view, the most relevant are those that have dealt with ion exchange.\(^{23,25}\) However, not all of them have derived these compounds from vanadium-based species in solution, whereas here we instead started from two commercial solid compounds (V\(_2\)O\(_5\) and VO\(_2\)).

2.2.2. Solid Species. To access information on the solid phases during the reaction, we performed real-time MAS ss-NMR experiments on the reaction mixture (0.3 mg of VO\(_2\), 1.2 mg of V\(_2\)O\(_5\), and 20 μL of H\(_2\)O) at 7 kHz MAS. Analyses of the \(^{51}\)V NMR spectra in Figure 5a,b showed a reduction of the integral of the whole \(^{51}\)V signal spinning side band manifold due to the V\(_2\)O\(_5\) phase, which has an isotropic chemical shift of \(-611\) ppm. The reduction was observed both for low-flip-angle direct excitation (Figure 5c, gray) and in a Hahn echo experiment (Figure 5c, red). The normalized \(^{51}\)V NMR integrals of a repeated Hahn echo experiment (Figure 5c, black) coincided well with the first reaction. Vanadium-containing compounds have a very large \(^{51}\)V NMR shift range, which in turn required that we moved the observation window by changing the carrier frequency and retuning the probe to observe various species. By comparing weight-normalized \(^{51}\)V MAS ss-NMR spectra of fresh commercial VO\(_2\)(M) and V\(_2\)O\(_5\), the observed broad \(^{51}\)V signal of VO\(_2\)(M) at approximately 2100 ppm\(^{30}\) was consistent with <1% of the V\(_2\)O\(_5\) signal in the solid phase (see Figure S3). This intensity was lower than expected and was ascribed to the broad \(^{51}\)V resonance of VO\(_2\) being harder to excite and having a shorter relaxation time than those of V\(_2\)O\(_5\). The other \(^{51}\)V signal resonating at negative shift is most likely the impurity V\(_2\)O\(_5\) (see Figure S3). Consequently, an amount of approximately 0.3 mg of VO\(_2\)(M) was undetectable in the real-time MAS ss-NMR experiments. The lab-scale synthesis was prepared under similar conditions as in real-time MAS ss-NMR experiment and revealed traces of unexfoliated V\(_2\)O\(_5\) at the end of the synthesis, which agreed with the remaining signal in the \(^{51}\)V NMR spectra detected after 38 h (see Figure 5c, red and gray), and was therefore attributed to this unexfoliated V\(_2\)O\(_5\) precursor. Despite attempts to observe other \(^{51}\)V signals, for
example, from VO$_2$ none were detected. One reason might have been the small rotor volume of 20 μL, which required a V$_2$O$_5$–H$_2$O ratio that is 17 times larger to assure a good signal-to-noise ratio and to minimize the uncertainty of the weighed amount of solids, as compared to the lab-scale synthesis. In total, approximately 1.5 mg of VO$_2$ was present.

Interestingly, the synthesis of the V$_2$O$_5$·nH$_2$O nanosheets failed when VO$_2$ was used solely as the precursor (data not shown), suggesting that VO$_2$(M) or dissolved species formed from VO$_2$(M) initiated the formation of the V$_2$O$_5$·nH$_2$O nanosheets. A requirement of VO$_2$(M) for this synthesis was proposed by Pozarnsky and McCormick who reported on the formation of V$^{4+}$ species by ion exchange and the consumption of those during the reaction. $^{23,41}$ They suggested that [V$^{4+}$O$^-$·SH$_2$O]$^{2+}$ reacted with [V$^{5+}$O$_2$·4H$_2$O]$^+$ and formed oligomeric species, which polymerized further. Hence, our observations of a reduction of the V$_2$O$_5$ signal during the course of the reaction might be explained by a homogeneous distribution of V$^{4+}$ in close vicinity of V$^{5+}$ formed via polymerization rather than the consumption of VO$_2$ into other species. Our proposed reaction pathway, which is in agreement with Pozarnsky and McCormick, $^{23,41}$ is illustrated in Figure 6. Alternatively, as

![Figure 6](https://example.com/figure6.png)

**Figure 6.** Proposed reaction pathways occurring during the synthesis of V$_2$O$_5$·nH$_2$O nanosheets.

Livage discussed, [V$^{4+}$O$^-$·SH$_2$O]$^{2+}$ could intercalate between the V$_2$O$_5$ layers. $^{21}$ This alternative hypothesis would be possible if [V$^{4+}$O$^-$·SH$_2$O]$^{2+}$ would be homogeneously distributed.

It should also be noted that the synthesis reaction failed when aged VO$_2$(M) was used (Figure 5c, blue). This aged compound had been stored under ambient conditions and was consequently altered after being in contact with air. To understand the reason behind this phenomenon, we compared the $^1$H, $^{51}$V NMR, ESR spectra, and XRD patterns of the fresh and aged VO$_2$(M).

The XRD pattern of the fresh sample agreed well with the standard pattern of monoclinic VO$_2$(M). By contrast, the XRD pattern of the aged sample had fewer peaks, which complicated the assignment of the formed VO$_2$ phase (Figure S4). Interestingly, the semilogarithmic plot revealed 001 and 003 reflections of the V$_2$O$_5$·nH$_2$O phase in the pattern of the aged VO$_2$(M), which matched well with previous reports on the instability of VO$_2$(M) under ambient conditions. $^{23}$ In comparison with the $^{51}$V MAS ss-NMR spectrum of fresh VO$_2$(M) (see Figure S3, red) in which broad peaks resonating between 1800 and 3000 ppm were attributed to VO$_2$(M), the aged VO$_2$ showed no such peaks (see Figure S5, black), presumably due to oxidation of the vanadium species to VO$_2$. On the other hand, the ESR spectrum (see Figure S2) indicated that the aged VO$_2$ still possessed a reasonable measurable quantity of V$^{4+}$. Furthermore, the $^1$H NMR (data not shown) displayed a broad $^1$H NMR peak for the aged VO$_2$(M) as compared to the fresh one. The increased $^1$H NMR signal intensity suggested strongly that concurrent H$_2$O uptake had occurred. Hence, as was reported by Elman et al., $^7$ the relative fraction of VO$_2$(M)–V$_2$O$_5$ used in the synthesis was crucial for successful exfoliation.

3. CONCLUSIONS

To summarize, real-time solid-state and solution-state $^{51}$V NMR studies were performed to follow the transformation of VO$_2$ and V$_2$O$_5$ in aqueous dispersion into nanosheets of V$_2$O$_5$·nH$_2$O. During exfoliation, a loss of the $^{51}$V NMR signal of V$_2$O$_5$ was observed, which was attributed to a homogeneous distribution of V$^{4+}$ that is in close contact with V$^{5+}$ bleaching their signals. Taken together, our findings were consistent with a hypothesis that both VO$_2$ and VO$_2$ had been dissolved and VO$_2$ formed as [V$^{4+}$O$^-$·SH$_2$O]$^{2+}$ cations, which were oligomerized with [V$^{4+}$O$^-$·4H$_2$O]$^+$ species from VO$_2$ and then polymerized further. Another explanation could have been intercalation of [V$^{4+}$O$^-$·5H$_2$O]$^{2+}$ between the layers of V$_2$O$_5$. Additional future studies could include real-time ESR experiments with stirring; however, such were out of the scope of this current study.

4. MATERIALS AND METHODS

4.1. Materials. The V$_2$O$_5$·nH$_2$O or V$_2$O$_5$·nD$_2$O nanosheets were synthesized as described in ref 7. In a typical synthesis, a mixture of 1:4 (weight ratio) of V$_2$O$_5$ (Fisher Scientific, UK) and V$_2$O$_5$ (Sigma-Aldrich, Germany, purity 99.9%), denoted by VO$_2$(M), was used as the precursors. The mixture of oxides was dispersed in water or D$_2$O (CortecNet, 99.8%) by sonication for 10 min and then heated under reflux at 80–90 °C for 8–24 h. At the end of heating process, a greenish black suspension of V$_2$O$_5$·nH$_2$O nanosheets was formed, which was then dried in air at 80 °C for 5 h to obtain the V$_2$O$_5$·nH$_2$O nanosheets.

For the real-time ss-NMR experiments, 0.3 mg of VO$_2$, 1.2 mg of V$_2$O$_5$, and 20 μL of H$_2$O were placed in a Kel-F insert, which can be sealed with screws. After sealing, the mixture was sonicated for a minute. The insert was then placed in a 4 mm rotor, which was inserted into the spectrometer.

For the real-time solution-state NMR experiments, VO$_2$ and V$_2$O$_5$ with a mass ratio of 1:4 were blended with 550 μL of H$_2$O and 50 μL of D$_2$O. The synthesis was performed at 70 °C, and the sample tube was spun at 20 Hz.

4.2. Methods. $^{51}$V MAS NMR data were acquired on 14.1 T ($^{51}$V Larmor frequency of −157.9 MHz) and 9.4 T (Larmor frequency of −105.2 MHz) Bruker AVANCE-III spectrometers equipped with a 4 mm or 3.2 mm triple-resonance MAS probe. Real-time MAS $^{51}$V NMR spectra were recorded at a MAS rate of 7 kHz, while rotors containing solely solid compounds were spun at the rate of 14 or 24 kHz. The isotropic chemical shift was determined by comparing $^{51}$V NMR spectra recorded at two different spinning frequencies. An aqueous solution of sodium metavanadate (1 mol/L) was used to externally calibrate the $^{51}$V NMR chemical shift to −574.38 ppm. $^{45}$ For solid samples, the length and strength of the radio frequency (rf) pulse were estimated using the reference solution, and a rf pulse and a nominal flip angle of 10° were used for single pulse acquisition. For real-time MAS experiments on the reaction mixture, the rf pulse was calibrated.
on the sample itself and a 45° nominal flip angle was used. Applied rf fields between 80 and 95 kHz and spectral widths between 2500 and 5000 kHz were used. The carrier frequency was placed on resonance at the isotropic shift for V2O5 as well at VO2(M) and others. The 51V longitudinal relaxation time constants T1 for the solid compounds were estimated to be less than a second at room temperature and at 85 °C. Nevertheless, a repetition delay of 5 s was used for the real-time MAS NMR measurements on the reaction mixture at 85 °C. Static 1H NMR was carried out on V2O5-nD2O nanosheets prepared in D2O instead of H2O. A small piece of the V2O5-nD2O nanosheets was glued in place in a glass insert, which was NMR was carried out on V2O5.

D2O instead of H2O. A small piece of the V2O5

2100LaB6) using an accelerating voltage of 200 kV.

morphology of the nanosheets and their SAED patterns were studied by a transmission electron microscope (JEOL JEM-2100LaB6) using an accelerating voltage of 200 kV.

ESR experiments were carried out on a Bruker ELEXYS (X-band) spectrometer at room temperature or 80 °C. Samples were studied in a glass capillary, and the magnetic field was stepped from 1000 to 6000 gauss using two or eight signal accumulations. For heat treatment, capillaries were flame sealed prior to storage in the oven at 80 °C.

XRD measurements were conducted in the 2θ range of 5°—45° using a PANanalytical diffractometer (Cu Kα1 radiation) and a synchrotron source (SLS beamline, λ = 0.7766 Å). The morphology of the nanosheets and their SAED patterns were studied by a transmission electron microscope (JEOL JEM-2100LaB6) using an accelerating voltage of 200 kV.

pH measurements were performed with a Hanna instrument (model-HI2210). A Quantum Design MPMS XL SQUID (superconducting quantum interference device) magnetometer was used for magnetic characterization. Magnetization versus temperature measurements in a magnetic field of 1 kOe were performed in the temperature range of 2–107 K in steps of 3 K.

**ASSOCIATED CONTENT**

Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acsomega.9b00727.

Variation of magnetic susceptibility with temperature, ESR spectra, weight-normalized 51V MAS ss-NMR spectra of V2O5 and VO2, XRD patterns of VO2 fresh and aged, and 51V MAS ss-NMR spectra of the aged VO2 (PDF)

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**Notes**

The authors declare no competing financial interest.

**ACKNOWLEDGMENTS**

The Swedish NMR Centre is acknowledged for access to the facility and spectrometer time. T. Astlind is thanked for ESR support, Prof Astrid Gräsland for ESR time, Prof Mattias Edén for NMR spectrometer time, and Prof Lynne McCusker for her help in recording the XRD pattern at the synchrotron facility.

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