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Bird's eye view of molecular clouds in the Milky Way

II. Cloud kinematics from subparsec to kiloparsec scales

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ABSTRACT

Context. The kinematics of molecular gas are crucial for setting the stage for star formation. One key question related to the kinematic properties of gas is how they depend on the spatial scale.

Aims. We aim to describe the CO spectra, velocity dispersions, and especially the linewidth-size relation of molecular gas from cloud (parsec) scales to kiloparsec scales in a complete region within the Milky Way disk.

Methods. We used the census of molecular clouds within 2 kpc from our earlier work, together with CO emission data for them from the literature. We studied the kinematics and the Larson relations for the sample of individual clouds. We also mimicked a face-on view of the Milky Way and analysed the kinematics of the clouds within apertures of 0.25–2 kpc in size. In this way, we describe the scale-dependence of the CO gas kinematics and Larson's relations.

Results. We describe the spectra of CO gas at cloud scales and in apertures between 0.25 and 2 kpc in our survey area. The spectra within the apertures are relatively symmetric, but show non-Gaussian high-velocity wings. At cloud scales, our sample shows a linewidth-size relation $\sigma_v = 1.5 \cdot R^{0.3 \pm 0.1}$ with a large scatter. The mass-size relation in the sample of clouds is $M_{\text{CO}} = 794 \cdot R^{1.5 \pm 0.5}$. The relations are also present for the apertures at kiloparsec-scales. The best-fit linewidth-size relation for the apertures is $\sigma_v = 0.5 \cdot R^{0.35 \pm 0.01}$, and the best-fit mass-size relation is $M_{\text{CO}} = 229 \cdot R^{1.4 \pm 0.1}$. A suggestive dependence on Galactic environment is seen. Apertures closer to the Galactic centre and the Sagittarius spiral arm have slightly higher velocity dispersions. We explore the possible effect of a diffuse component in the survey area and find that such a component would widen the CO spectra and could flatten the linewidth-size relation. Understanding the nature of the possible diffuse CO component and its effects on observations is crucial for connecting Galactic and extragalactic data.

Key words. ISM: clouds – ISM: structure – solar neighborhood – local interstellar matter – galaxies: ISM – galaxies: star formation

1. Introduction

Stars in galaxies form from gas in molecular clouds, and the movement of this gas can give us insight into the physical conditions within the clouds and within the galaxies. An open question is which physical processes set the properties of stars and their parent clouds, and on which scales. Important insight has been gained by studying cloud kinematics and other cloud properties in the past: Molecular clouds have been found to be turbulent, gravitationally bound, and to have approximately constant surface densities (Larson 1981; Heyer & Dame 2015). The internal (subparsec, subpc) velocity structure of molecular clouds can only be studied in our Milky Way, but extragalactic studies indicate that the velocity structure on galaxy disk scales (kiloparsec, kpc) also affects the molecular clouds and possibly their star formation activity (Schinnerer et al. 2013; Hughes et al. 2013; Sun et al. 2020; Leroy et al. 2021; Rosolowsky et al. 2021). Bridging the gap between the scales studied in the Milky Way and external galaxies could lead us to an improved understanding of which scales and physical processes are important in setting the properties of molecular clouds and the stage for star formation.

The kinematics of Milky Way molecular clouds have previously been studied in small samples of nearby clouds (e.g. Larson 1981; Falgarone et al. 1992; Heyer & Brunt 2004), in larger samples (e.g., Solomon et al. 1987; Roman-Duval et al.

2009), and even in the entire Milky Way (Miville-Deschênes et al. 2017). However, studies with significant numbers of clouds mainly rely on kinematic distances and on various cloud-finding algorithms for cloud definitions. The lack of accurate distances makes it difficult to pinpoint the location of the clouds in the Milky Way disk and to relate them to their larger-scale Galactic environment. The varying cloud definitions also make it difficult to reconcile the data with more detailed observations of the internal structure and star formation properties of the clouds. In order to study the full range of scales involved, it is necessary to relate molecular clouds both to their larger-scale galactic environment and to their intricate internal structure and star formation properties.

In extragalactic studies, the scales from entire galaxy disks (tens of kpc) to clouds (few tens of pc; i.e. PHANGS; Leroy et al. 2021) can be observed. Within these scales, the variations of the properties of the interstellar medium (ISM) as a function of scale have been studied. For example, Leroy et al. (2016) have shown that the ISM of M51 has higher surface densities, lower line widths, and more self-gravity at smaller scales, while Schinnerer et al. (2019) demonstrated that the overlap between CO and H α emission in eight nearby galaxies varies as a function of scale and resolution. However, extragalactic studies cannot yet go beyond the cloud scale and down to the filaments and cores that are more directly linked to star formation. In the Milky Way,

these substructures in clouds can be resolved by observations, but the task of linking the small-scale star formation properties with the Galactic scales is rarely undertaken.

In [Spilker et al. \(2021\)](#), hereafter Paper I) we developed the bird's eye Milky Way experiment to study molecular cloud properties as a function of scale and to create a new interface between Galactic and extragalactic works. In this experiment, we compiled a sample of molecular clouds within a distance of 2 kpc that is as complete as possible and studied them individually and in a bird's eye view, that is, in a face-on perspective of the Galactic disk. This enabled us to describe the column density statistics and star formation activity as a function of scale from cloud scales to kiloparsec scales. We further showed how such analysis can lead to new constraints for important parameters such as column density probability density functions (PDFs) and provide insight into the build-up of relations such as the Kennicutt–Schmidt relation.

In this paper, we take the next logical step in developing the bird's eye Milky Way experiment and study the gas kinematics in the same manner. We use as a main diagnostic tool the velocity standard deviations of the clouds, measured from CO($J = 1 - 0$) emission data. This enables us to describe the gas kinematics in the solar neighbourhood gas as a function of spatial scale and to revisit the [Larson \(1981\)](#) linewidth-size and mass-size relations. Furthermore, it enables us to describe the dependence of the velocity dispersion of molecular gas on Galactic environment. In this way, we study molecular cloud kinematics from sub-pc to kpc scales, taking an important step in understanding the observational origin and interpretation of the [Larson \(1981\)](#) relations and towards connecting studies of molecular gas kinematics in the Milky Way with external galaxies.

2. Data and methods

In the following, we first describe the cloud sample (Sect. 2.1) and the CO data (Sect. 2.2) used in the paper. Then, we describe the methods related to the analysis of individual clouds (Sect. 2.3) and to the analysis of clouds from the bird's eye perspective (Sect. 2.4).

2.1. Cloud sample

The cloud sample considered in this paper is the same as in Paper I. This sample of molecular clouds within a distance of 2 kpc is as complete as possible. It was established by searching cloud-like objects from various CO and dust-based data and catalogues in the literature (see Paper I for details). The sample contains 72 clouds that are discernible in CO or dust extinction or emission. Eight of the clouds are not covered by the [Dame et al. \(2001\)](#) survey (cf. Sect. 2.2) and are therefore not included in this paper. Our final sample therefore consist of 64 clouds. The cloud sample and its properties are listed in Table A.1.

2.2. CO data

We used the CO($J = 1 - 0$) data published by [Dame et al. \(2001\)](#) to study the kinematics of our cloud sample. The [Dame et al. \(2001\)](#) survey covers $\sim 45\%$ of the sky within 30° of the equator and almost all molecular clouds larger than a few degrees. The angular resolution is $\sim 8.5'$, which corresponds to a physical resolution of ~ 0.2 pc at a distance of 100 pc and ~ 5 pc at a distance of 2 kpc. The spectral resolution of the data for the most part is 0.65 km s^{-1} (63% of the clouds), but for some areas of the map, it is 1.3 or 0.26 km s^{-1} (see Table 1 in [Dame et al. 2001](#)). For 84%

of the clouds, the total spectrum is clearly resolved. The clouds with unresolved spectra are generally very small.

The CO data were used to derive physical properties of the clouds and apertures. The most fundamental parameter for studying kinematics is the standard deviation of the total spectrum, σ_v (velocity dispersion). We calculated σ_v as the square root of the second moment of the spectra. σ_v can be related to the turbulent properties of the clouds and apertures through the Mach number. The Mach number is evaluated as $\mathcal{M} = \sigma_{\text{nth,1D}}/c_s$, where $c_s = \sqrt{\frac{k_b T}{\mu m_p}}$ is the isothermal sound speed, μ is the mean molecular mass ($\mu = 2.33 \text{ amu}$), m_p is the proton mass, k_b is the Boltzmann constant, and T is the temperature. We calculated rough Mach numbers adopting an arbitrary constant temperature of 18 K (as in [Dame et al. 2001](#)). When we assume that all non-thermal contributions to the velocity dispersion are due to turbulence, the Mach number is

$$\mathcal{M}_{\text{s,3D}} \approx \sqrt{3} \frac{\sigma_{v_{\text{turb,1D}}}}{c_s} = \sqrt{3} \left[\left(\frac{\sigma_v}{c_s} \right)^2 - \left(\frac{\mu}{\mu_{\text{obs}}} \right) \right]^{1/2}. \quad (1)$$

Here σ_v is the velocity dispersion along the line of sight, and μ_{obs} is the molecular mass of the observed molecule (28 amu for ^{12}CO). The integrated intensity of a CO spectrum $\int T_B(v) dv$ is proportional to the column density N by the X_{CO} factor $N = X_{\text{CO}} \int T_B(v) dv$ ([Bohlin et al. 1978](#)). We used

$$X_{\text{CO}} = 2 \times 10^{20} \text{ cm}^{-2} (\text{K km s}^{-1})^{-1}, \quad (2)$$

as recommended by [Bolatto et al. \(2013\)](#). It is then possible to use the column density to compute the mass, $M = \mu m_p N d^2$, where d is the distance to the cloud. The cloud and aperture mass can then be estimated from the integrated intensity of the CO spectra as

$$M_{\text{CO}} = X_{\text{CO}} \mu m_p \cdot \int T_B(v) dv \cdot d^2. \quad (3)$$

The total CO mass of the clouds in our sample is $4.9 \times 10^6 M_\odot$. This is 56% of the mass from extinction (Paper I). Several factors can contribute to this difference. Dust traces a wider range of column densities than CO. On the one hand, a significant amount of molecular gas is CO dark (e.g. [Goodman et al. 2009](#)), but traced by dust. On the other hand, CO becomes optically thick, or depletes, at high column densities where dust still traces the total column. It is also unclear how accurate the adopted X-factor is exactly in the solar neighbourhood, as it may have some dependence on galactic radius (i.e. [Bolatto et al. 2013](#)).

The CO-derived mass of the clouds in our sample is 58% of the mass of CO clouds in this area identified by [Miville-Deschênes et al. \(2017\)](#). The cloud catalogue by [Miville-Deschênes et al. \(2017\)](#) assigns virtually all the CO gas to clouds (it includes 98% of the CO emission within $\pm 5^\circ$ of the Milky Way disk), so it is not surprising that we recover significantly less mass in our hand-picked sample. As established in Paper I, we are unlikely to miss clouds larger than $\sim 10^4 M_\odot$ that contain a significant fraction of molecular gas, but we may miss smaller and more diffuse clouds.

2.3. Kinematic analysis of the individual clouds

We first used the CO data to study the sample as individual clouds. The cloud sample with its properties is listed in

Table A.1, and an overview of the clouds in the position-position-velocity (p - p - v) space is shown in Appendix B. To limit contamination from foreground and background gas, the clouds were cropped of parts that were not coherent in velocity. This was done by examining the CO p - p - v cubes of the clouds. When a cloud had more than one peak in velocity, we chose the component closest to the velocity corresponding to the distance of the cloud. With the cropped cloud spectra in hand, we derived the velocity standard deviations and masses of the clouds. The masses and linewidths were compared to the sizes from the area above 3 mag of extinction (from Paper I). We estimated the uncertainty on σ_v to be $\delta\sigma_v = \frac{\sigma_v}{\sqrt{N}}$ (where N is the number of spectral channels), and the uncertainty on the sizes of the clouds was estimated to be the change in size when we adjusted the magnitude limit by $\pm 20\%$. The uncertainty in mass was taken to be $\pm 20\%$. To fit the linewidth-size and mass-size relations we performed an orthogonal distance regression fit with the Python Scipy package ODR, that takes the uncertainties on all quantities into account (Virtanen et al. 2020).

2.4. Kinematic analysis from the bird's eye perspective

We then used the CO data to analyse the survey area from a bird's eye perspective, following the approach of Paper I. This was possible due to recently derived accurate distances to the molecular clouds based on data from *Gaia* by Zucker et al. (2019, 2020). In this analysis, we constructed the total CO emission spectra of clouds within apertures of different sizes as they would appear if the Milky Way were viewed from a face-on angle. To facilitate the experiment, we conjectured that the CO velocity distributions of individual clouds from the face-on perspective are the same as in the plane of the sky, except for the contribution from the rotation of the galaxy. The rotation of the galaxy was taken into account by subtracting from the spectra the systematic velocity of the clouds that is due to the rotation of the galaxy disk. The disk motion was calculated using the Galactic rotation curve from Reid et al. (2019) and the accurate distances from Zucker et al. (2019, 2020).

After this correction, the cloud spectra represent the motions of the clouds independent of the galaxy rotation. These motions include the internal movement of gas within the clouds and any peculiar motion the cloud might have in the disk, that is, motion that does not perfectly follow the disk rotation. When the spectra of all the clouds in our $R = 2$ kpc survey area were combined, we obtained an overview of the total CO spectrum of the molecular clouds in our local Galactic environment. This total spectrum is shown in Fig. 1 before and after the corrections (velocity cropping and subtraction of the Galactic rotation).

In this bird's eye experiment, we obtained the total CO spectra within the apertures of different sizes by summing over the spectra of the clouds within each aperture. We summed the spectra using the cloud mass, M_{CO} , as the weight so that the contribution of a cloud in the aperture spectrum was proportional to its mass, just as it would be if all the clouds were at the same distance (e.g. when viewed face-on in another galaxy). In this calculation, the clouds are considered point sources, that is, the cloud coordinates alone determine whether the entire spectrum of a cloud is included in the aperture.

The above procedure gives us access to the velocity dispersions (again as the square root of the second moment of the spectra), to the full width at half maxima (FWHM, different from $2\sqrt{2\ln 2}\sigma$ because the spectra are not exactly Gaussians), and to the masses of the CO gas within the apertures. We constructed

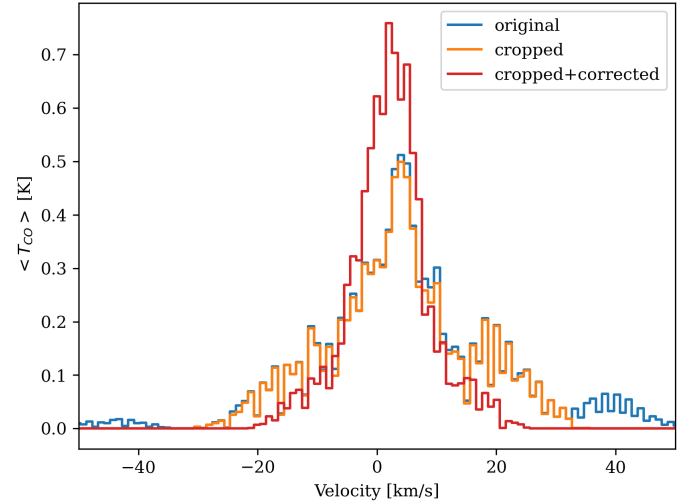


Fig. 1. Total CO spectrum of the molecular clouds within a distance of 2 kpc. The original spectrum before any corrections is shown in blue, the spectrum after the cropping of the clouds is shown in orange, and the final spectrum with cropped spectra and subtracted disk velocity is shown in red. The same spectra in mass units are shown in Fig. C.1.

maps of the aperture properties, sampling the entire 2 kpc radius survey area. This was performed for apertures with radii of 1, 0.5, and 0.25 kpc to study the scale and environment dependence of the aperture properties. The apertures were placed at Nyquist sampling intervals, as in Paper I.

3. Results

This section is divided into two parts: we first describe the kinematics for the most complete sample of molecular clouds within 2 kpc (Sect. 3.1) and then describe how the data appear when viewed from a bird's eye perspective (Sect. 3.2). In both cases, we study the velocity dispersions and masses, and their scale dependences (the linewidth-size and mass-size relations).

3.1. Kinematics of the individual clouds

We first study the kinematics of the cloud sample. The distribution of the velocity dispersions of the clouds and the corresponding Mach numbers are shown in Fig. 2. The mean of the distribution is 2.75 km s^{-1} ($M = 18.9$) and the median is 2.22 km s^{-1} ($M = 15.3$). The interquartile range is 1.4 – 3.5 km s^{-1} , and the distribution has a tail to high velocity dispersions. The distribution is similar to that for the whole Milky Way (Miville-Deschênes et al. 2017). The clouds with $\sigma_v > 5 \text{ km s}^{-1}$ are L1340-55, Ara, Lagoon, M20, M17, and w3-w4-w5. Lagoon, M20, and M17 are also outliers in terms of their density distributions (Paper I), and are massive clouds towards the Galactic centre.

The linewidth-size relation for the sample is shown in Fig. 3 (top panel). There is a correlation in the data (Spearman's rank coefficient $R_s = 0.53$ and Pearson coefficient $p = 9 \cdot 10^{-6}$), but the scatter is large. The fitted linewidth-size relation is $\sigma_v = 1.5 \cdot R^{0.3 \pm 0.1}$. This is consistent with the original Larson (1981) relation and other works (e.g. Miville-Deschênes et al. 2017). Figure 3 (bottom panel) shows the mass-size relation for the cloud sample. The correlation is stronger ($R_s = 0.77$ and $p = 2 \cdot 10^{-13}$), yielding the relation $M_{\text{CO}} = 794 \cdot R^{1.5 \pm 0.5}$. The exponent of ~ 2 from Larson (1981) implies a constant column

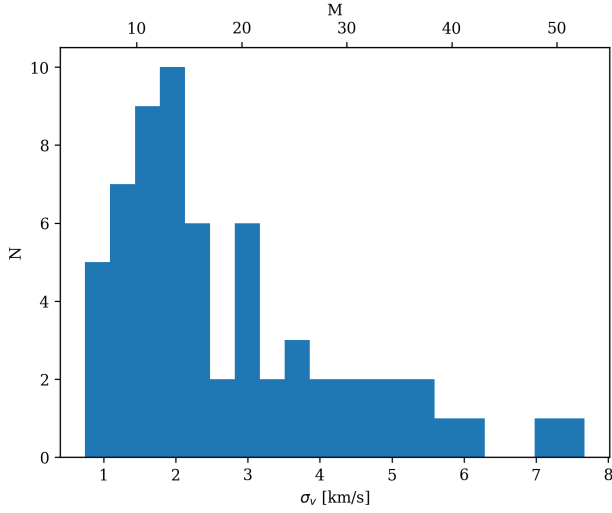


Fig. 2. Histogram of the velocity dispersions of individual clouds. The approximate Mach number is shown on the top x-axis.

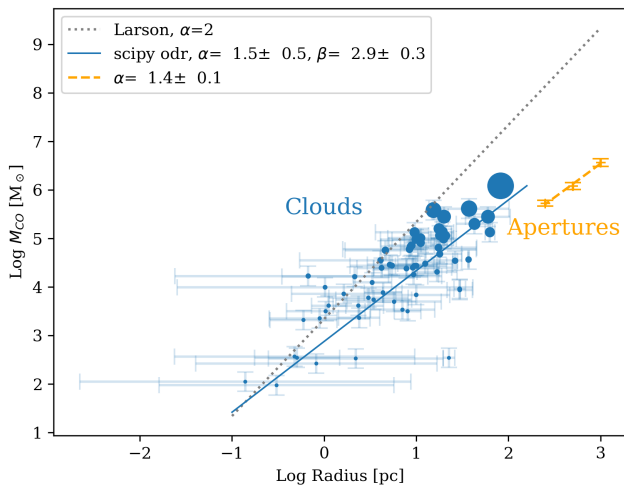
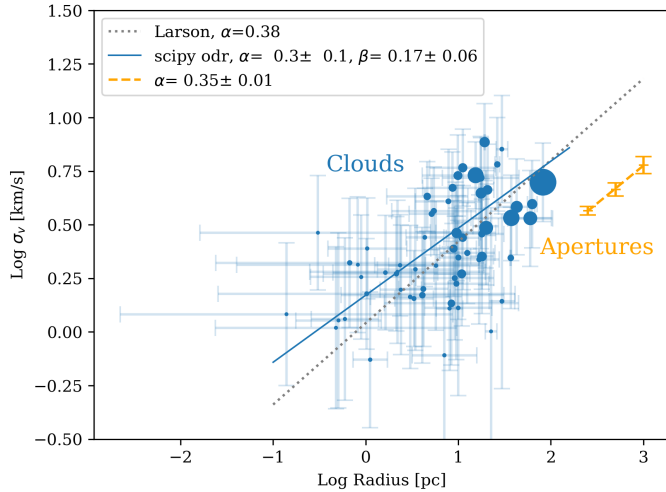


Fig. 3. Linewidth-size (*top*) and mass-size (*bottom*) relations for the clouds and apertures. Clouds are shown in blue, and the symbol size is proportional to the cloud mass. The error bars are as described in Sect. 2.3. Apertures are shown in orange, with error bars indicating the standard deviation between the apertures. The solid blue line shows a fit to the cloud data, the dashed orange line shows a fit to the aperture data, and the dotted grey line shows the fit from Larson (1981).

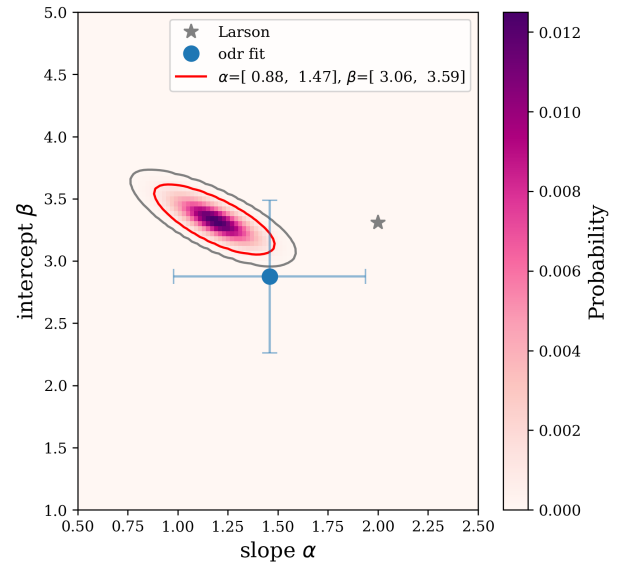
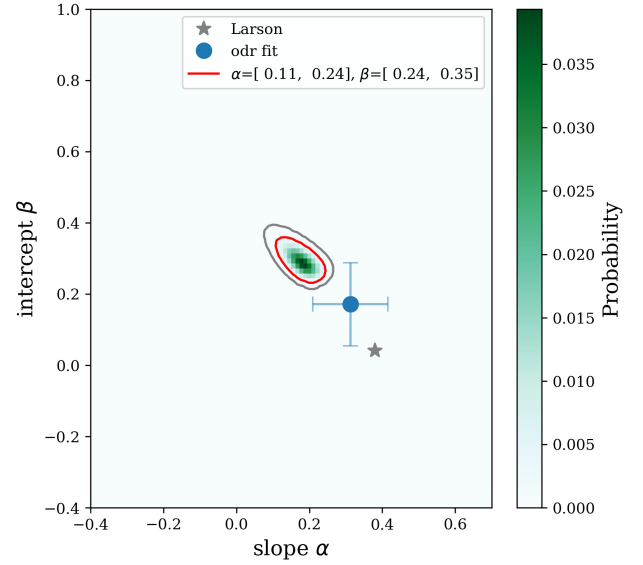


Fig. 4. Probability maps in gradient-intercept space for linewidth-size relation (*top*) and mass-size relation (*bottom*), assuming a probability of one that the parameters are within the ranges of the plot. The original Larson (1981) fits are denoted by a grey star, and the fits from Fig. 3 are denoted by a blue circle. The 95% confidence intervals are encircled in red, and the 99.7% confidence intervals are presented in grey.

density of molecular clouds, and within 2σ error, our data are consistent with this result.

Figure 4 shows probability maps for different values of the slope and intercept for the linewidth-size and mass-size relationships. These probabilities were calculated from $P \propto e^{-\chi^2/2}$, where χ^2 is the goodness-of-fit parameter calculated without uncertainties. The 95% confidence intervals given here do not quite coincide with the ODR fits from Fig. 3, and we interpret this as being due to the relatively large uncertainties on the measurements. This then results in a wide range of possible values for the intercepts and slopes of the linewidth-size and mass-size relations.

3.2. Kinematics from the bird's eye perspective

We now study the same cloud sample as it would look if seen from outside the Milky Way in a bird's eye view through

Table 1. Properties of the aperture spectra.

R	$N^{(a)}$	M_{CO}	$FWHM$	σ_v	$\langle v \rangle$	$\sigma_{v\text{sun}}^{(b)}$	$\langle v \rangle_{\text{sun}}^{(b)}$
kpc		[log M_\odot]	(km s $^{-1}$)	(km s $^{-1}$)	(km s $^{-1}$)	(km s $^{-1}$)	(km s $^{-1}$)
2.00 ^(c)	1	6.7	10.1	6.8	1.2	6.8	1.2
1.00	12	6.6 \pm 0.1	10.6 \pm 1.5	6.0 \pm 0.5	0.5 \pm 0.9	4.2	1.8
0.50	39	6.1 \pm 0.1	9.5 \pm 0.8	4.6 \pm 0.3	1.2 \pm 0.9	3.8	2.6
0.25	87	5.7 \pm 0.1	7.8 \pm 0.6	3.7 \pm 0.2	1.3 \pm 0.6	2.8	4.2

Notes. ^(a)Number of apertures considered. ^(b)Values for Sun-centred apertures. ^(c)This is the full survey area.

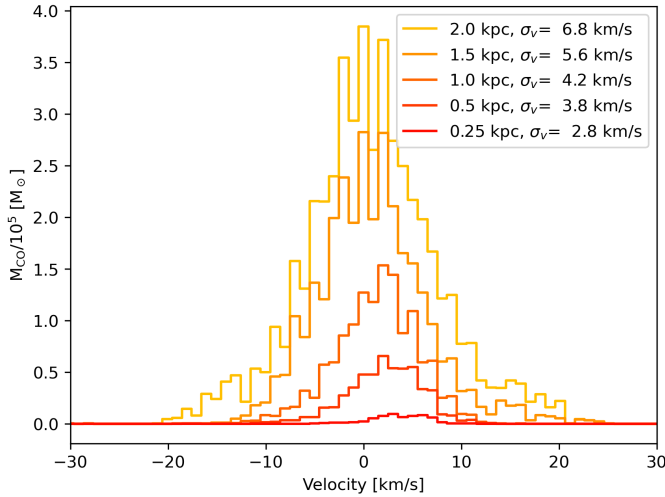


Fig. 5. Total CO spectra, transformed into units of solar masses, for Sun-centred apertures of various sizes. The radius of the apertures and the velocity dispersion of the spectra are given in the legend.

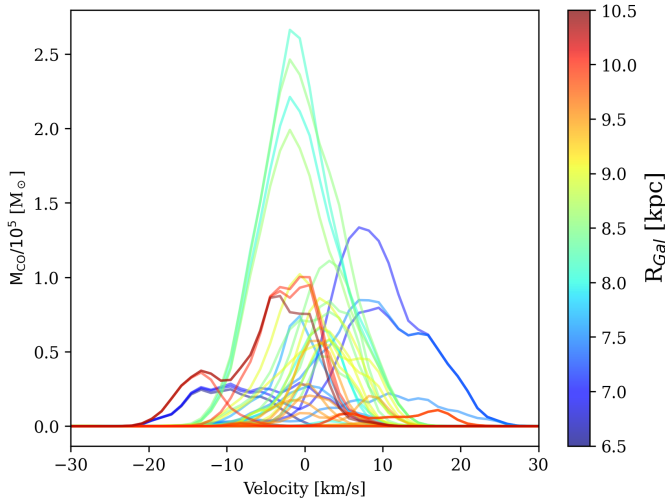


Fig. 6. Spectra with apertures of $R = 0.5$ kpc covering the whole survey region, showing the variety of shapes between apertures at the same scale. For all apertures of all sizes and methods of smoothing, see Appendix D.

apertures with radii ranging from 0.25 to 2 kpc. We study the properties of the aperture spectra and their dependence on scale and positioning within the Galactic environment.

Table 1 lists the derived properties for the aperture spectra. As examples of the resulting spectra, Fig. 5 shows the spectra for Sun-centred apertures. We show the summed spectra expressed

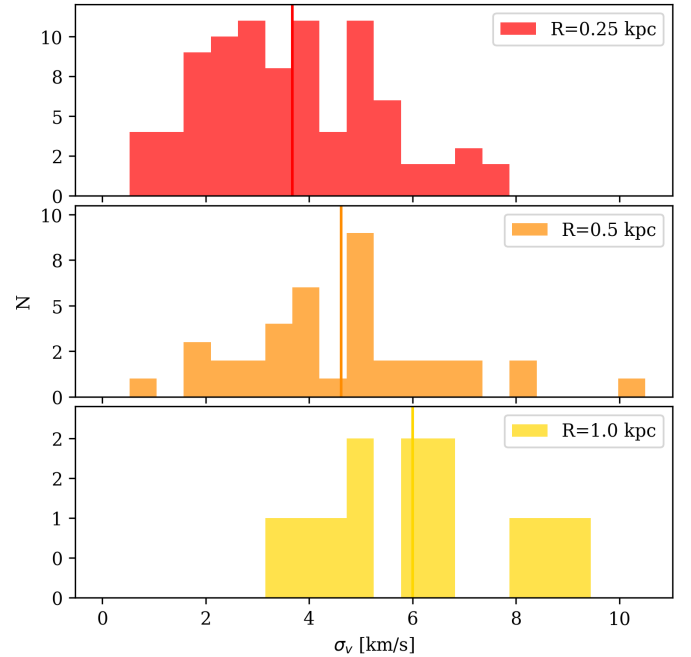


Fig. 7. Histograms of the standard deviations of the total CO spectra of the apertures. The means are denoted by the vertical lines (the values are shown in Table 1).

in mass units, so that the contribution is largest for the most massive clouds rather than for the most nearby clouds (for temperature units, see Appendix C, Fig. C.2). Figure 5 shows that the total spectra clearly widen for larger apertures, and the largest apertures in particular have non-Gaussian wings in the spectrum. To illustrate the diversity of spectra for a given aperture size, Fig. 6 shows all spectra for the apertures with radius of 0.5 kpc (see Fig. D.1 for the same figure for all aperture sizes). It shows that the variety of spectra at a given scale is large, both in the centroid velocity and in the exact shape of the spectrum. This variety seems to cause the non-Gaussian wings in the aperture spectra.

The results also show that the velocity dispersion, measured by both σ_v and $FWHM$, depends on the aperture radius. This scale dependence is illustrated in Fig. 3 (top panel), which shows the Larson relations, and Fig. 7, which shows the histograms of the velocity standard deviations. A linear fit to the linewidth-size relation for the apertures yields $\sigma_v = 0.5 \cdot R^{0.35 \pm 0.01}$. We note that due to the wide range of possible slopes for the clouds (cf. Fig. 4), the slope obtained for the apertures agrees with the slope obtained for the clouds. A linear fit to the mass-size relation for the apertures yields $M_{\text{CO}} = 229 \cdot R^{1.4 \pm 0.1}$, where the slope is consistent with the fit for the clouds.

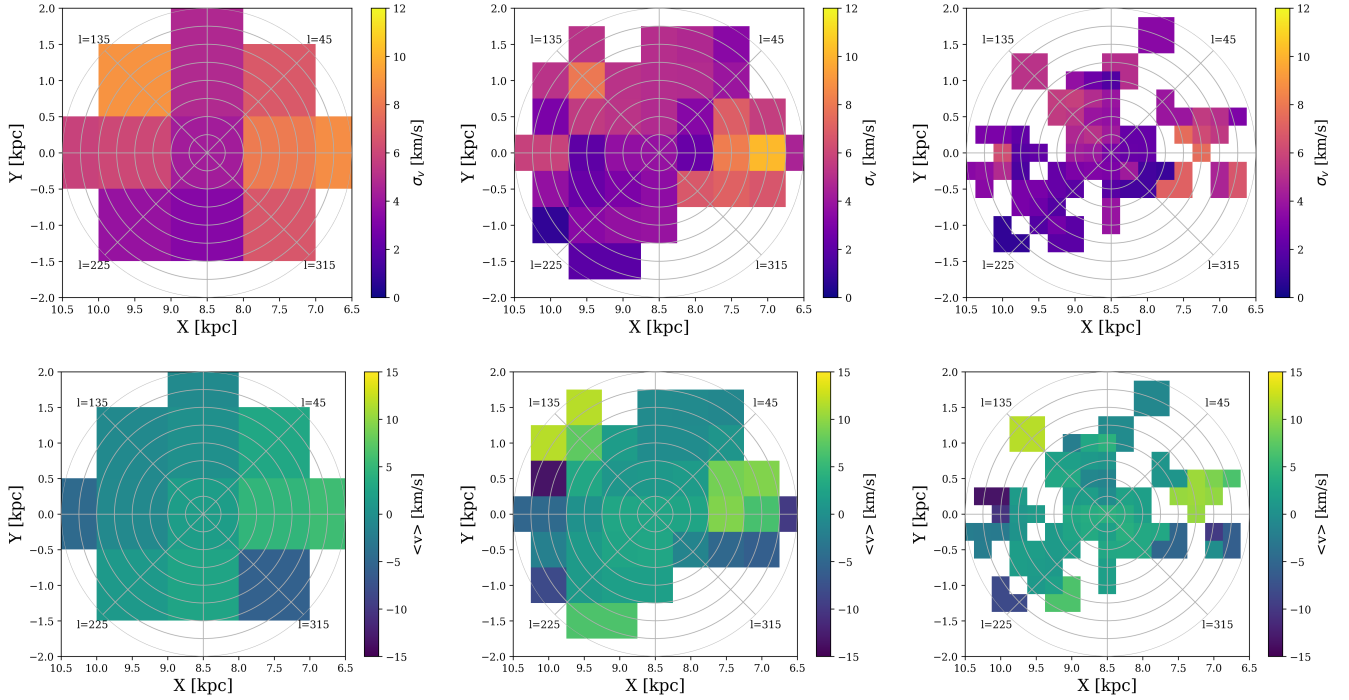


Fig. 8. Characteristics of CO velocity spectra within the local Galactic environment (< 2 kpc distance). The *top* row shows maps of the standard deviation (σ), and the *bottom* row shows the mean velocity of the clouds within the beam. The columns show the data for the apertures with $R = 1$ kpc (*left*), $R = 0.5$ kpc (*middle*), and $R = 0.25$ kpc (*right*). The pixels correspond to Nyquist beams covering the sample.

We also see an indication of a trend in the velocity statistics as a function of Galactic environment (Figs. 6, 8, D.1). Apertures closer to the Galactic centre and the Sagittarius spiral arm have slightly broader spectra and higher mean velocities. The larger velocity dispersions originate from the fact that the clouds in this area are larger; a consequence of the linewidth-size relation is that they also have higher velocity dispersion. It is unclear whether the differences in the mean velocity have a physical meaning. It is possible that due to the low number of apertures, the trend is a random fluctuation in mean velocities. It is also possible that the peculiar velocities might exhibit a trend with respect to the spiral arms, ranging from highest velocities at the spiral arm (lowest R_{Gal} values) to the lowest velocities in the interarm region (higher R_{Gal} values).

Finally, we note that our aperture spectra, and hence all results in this section, only include the identified clouds in the survey area, and not any possible diffuse gas component that might be located between the clouds. The possible effect of a diffuse component is discussed in Sect. 4.1.

4. Discussion

4.1. Possible effects of a diffuse gas component

The molecular cloud sample in this work by construction includes the molecular gas that resides in cloud-like objects, that is, in objects that are typically separable in p - p - v space. However, it has been shown in the Milky Way that a significant amount of molecular gas is also more diffuse and not necessarily distributed in such clouds (e.g. Roman-Duval et al. 2016). If a component like this is normally present in galaxies, it would be included in any extragalactic observational apertures. However, it is not included in our bird's eye experiment. In this section, we speculate about the effect that a significant diffuse component would have on our Milky Way data and especially on the

linewidth-size relation. This knowledge is necessary to understand how our results could be compared to measurements in other galaxies.

We created a simple cartoon model that consists of gas that has a constant density and velocity dispersion to mimic a diffuse component. The basic problem is that we have little knowledge of the nature and properties of the diffuse component. Studies of external galaxies suggest that a diffuse component could be more broadly distributed vertically than the thick molecular gas disk and that its velocity dispersion is relatively large, close to that of the neutral HI gas (Caldú-Primo et al. 2013; Caldú-Primo & Schruba 2016; Mogotsi et al. 2016). Guided by these works, we here tested velocity dispersions between 7 and 17 km s⁻¹ for the diffuse component. The mass fraction of dense gas in the solar neighbourhood is $\sim 50\%$ (Roman-Duval et al. 2016). We used these numbers to estimate the mass of the diffuse component in the survey area and simulated the spectra for the diffuse gas. We then summed the original spectra and the diffuse component spectra for each aperture to generate simulated total spectra.

Figure 9 shows the simulated spectra of diffuse gas in Sun-centred apertures, the resulting total spectra, and the relation between the velocity dispersions of the original spectra and the simulated total spectra. When we computed the velocity standard deviations, we subtracted a baseline in order to be more similar to observational studies. This baseline is defined as the mean mass in bins between ± 30 and ± 20 km s⁻¹, analogously to the mean emission outside of the peak. The part of the spectra below this value was not considered and is marked in grey.

The results show that when the aperture spectra are combined with the estimated spectra from the diffuse component, the velocity dispersion increases. This follows naturally from the facts that the diffuse component has a larger linewidth than the denser and more cloud-like gas, and that the diffuse component is significant mass-wise. The effect is especially strong for the broadest version of the diffuse component and for the smaller

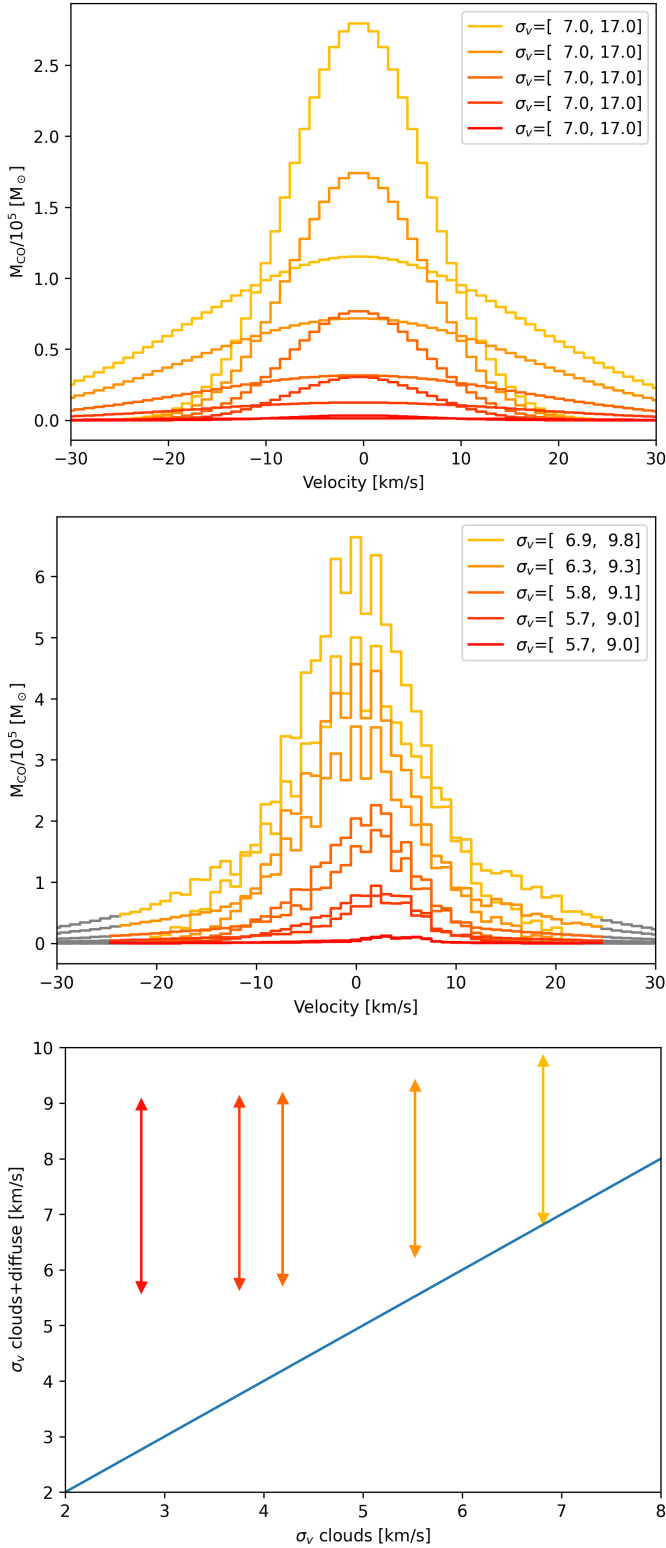


Fig. 9. CO velocity distributions for Sun-centred apertures of various sizes, with standard deviations noted in the legends. *Top*: estimated spectra for the diffuse component in the survey area, with a minimum and maximum velocity dispersion. *Middle*: combination of the two, how they would look if observed together. The grey lines show what we estimate as the observation threshold (see main text), and we estimate the velocity standard deviations above this baseline. *Bottom*: standard deviations of the apertures containing the clouds alone vs the estimated total spectra. The blue line corresponds to a one-to-one relation.

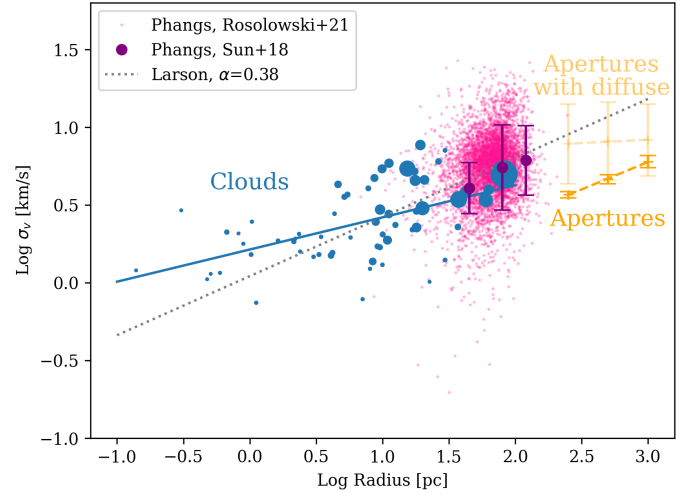


Fig. 10. Linewidth-size relation for clouds and apertures compared with apertures with diffuse gas and data from extragalactic works. The estimated relation for the apertures with a diffuse component (Sect. 4.1) are shown in pale orange. The extragalactic data of molecular clouds from Rosolowsky et al. (2021) are shown in pink, and the extragalactic data of apertures at various scales from Sun et al. (2018) are shown in purple.

apertures. This is not only true for the Sun-centred apertures, but for all apertures. The overall effect is that the scale-dependence of the velocity structure is affected: the velocity dispersion increases less with scale than without the diffuse component. In other words, the diffuse component causes the size-linewidth relation to become flatter. This is shown in Fig. 10, where the slope for the apertures with the simulated diffuse component is 0.04 ± 0.01 .

4.2. Relation to extragalactic works

In this section, we briefly place our results in the context of recent extragalactic works. The aperture sizes used in our bird's eye view correspond to $25''$ at the distance of the nearby spiral galaxy M51 (8.4 Mpc). This is comparable to aperture sizes that are used to study the ISM properties in some of the most recent survey works such as PAWS (Schinnerer et al. 2013; Leroy et al. 2017) and PHANGS (e.g. Leroy et al. 2021; Schinnerer et al. 2019). The spatial resolution of these works is from a few dozen pc to ~ 140 pc, similar to the sizes of our clouds. Thus, the scales probed by our work generally overlap with those of studies in the most recent extragalactic ISM works.

However, our data, and hence the apertures, only include the CO gas that is organised in clearly discernible clouds. A potentially present diffuse gas between the clouds that would be included within the beam of extragalactic observations is not part of our data set. It is currently unclear what the role of this component in extragalactic data is. For example, Rosolowsky et al. (2021) argued that their cloud-finding algorithm is insensitive to isolated diffuse molecular gas, and that diffuse molecular gas in dense regions would be assigned to nearby clouds. Sun et al. (2018) included all detected molecular emission at the selected spatial scales. Ultimately, understanding the extent and nature of this component is clearly beyond our paper, but the simple experiment we present in Sect. 4.1 demonstrates that it is essential for properly linking the Galactic and extragalactic studies.

Acknowledging the differences between our data and extragalactic studies, we set in Fig. 10 the size-linewidth relation

from our work in the context of PHANGS data from Sun et al. (2018) and Rosolowsky et al. (2021). Sun et al. (2018) studied the velocity dispersion of CO spectral cubes in 15 nearby galaxies at resolutions between 45 and 120 pc, while Rosolowsky et al. (2021) decomposed the CO data of 10 nearby galaxies into almost 5000 clouds and measured the velocity dispersion of those clouds at 90 pc resolution. The comparison illustrates, to the zeroth degree, the similarity of the data and the potential of further work to study the build-up of the relation over almost four orders of magnitudes in size scales. More detailed comparisons are needed to fully understand the differences between extragalactic and Galactic studies of molecular clouds, but it is encouraging to see these first similarities between the data.

5. Conclusions

We have analysed the kinematics of the most complete molecular cloud sample to date within a distance of 2 kpc using CO($J = 1-0$) data. We analysed the kinematics of the individual clouds and revisited Larson's relations. We also performed an experiment in which we mimicked a face-on view of the Milky Way and analysed the kinematics of the clouds within apertures of 0.25–2 kpc in size. This bird's eye view enabled us to study the scale dependence of gas kinematics from cloud scales to kpc scales. Our main results and conclusions are summarised below.

1. The molecular clouds within 2 kpc from the Sun show a linewidth-size relation with large scatter. We obtain the best-fit relation of $\sigma_v = 1.5 \cdot R^{0.3 \pm 0.1}$. The mass-size relation is stronger and has the best-fit relation of $M_{\text{CO}} = 794 \cdot R^{1.5 \pm 0.5}$. The slopes of both relations are consistent with earlier works within 2σ uncertainty;
2. With our bird's eye view experiment, we describe the CO spectra in circular apertures within 2 kpc from the Sun. These apertures describe the total CO spectra in the solar neighbourhood conditions of the Milky Way disk (Fig. 5 shows Sun-centred aperture spectra of different radii). The aperture spectra are relatively symmetric, but exhibit non-Gaussian wings at extreme velocities. The origin of the wings is unclear. They might be caused by peculiar motions of the clouds (i.e. motions that do not follow the assumed rotation curve);
3. We describe the scale dependence of the velocity dispersion and mass in our survey area. The best-fit size-linewidth relation for the apertures is $\sigma_v = 0.5 \cdot R^{0.35 \pm 0.01}$, and the best-fit mass-size relation is $M_{\text{CO}} = 229 \cdot R^{1.4 \pm 0.1}$. Both slopes are consistent with the cloud fits within 2σ ;
4. We demonstrate that if the Milky Way were viewed from outside, a diffuse, widespread CO gas component could significantly flatten the size-linewidth relation from what we derive for apertures between 0.25 and 2 kpc. If a diffuse component like this is present in galaxies in general, the relations derived at these scales may also be flattened due to the diffuse component. Understanding the nature of the potential diffuse component is crucial for connecting Galactic and extragalactic works.

This work continues our new approach from Paper I to work towards connecting Galactic and extragalactic studies of ISM and key star formation relations. Galactic and extragalactic data have important differences that need to be further studied and taken into account when we continue to reconcile the observations across the scales. In future works, we plan to investigate the relations between the kinematics described in this paper and the density distributions and star formation results from Paper I, and study how the results fit the current theoretical models for star formation.

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Appendix A: List of clouds in the sample

This appendix includes the list of the 64 clouds in the sample we used in this paper; see Table A.1. They are ordered according to distance, and we list their size, kinematic properties, and mass. For locations in the Galaxy, see Spilker et al. (2021).

Table A.1. Clouds in our sample, with some of their properties listed.

Name	Dist ^a	Radius ^b	σ_v	$\langle v \rangle_{corrected}^c$	$\langle v \rangle_{original}$	M_{CO}
	[pc]	[pc]	[km/s]	[km/s]	[km/s]	[M_\odot]
Taurus	130	3.32	1.51	6.76	6.33	$1.24 \cdot 10^4$
Aquila-South	135	0.00	0.86	1.24	3.23	$3.70 \cdot 10^2$
Ophiuchus	139	4.20	1.55	2.88	2.94	$2.48 \cdot 10^4$
RCrA	155	1.12	0.74	5.44	5.56	$4.13 \cdot 10^3$
Chamaeleon	161	2.40	1.58	4.95	3.27	$2.31 \cdot 10^3$
Pipe	180	8.05	1.23	4.18	4.12	$3.16 \cdot 10^3$
Coalsack	187	2.35	2.06	-1.37	-3.53	$4.13 \cdot 10^3$
Lupus	197	3.02	1.46	7.09	5.16	$6.00 \cdot 10^3$
Hercules	223	0.60	1.15	2.67	6.42	$2.09 \cdot 10^3$
Camelopardalis	235	0.48	1.05	2.17	-0.45	$3.70 \cdot 10^2$
Aquila	254	9.16	1.71	3.77	7.36	$2.51 \cdot 10^4$
Pegasus-West	258	0.30	2.92	-7.77	-3.68	$9.42 \cdot 10^1$
Perseus	276	5.16	3.56	7.55	5.05	$2.88 \cdot 10^4$
L1333	283	1.04	2.46	4.74	1.16	$3.17 \cdot 10^3$
Pegasus-East	292	0.82	2.07	-5.18	-7.08	$2.65 \cdot 10^2$
UrsaMaj	330	2.20	1.92	6.32	2.38	$3.37 \cdot 10^2$
Polaris	343	1.02	1.51	0.71	-3.36	$9.87 \cdot 10^3$
L1265	344	0.51	1.14	1.43	-2.13	$3.47 \cdot 10^2$
CephFlare	346	4.62	4.28	-1.04	-3.70	$5.71 \cdot 10^4$
GumNeb	349	1.63	1.86	3.00	3.14	$7.22 \cdot 10^3$
LamOri	399	5.75	1.95	-3.53	4.75	$4.97 \cdot 10^3$
Gemini	400	0.14	1.20	-3.69	-0.48	$1.12 \cdot 10^2$
OrionB	433	8.89	2.46	4.93	9.10	$7.18 \cdot 10^4$
OrionA	438	11.17	2.76	2.42	7.35	$8.17 \cdot 10^4$
California	466	8.69	4.71	1.52	-2.18	$6.83 \cdot 10^4$
Serpens	490	18.04	2.26	1.93	7.59	$1.15 \cdot 10^5$
Lacerta	504	0.89	1.78	4.48	0.67	$2.26 \cdot 10^3$
CygOB7	561	19.78	3.12	-1.80	-2.32	$9.80 \cdot 10^4$
Circinus	675	9.99	1.30	3.10	-6.01	$6.88 \cdot 10^3$
CepheusOB3b	700	12.51	2.35	-3.68	-7.87	$3.03 \cdot 10^4$
Norma	721	22.61	1.01	2.97	-15.09	$3.46 \cdot 10^2$
L1307-35	741	7.82	4.04	3.19	-5.92	$2.41 \cdot 10^4$
MonocerosR2	767	10.89	1.88	1.97	11.16	$9.39 \cdot 10^4$
MonOB1	771	10.03	2.04	-0.87	5.63	$2.74 \cdot 10^4$
IC5146	792	4.35	2.77	5.44	3.07	$7.69 \cdot 10^3$
CephOB4	850	11.19	5.85	0.60	-9.09	$1.02 \cdot 10^5$
Vela	866	42.85	3.85	1.98	3.89	$2.00 \cdot 10^5$
AFGL490	900	16.80	2.19	-2.06	-12.46	$2.05 \cdot 10^4$
L1340-55	903	9.93	5.39	4.11	-7.10	$9.57 \cdot 10^4$
S140	910	9.36	2.86	-0.06	-7.44	$1.81 \cdot 10^4$
IC1396	941	8.44	1.37	3.95	-0.62	$6.01 \cdot 10^4$
L1293-1306	977	5.45	3.68	-2.18	-11.86	$2.77 \cdot 10^4$
Split	1000	62.98	3.96	0.65	14.14	$1.35 \cdot 10^5$
Ara	1064	29.56	7.08	-5.13	-32.48	$9.16 \cdot 10^3$
Cygnus	1214	82.33	4.99	-0.58	2.65	$1.22 \cdot 10^6$
Lagoon	1220	26.41	6.02	13.54	18.05	$3.48 \cdot 10^4$
S147	1220	0.67	2.11	1.50	1.67	$1.68 \cdot 10^4$
M20	1234	19.28	7.67	9.64	14.13	$1.38 \cdot 10^5$
Rosette	1261	17.98	2.88	1.66	13.37	$4.79 \cdot 10^4$
CMaOB1	1262	9.56	1.69	1.10	16.48	$2.72 \cdot 10^4$
NGC2362	1317	3.45	1.97	6.58	21.74	$5.47 \cdot 10^3$

Table A.1. Continued.

Name	Dist ^a	Radius ^b	σ_v	$\langle v \rangle_{corrected}^c$	$\langle v \rangle_{original}$	M_{CO}
	[pc]	[pc]	[km/s]	[km/s]	[km/s]	[M_\odot]
L291	1348	29.62	1.40	2.78	11.21	$8.73 \cdot 10^3$
GGD4	1349	4.09	1.49	0.46	2.41	$3.56 \cdot 10^4$
NGC6604	1352	36.94	2.28	15.60	22.23	$3.68 \cdot 10^4$
M17	1509	15.39	5.41	10.35	31.67	$3.85 \cdot 10^5$
S235	1560	9.59	2.95	-13.45	-17.63	$1.34 \cdot 10^5$
IC443	1593	2.15	1.84	-9.43	-3.53	$1.63 \cdot 10^4$
W3-W4-W5	1647	17.43	5.19	11.80	-29.72	$6.47 \cdot 10^4$
NGC6334	1700	17.64	4.54	-9.95	-19.26	$1.60 \cdot 10^5$
M16	1731	20.01	3.01	6.56	21.90	$2.82 \cdot 10^5$
Cyg-West	1800	60.07	3.39	-1.08	9.80	$2.82 \cdot 10^5$
Cartwheel	1800	20.71	4.58	-0.22	-14.66	$1.14 \cdot 10^5$
GemOB1	1865	37.42	3.42	-2.28	5.42	$4.13 \cdot 10^5$
Maddalena	1888	7.08	0.78	-8.27	12.78	$3.40 \cdot 10^3$

Notes.^(a)See references in Spilker et al. (2021).^(b)Radius is from the area of the cloud with extinction > 3 mag, assumed spherical.^(c)Calculated after clouds were cropped and disk rotation was subtracted.

Appendix B: PPV overview of clouds

This appendix includes an overview of the cloud sample in p - p - v space; see Figs B.1-B.5. For each of the 64 clouds, we show the plane of the sky CO intensity (left), the p - v map (centre) and the CO velocity spectrum (right). The orange line in the velocity map shows the velocity expected from the rotation of the galaxy at the position of the cloud. This velocity is subtracted from the data when we correct for the rotation of the Galaxy. The stapled lines show the expected velocity with variations in distance of ± 100 pc. The grey fields in the spectra show the regions we masked out due to assumed foreground or background gas.

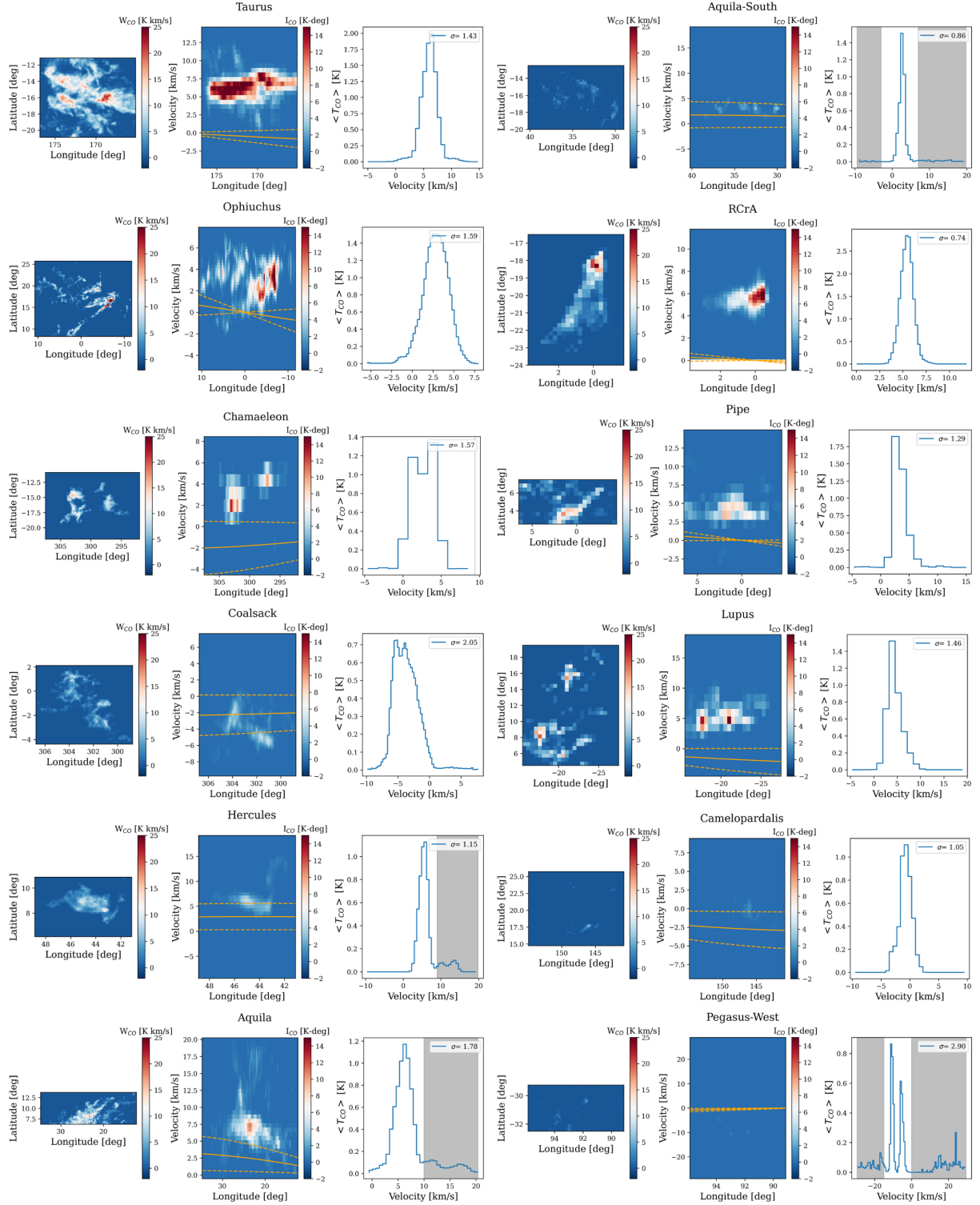


Fig. B.1. Overview of the PPV data of the molecular clouds in our sample, seen in CO position and velocity from Dame et al. (2001). The grey regions of the spectra show the regions that were masked out of the analysis, as they do not seem to be associated with the main cloud. The solid orange line in velocity space shows the estimated disk velocity at the cloud distance, which was subtracted from the original spectra.

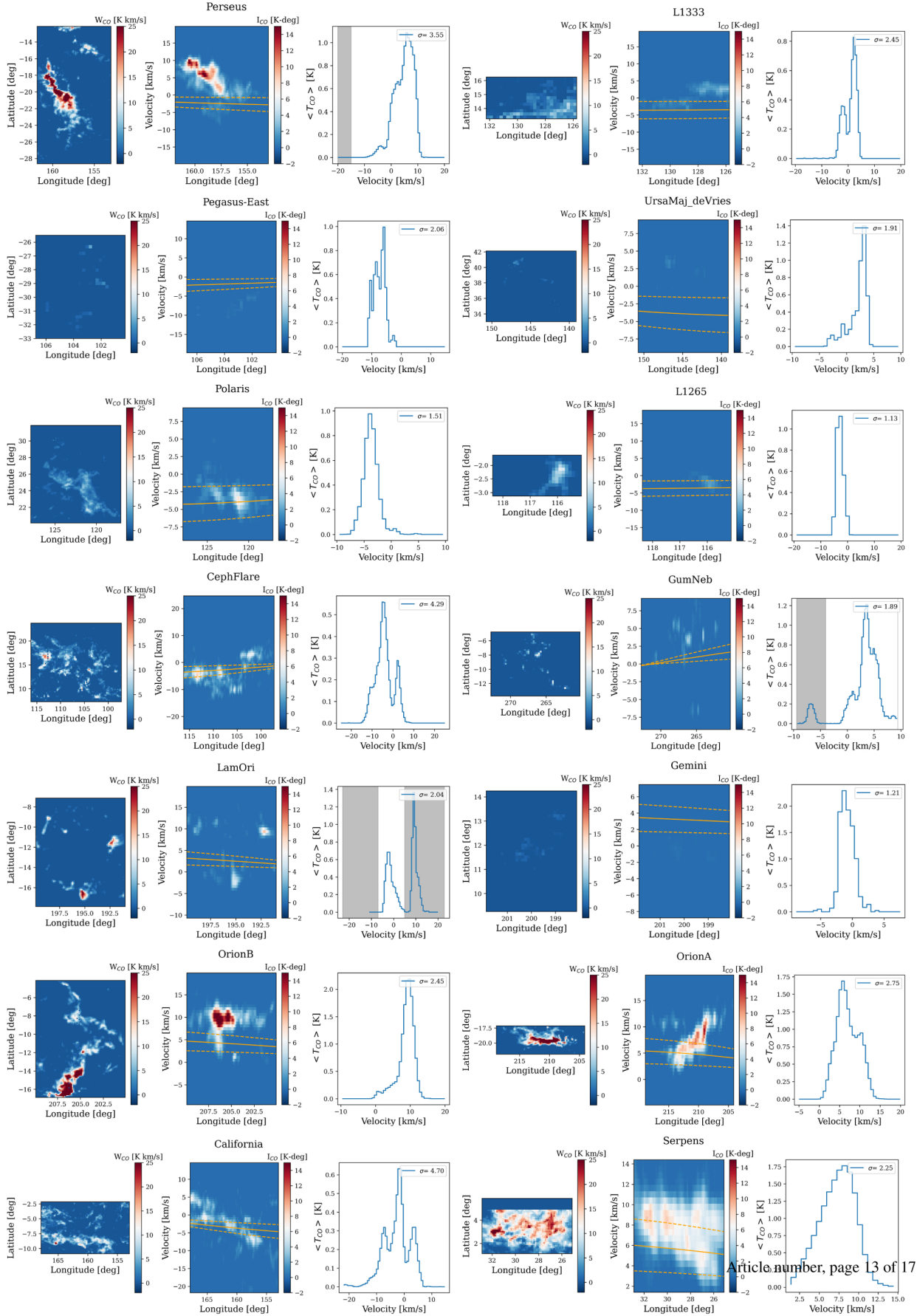
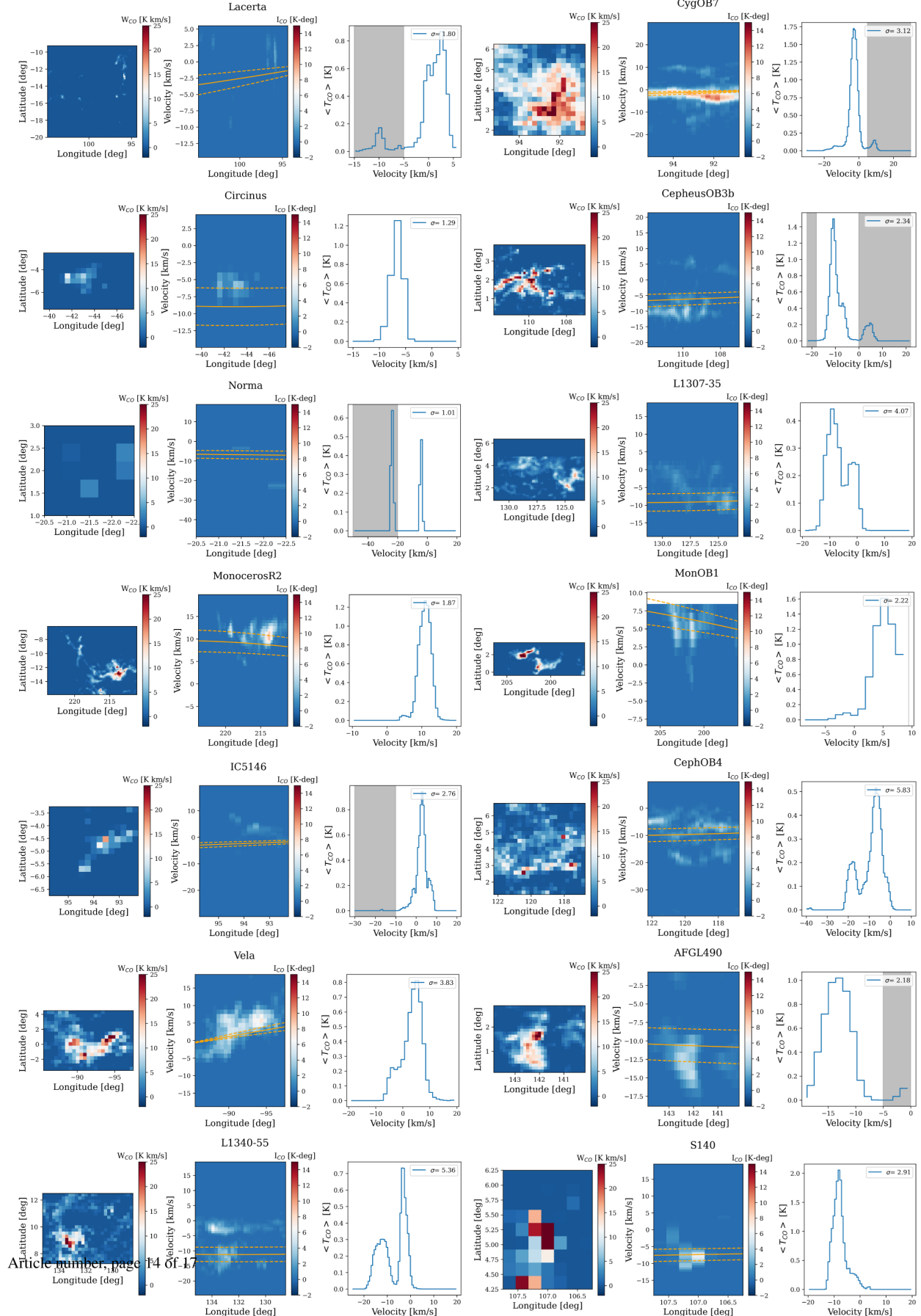


Fig. B.2. Overview of the PPV data of the molecular clouds in our sample, seen in CO position and velocity. CO from the Dame et al. (2001) survey.



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Fig. B.3. Overview of the PPV data of the molecular clouds in our sample, seen in CO position and velocity. CO from the Dame et al. (2001) survey.

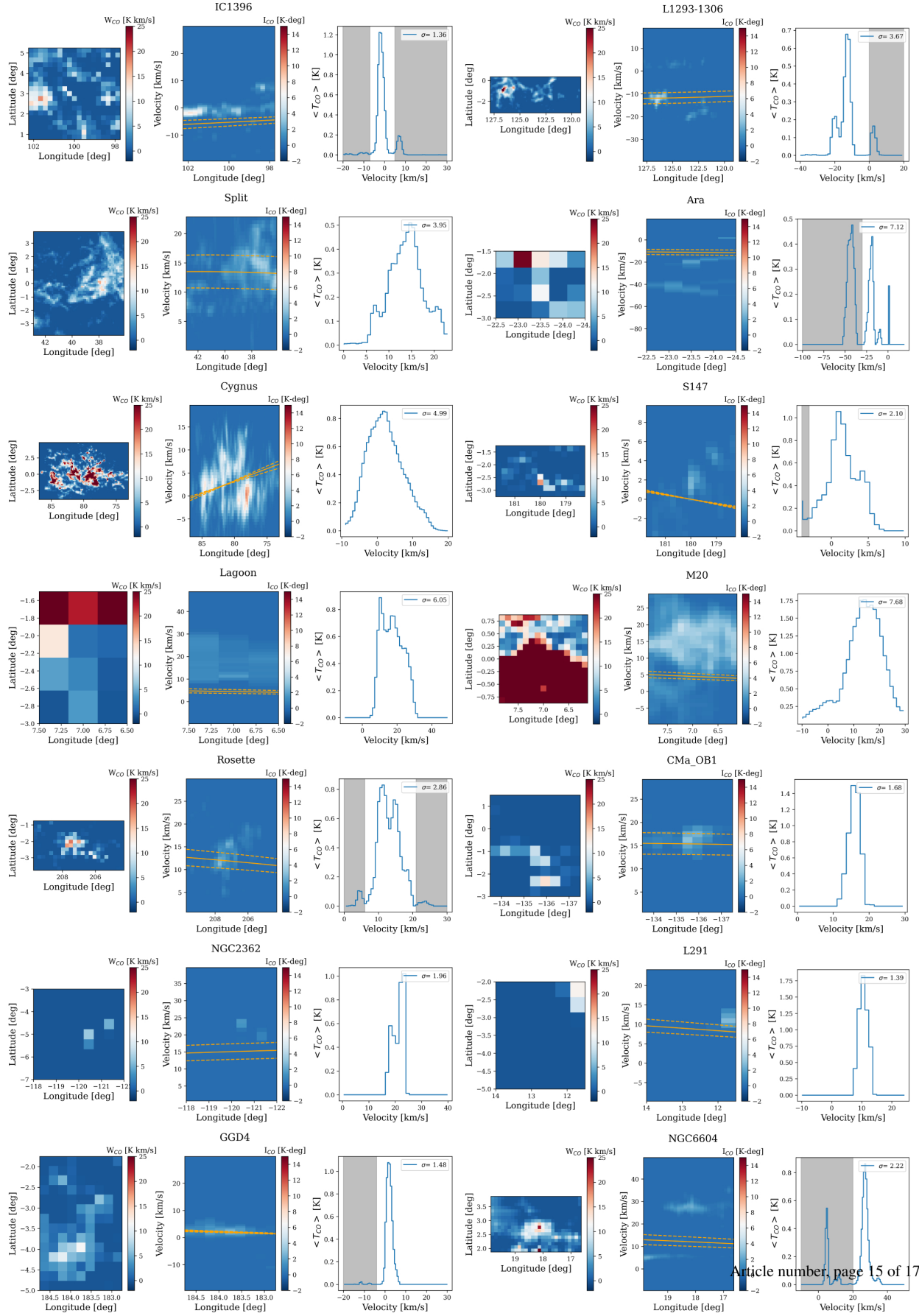


Fig. B.4. Overview of the PPV data of the molecular clouds in our sample, seen in CO position and velocity. CO from the Dame et al. (2001) survey.

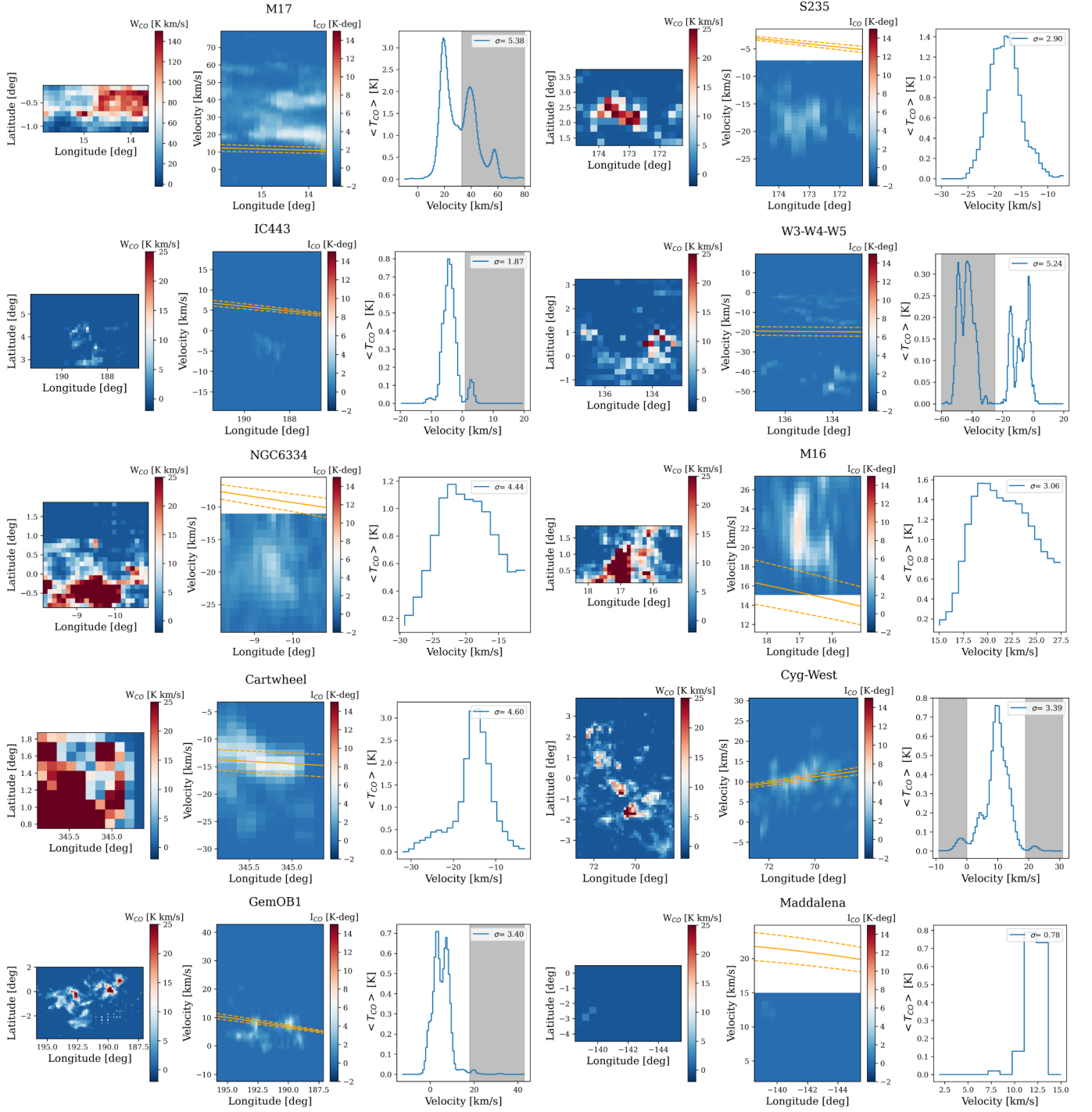


Fig. B.5. Overview of the PPV data of the molecular clouds in our sample, seen in CO position and velocity. CO from the Dame et al. (2001) survey.

Appendix C: Mass and temperature units of spectra

In this appendix we compare spectra in mass and temperature units to facilitate comparison with extragalactic works. Figure C.1 shows the spectra from Fig.1, compared to the same spectra expressed in mass units. There is some difference between the shape of the spectra between the two panels. This difference is also shown in Fig. C.2, where we show the spectra from Fig. 5 compared to the same spectra expressed in average temperature. The spectra in temperature units look different than the mass spectra because the clouds are at various distances, and this affects the calculated mass (see eq.3), but not the measured temperature. We are also more complete at nearer distances, leading to higher mean temperatures in these apertures.

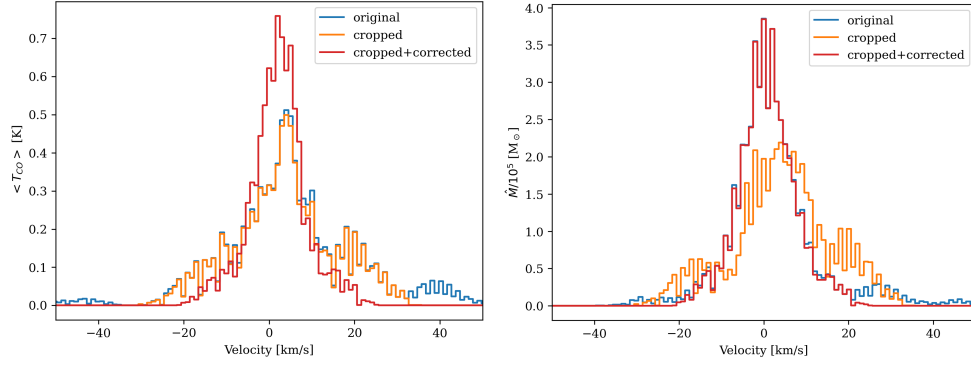


Fig. C.1. Spectra for the full survey area from Fig.1 (left), compared to the same spectra expressed in mass units (right). The average temperature in the survey area is calculated per pixel per cloud.

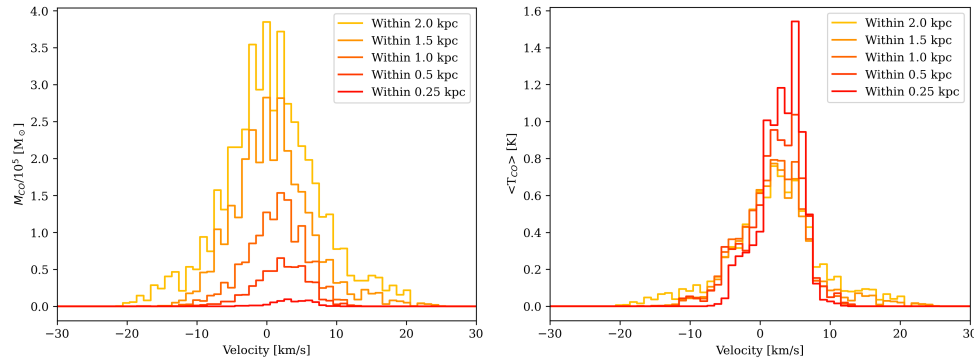


Fig. C.2. Sun-centred apertures of various sizes from Fig. 5 (left), compared to the same spectra expressed in average temperature per pixel per cloud (right).

Appendix D: Variation of aperture spectra

In this appendix we show the spectra of all the apertures covering our survey area; see Fig. D.1. There is significant variation between the spectra of apertures of the same size, especially for the smaller apertures. The apertures closer to the Galactic centre and the Sagittarius spiral arm (blue) also tend to have higher mean velocities and possibly more mass than the apertures towards the outer galaxy (red). The spectra were interpolated between points (`scipy.interpolate.interp1d`) and smoothed with a Gaussian function (`gaussian_filter1d`) for clarity.

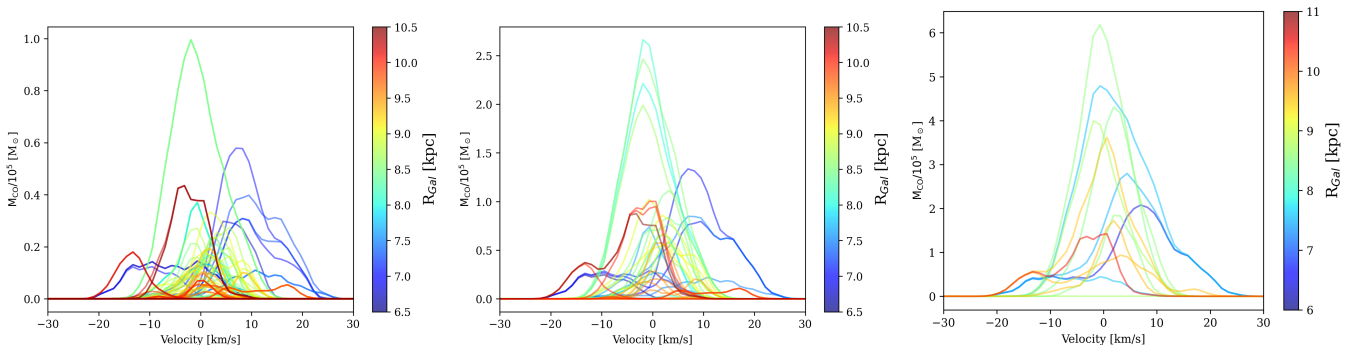


Fig. D.1. Spectra for all apertures with $R = 0.25$ kpc (left), $R = 0.5$ kpc (middle), and $R = 1.0$ kpc (right).