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# z-GAL: A NOEMA spectroscopic redshift survey of bright Herschel galaxies 

## III. Physical properties

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#### Abstract

The z-GAL survey observed 137 bright Herschel-selected targets with the IRAM Northern Extended Millimeter Array, with the aim to measure their redshift and study their properties. Several of them have been resolved into multiple sources. Consequently, robust spectroscopic redshifts have been measured for 165 individual galaxies in the range $0.8<z<6.5$. In this paper we analyse the millimetre spectra of the $z$-GAL sources, using both their continuum and line emission to derive their physical properties. At least two spectral lines are detected for each source, including transitions of ${ }^{12} \mathrm{CO},[\mathrm{CI}]$, and $\mathrm{H}_{2} \mathrm{O}$. The observed ${ }^{12} \mathrm{CO}$ line ratios and spectral line energy distributions of individual sources resemble those of local starbursts. In seven sources the para- $\mathrm{H}_{2} \mathrm{O}\left(2_{11}-2_{02}\right)$ transition is detected and follows the IR versus $\mathrm{H}_{2} \mathrm{O}$ luminosity relation of sub-millimetre galaxies. The molecular gas mass of the $z$-GAL sources is derived from their ${ }^{12} \mathrm{CO},[\mathrm{CI}]$, and sub-millimetre dust continuum emission. The three tracers lead to consistent results, with the dust continuum showing the largest scatter when compared to ${ }^{12} \mathrm{CO}$. The gas-to-dust mass ratio of these sources was computed by combining the information derived from ${ }^{12} \mathrm{CO}$ and the dust continuum and has a median value of 107 , similar to star-forming galaxies of near-solar metallicity. The same combined analysis leads to depletion timescales in the range between 0.1 and 1.0 Gyr , which place the $z$-GAL sources between the 'main sequence' of star formation and the locus of starbursts. Finally, we derived a first estimate of stellar masses - modulo possible gravitational magnification - by inverting known gas scaling relations: the $z$-GAL sample is confirmed to be mostly composed by starbursts, whereas $\sim 25 \%$ of its members lie on the main sequence of star-forming galaxies (within $\pm 0.5$ dex).


Key words. submillimeter: galaxies - galaxies: high-redshift - galaxies: starburst - galaxies: star formation - galaxies: statistics - galaxies: ISM

## 1. Introduction

Galaxy star formation takes place in dense gas clouds, fuelled by molecular hydrogen and catalysed by dust. Enriched gas is expelled in the form of stellar and galactic winds, to then be partially recycled to form new stars (e.g. McKee \& Ostriker 2007; Bouché et al. 2010; Kennicutt \& Evans 2012; Lilly et al. 2013; Tacconi et al. 2020).

The discovery and identification by the Infrared Space Observatory (ISO), the Spitzer Space Telescope, and the Herschel satellite of large numbers of distant sources emitting a substantial amount of their energy in the infrared (IR, e.g. Smail et al. 1997; Aussel et al. 1999; Elbaz et al. 1999, 2011; Lonsdale et al. 2003; Papovich et al. 2004; Frayer et al. 2009; Eales et al. 2010; Lutz et al. 2011; Oliver et al. 2012) demonstrated that, although locally rare, powerful IR galaxies are numerous at high redshift. The UV-optical emission of the newly formed young stars is absorbed by dust and re-processed into the far-infrared (far-IR) as thermal emission.

The majority of the star formation at high redshift occurs in dusty star-forming galaxies (DSFGs, e.g. Bourne et al. 2017; Bouwens et al. 2016, 2020; Dunlop et al. 2017; Hatsukade et al. 2018; Dudzevičiūte et al. 2020; Zavala et al. 2021). The peak of galaxy growth, traced by the cosmic star formation density
(SFRD) occurred at redshifts $1<z<3$ (see the review by Madau \& Dickinson 2014). Spitzer and Herschel extragalactic surveys demonstrated that in the local Universe the cosmic SFRD is dominated by galaxies with IR luminosity $L_{\mathrm{IR}}<$ $10^{11} L_{\odot}$, while luminous infrared galaxies (LIRGs with $L_{\mathrm{IR}}>$ $10^{11} L_{\odot}$ ) dominate at redshift $z>1$ and ultra-luminous infrared galaxies (ULIRGs, $L_{\mathrm{IR}}>10^{12} L_{\odot}$ ) at $z>2$ (e.g. Magnelli et al. 2011, 2013).

Star-forming galaxies occupy a preferential locus in the stellar mass versus star formation rate (SFR) space, called the star formation 'main sequence' (MS, e.g. Guzmán et al. 1997; Brinchmann \& Ellis 2000; Papovich et al. 2006; Noeske et al. 2007; Elbaz et al. 2007; Daddi et al. 2007). The MS exists at all redshifts and its normalisation - that is its SFR for a given stellar mass - increases at earlier cosmic times (e.g. Elbaz et al. 2007). Galaxies lying above the MS experience intense events of star formation: starbursts possibly triggered by galaxy interactions and mergers that are destined to exhaust their gas reservoir over timescales much shorter than the Hubble time. On the other hand, MS galaxies undergo a 'secular evolution' characterised by a regular and constant star formation activity (e.g. Saintonge et al. 2013; Tacconi et al. 2018, 2020).

Given the evolution of the MS as a function of redshift, a galaxy with SFR $\sim 100 M_{\odot} \mathrm{yr}^{-1}$ is a powerful starburst in
the local Universe, but is a secularly evolving MS galaxy at $z>2$ (e.g. Elbaz et al. 2010; Nordon et al. 2010). Consequently, galaxy growth and the cosmic SFRD are dominated by MS galaxies through time and at least up to $z \sim 3$. Starbursts, on the other hand, contribute only to a fraction $5-10 \%$ of the cosmic SFRD (e.g. Rodighiero et al. 2011; Sargent et al. 2014; Schreiber et al. 2015).

The inferred IR luminosity of DSFGs can reach $10^{13} L_{\odot}$ (see reviews by Blain et al. 2002; Casey et al. 2014; Hodge \& da Cunha 2020), corresponding to a SFR $\sim 1000 M_{\odot} \mathrm{yr}^{-1}$. To sustain such a large SFR, a significant reservoir of molecular gas is required. Quantifying the molecular gas reservoir of DSFGs is imperative in order to understand the star formation processes they are undergoing and their evolution.

As the direct measurement of the $\mathrm{H}_{2}$ mass is hindered by the difficulty to directly detect the $\mathrm{H}_{2}$ molecule in cold molecular clouds (Sect. 4), other tracers associated with $\mathrm{H}_{2}$ have been adopted. The most used tracer is carbon monoxide $\left({ }^{12} \mathrm{CO}\right)$, the second most abundant component of the molecular reservoir of galaxies after $\mathrm{H}_{2}$, and bright enough to allow for observations at high $z$. With a good sampling of the ${ }^{12} \mathrm{CO}$ spectral line energy distribution (SLED), it is possible to derive the physical properties of the molecular interstellar medium (ISM) such as its density, kinetic temperature, and mass (see reviews by e.g. Carilli \& Walter 2013; Combes 2018). In addition to ${ }^{12} \mathrm{CO}$, the $\mathrm{H}_{2} \mathrm{O}$ and [CI] transitions have also proved to be valuable tracers of the molecular gas reservoir in high-redshift galaxies (e.g. Omont et al. 2013; Yang et al. 2020, 2016; Valentino et al. 2020; Dunne et al. 2022, and references therein), while other molecules tracing dense gas such as HCN or $\mathrm{HCO}^{+}$are too faint to be observed in large samples of high- $z$ sources (e.g. Rybak et al. 2022). Spectroscopic observations of ${ }^{12} \mathrm{CO}$ at $z>1$ are to date still limited to a few hundreds of galaxies and to a much smaller number for [CI] and $\mathrm{H}_{2} \mathrm{O}$. A promising alternative is the dust sub-millimetre continuum of galaxies, which is much less expensive than spectroscopy in terms of observing time (e.g. Scoville et al. 2014, 2016, 2023).

The star formation of a galaxy is related to its fuel by the socalled Kennicutt-Schmidt law (Schmidt 1959; Kennicutt 1998a), which links its SFR to its molecular gas mass (or density). The ratio between these two quantities represents the timescale over which the galaxy would deplete its entire fuel reservoir at the current rate of star formation. Starbursts would consume all their molecular gas over timescales of few $10^{8}$ years or shorter (Genzel et al. 2010, 2015; Tacconi et al. 2018, 2020).

Despite their modest contribution to the global star formation and galaxy assembly budget, starbursts are still the sites where the most extreme activity and physical processes take place. The most luminous DSFGs - for example, selected with bright flux cuts at far-IR millimetre observed wavelengths - have been and are the subject of extensive multiwavelength follow-up observations with the aim to constrain their redshift and measure their molecular gas properties (e.g. Weiß et al. 2009, 2013; Walter et al. 2012; Harris et al. 2012; Lupu et al. 2012; Strandet et al. 2016; Fudamoto et al. 2017; Danielson et al. 2017; Reuter et al. 2020; Urquhart et al. 2022).

Herschel sources selected to have $500 \mu \mathrm{~m}$ fluxes above $80-100 \mathrm{mJy}$ are found over a very wide redshift range ( $1<$ $z<6$ Nayyeri et al. 2016; Bakx et al. 2018; Neri et al. 2020; Reuter et al. 2020; Urquhart et al. 2022). A large number of them are gravitationally lensed (e.g. Negrello et al. 2010, 2017; Conley et al. 2011; Riechers et al. 2011a; Cox et al. 2011; Wardlow et al. 2013; Bussmann et al. 2013; Nayyeri et al.

2016; Bakx et al. 2020a,b), while others have been resolved into galaxy groups (e.g. Bussmann et al. 2015; Oteo et al. 2018; Gómez-Guijarro et al. 2019; Ivison et al. 2019). In rare cases intrinsically hyper-luminous infrared galaxies (HyLIRGs, with $L_{\mathrm{IR}}>10^{13} L_{\odot}$ ) have been identified (e.g. Ivison et al. 2013, 2019; Fu et al. 2013; Oteo et al. 2016; Riechers et al. 2013, 2017). Targeted CO observations have revealed large molecular gas masses of $10^{10-11} M_{\odot}$ (e.g. Tacconi et al. 2008; Ivison et al. 2011; Bothwell et al. 2013; Aravena et al. 2016; Harrington et al. 2021; Stanley et al. 2023), but have a diversity of excitation properties, reflected in their different SLEDs (e.g. Yang et al. 2017; Stanley et al. 2023).

The $z$-GAL survey, carried out with the IRAM Northern Extended Millimeter Array (NOEMA), is designed to study a large sample of Herschel-selected IR-bright DSFGs to determine their redshift, measure their dust and molecular gas content, and study their detailed nature. Following the success of a pilot project, which reported reliable spectroscopic redshifts of 11 such sources (Neri et al. 2020), further 126 DSFGs with $500 \mu \mathrm{~m}$ fluxes brighter than 80 mJy were targeted. Thanks to the detection of multiple CO lines and occasional other species $\left(\mathrm{H}_{2} \mathrm{O}\right.$, [CI], and $\mathrm{HCN} / \mathrm{HCO}^{+}$), the success rate of $z$-GAL is $98.5 \%$, with robust spectroscopic redshifts measured for 135 out of the original 137 Herschel-selected targets (Cox et al. 2023).

In Stanley et al. (2023) a detailed analysis of the individual molecular gas properties of the $z$-GAL pilot sources was presented. By combining the NOEMA CO measurements from Neri et al. (2020) with Very Large Array (VLA) follow-up observations targeting the ${ }^{12} \mathrm{CO}(1-0)$ line, a diversity in properties was revealed. The depletion times measured were consistent with galaxies being both on the main sequence and the starburst phase, demonstrating that even with a selection of the most luminous sources, we are still probing galaxies on the main sequence. Furthermore, even with a relatively small sample, a large variety in SLEDs and line ratios was found, covering the full range of what has been previously observed for DSFGs. With a sample that is more than ten times larger, $z$-GAL offers the opportunity to explore this diversity in more detail.

In this paper, the third in the $z$-GAL series, we present the properties of the full $z$-GAL sample including the pilot project, as inferred combining their spectral lines and continuum emission. Paper I (Cox et al. 2023) presents the survey and an overview of the main results. The dust properties of the $z$-GAL sources are presented in Paper II (Ismail et al. 2023). The last paper in this series, Paper IV (Bakx et al., in prep.) will discuss the lensed nature of the $z$-GAL sources.

This paper is organised as follows. Section 2 briefly recalls the basic information about the $z$-GAL survey and describes the available data. Section 3 presents the main properties of the ${ }^{12} \mathrm{CO}$ spectral lines, their luminosities, their ratios, and their energy distribution. The properties of water lines are studied in Sect. 3.4. The molecular gas mass of the $z$-GAL sources, as derived from ${ }^{12} \mathrm{CO},[\mathrm{CI}]$ and the sub-millimetre dust continuum, are computed and compared in Sect. 4. Section 4.5 reports on the gas-to-dust ratio of the targets. The integrated Kennicutt-Schmidt relation is studied in Sect. 5, together with molecular gas depletion timescales. Finally in Sect. 6 we perform an inversion of the depletion timescales scaling relation and derive a first estimate of the stellar mass of our sources. Section 7 summarises the main findings of this study.

Throughout this paper we adopt a spatially flat $\Lambda$ CDM cosmology with $H_{0}=67.4 \mathrm{~km} \mathrm{~s}^{-1} \mathrm{Mpc}^{-1}$ and $\Omega_{\mathrm{M}}=0.315$ (Planck Collaboration VI 2020) and we assume a Chabrier (2003) initial mass function (IMF). Several $z$-GAL sources are
potentially amplified by gravitational lensing (e.g. Berta et al. 2021). The unknown magnification factor $\mu$ is therefore hereby explicitly written for all affected quantities.

## 2. Survey and data overview

The $z$-GAL NOEMA Large Programme (project IDs M18AB and D20AB, PIs P. Cox, H. Dannerbauer, T. Bakx) and Pilot Programme (project IDs W17DM and S18CR, PI A. Omont; Neri et al. 2020) observed a total of 137 far-IR-bright distant targets. These sources were selected from the Herschel Bright Sources (HerBS, Bakx et al. 2018), the HerMES Large Mode Survey (HeLMS) and the Herschel Stripe 82 (HeRS) Survey (Nayyeri et al. 2016).

The HeLMS and HerS surveys include Herschel sources with $S(500 \mu \mathrm{~m}) \geq 100 \mathrm{mJy}$. The HerBS survey is based on a $S(500 \mu \mathrm{~m})>80 \mathrm{mJy}$ flux cut and a photometric redshift $z_{\text {phot }}>2$ selection. All sources with spectroscopic redshifts already available and known blazars were excluded from the list of potential targets, thus resulting in the above mentioned 137 objects observed with NOEMA. We defer to Paper I for further details about the $z$-GAL source selection and observations, as well as for a description of the data calibration and reduction. The measurements of lines and continuum fluxes are described in Paper I and Paper II, respectively.

The NOEMA data revealed that several of these Herschelselected targets consist of multiple components, that are detected in the dust continuum and emission lines. Taking into account all the multiple sources identified in the targeted fields, spectroscopic redshifts were measured for 165 individual objects in the range $0.8<z<6.5$ (Paper I).

### 2.1. Spectral lines

The spectral emission lines detected in the $z$-GAL NOEMA spectra were fitted with a Gaussian profile with a simple least squares method. Up to four spectral lines were fitted simultaneously for a given source, thus leading to very precise redshift measurements (with typical errors of few $10^{-4}$ in redshift). For each source, all detected lines were assumed to have the same velocity width. When single Gaussian profiles were not sufficient to reproduce the observed line profile, double Gaussians were adopted. In this case, the algorithm also assumed that the velocity spacing between the fitted Gaussian profiles was the same for all detected lines. The determination of the redshifts, line intensities, line widths, velocity separations, and their respective errors, was based solely on the rest frequencies of the lines and on the $\mathrm{S} / \mathrm{N}$ with which they were detected.

Paper I presents the line properties measured for all 137 $z$-GAL targets, including their sky coordinates, spectroscopic redshift, widths and integrated fluxes. For the majority of sources $(85 \%)$ at least two ${ }^{12} \mathrm{CO}$ lines are detected; $21 \%$ of the sources benefit from the detection of three spectral lines, including ${ }^{12} \mathrm{CO}$ and other species, such as $\mathrm{H}_{2} \mathrm{O}$ and [CI]; finally $8 \%$ of the sources benefit from the detection of three ${ }^{12} \mathrm{CO}$ transitions (Sect. 3.1 of Paper I). The spectra and maps of each $z$-GAL target are presented in the Appendix of Paper I.

### 2.2. Continuum

Paper II presents the NOEMA continuum catalogue of the $z$-GAL survey. Continuum fluxes were measured through polygonal apertures from cleaned continuum maps. Flux statistical
uncertainties were computed rescaling the map noise to the effective extraction aperture size.

The spectral energy distributions (SEDs) of the $z$-GAL sources were modelled in Paper II. A modified black body (MBB) in its general form and in the optically thin approximation was adopted. The products of this analysis are the dust mass $M_{\text {dust }}$, temperature $T_{\text {dust }}$ and emissivity index $\beta_{\text {dust }}$ of the sources, as well as their IR luminosity integrated between 50 and $1000 \mu \mathrm{~m}$. To ensure an easy comparison to the previous works found in the literature, Paper II adopts the optically thin solution as reference and discusses the consequences of this approximation by comparing the results to those obtained with MBB in its general form. Therefore the same choice is made here.

The IR luminosities computed by integrating the MBB model are here used to estimate the SFR of the sources and to normalise the line fluxes when computing their median SLED. To this aim, the $50-1000 \mu \mathrm{~m}$ luminosities derived in Paper II need to be transformed into the total IR luminosity $L_{\text {IR }}(8-1000 \mu \mathrm{~m})$. By integrating the SED templates by Berta et al. (2013, star-forming galaxies only), we derive a median ratio of $L(50-1000 \mu \mathrm{~m})$ to $L_{\mathrm{IR}}$ of 0.7 with a median absolute deviation of 0.1 . We adopt this value throughout this study. The choice of this library is driven mainly by the fact that it was built on a multicolour study of Herschel galaxies. It is certainly not exclusive and other template libraries could be used. We note however that we specifically avoid luminositydependent template libraries because a significant fraction of our sources is likely lensed (Paper IV) and their intrinsic luminosity is not known yet.

## 3. Properties of molecular gas

The rich $z$-GAL lines catalogue (Paper I) covers the ${ }^{12} \mathrm{CO}$ transitions from $J_{\text {up }}=2$ to $J_{\text {up }}=8$, with at least two ${ }^{12} \mathrm{CO}$ transitions available for most sources and, for a few, also the $\mathrm{H}_{2} \mathrm{O}$ or [CI] lines (Sects. 2.1, 3.4, and 4.3). In this Section we present the main properties of the detected ${ }^{12} \mathrm{CO}$ and water emission lines. We compare them to those of different samples found in the literature, with the goal to understand the process that dominates the line emission of our sources and their nature. The ${ }^{12} \mathrm{CO}$ line ratios of individual sources are studied in Sect. 3.1; the average ${ }^{12}$ CO SLED is presented in Sect. 3.2; the SLEDs of sources with at least three ${ }^{12} \mathrm{CO}$ transitions available are modelled in Sect. 3.3; and finally the properties of water lines are discussed in Sect. 3.4.

The observed intensity of a spectral emission line can be translated into its luminosity (in units of $\mathrm{K} \mathrm{km} \mathrm{s}^{-1} \mathrm{pc}^{2}$ ) using the standard relation (e.g. Solomon \& Vanden Bout 2005):
$L_{\text {line }}^{\prime}=3.25 \times 10^{7} S_{\text {line }} \Delta V \times \frac{D_{\mathrm{L}}^{2}}{(1+z)} \frac{1}{v_{\text {rest }}^{2}}$,
where $S_{\text {line }} \Delta V$ is the velocity-integrated line intensity in units of $\mathrm{Jy} \mathrm{km} \mathrm{s}{ }^{-1}, v_{\text {rest }}$ is the line rest frequency in GHz , and $D_{\mathrm{L}}$ is the luminosity distance in Mpc.

### 3.1. CO lines ratios

Table B. 1 lists the values of $L_{\text {CO }}^{\prime}$ obtained for all the detected ${ }^{12} \mathrm{CO}$ transitions of the $z$-GAL sources, as derived from the catalogue presented in Paper I. Table 1 lists the median $L_{\mathrm{CO}}^{\prime}$ line luminosity ratios, $r_{i j / l m}$, and the median $I_{\mathrm{CO}}$ line intensity ratios, $R_{i j / l m}$, representing the ratios between the transitions ${ }^{12} \mathrm{CO}(i-j) /{ }^{12} \mathrm{CO}(l-m)$. For comparison, we derive the corresponding $L_{\text {CO }}^{\prime}$ ratios from the Tables by Carilli \& Walter (2013,

Table 1. Median $L^{\prime}\left({ }^{12} \mathrm{CO}\right)$ line luminosity ratios and $I\left({ }^{12} \mathrm{CO}\right)$ line intensity ratios, measured for the full $z$-GAL + pilot sample.

| $L^{\prime}$ ratio | $N$ | Median | m.a.d. | CW13 | B 20 | H 21 | $I$ ratio | Median | m.a.d. |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $r_{32 / 21}$ | 15 | 0.93 | 0.15 | 0.78 | $0.90 \pm 0.23$ | $0.78 \pm 0.15$ | $R_{32 / 21}$ | 2.10 | 0.34 |
| $r_{43 / 21}$ | 22 | 0.56 | 0.18 | 0.54 | $0.75 \pm 0.21$ | $0.59 \pm 0.17$ | $R_{43 / 21}$ | 2.23 | 0.74 |
| $r_{43 / 32}$ | 52 | 0.81 | 0.13 | 0.70 | $0.83 \pm 0.23$ | $0.75 \pm 0.24$ | $R_{43 / 32}$ | 1.45 | 0.23 |
| $r_{54 / 32}$ | 47 | 0.60 | 0.23 | 0.59 | $0.64 \pm 0.19$ | $0.54 \pm 0.24$ | $R_{54 / 32}$ | 1.68 | 0.63 |
| $r_{65 / 32}$ | 4 | 0.54 | 0.10 | - | $0.42 \pm 0.15$ | $0.36 \pm 0.21$ | $R_{65 / 32}$ | 2.17 | 0.29 |
| $r_{54 / 43}$ | 13 | 0.64 | 0.21 | - | $0.78 \pm 0.25$ | $0.71 \pm 0.35$ | $R_{54 / 43}$ | 1.00 | 0.32 |
| $r_{6 / 43}$ | 15 | 0.68 | 0.15 | - | $0.51 \pm 0.19$ | $0.48 \pm 0.30$ | $R_{65 / 43}$ | 1.54 | 0.35 |
| $r_{76 / 43}$ | 5 | 0.44 | 0.07 | - | $0.25 \pm 0.13$ | $0.33 \pm 0.25$ | $R_{76 / 43}$ | 1.35 | 0.23 |
| $r_{65 / 54}$ | 2 | 2.08 | 0.98 | - | $0.66 \pm 0.26$ | $0.68 \pm 0.47$ | $R_{65 / 54}$ | 2.99 | 1.99 |
| $r_{76 / 54}$ | 3 | 1.29 | 0.44 | - | $0.32 \pm 0.17$ | $0.46 \pm 0.37$ | $R_{76 / 54}$ | 2.52 | 0.86 |
| $r_{87 / 54}$ | 1 | 0.24 | 0.05 | - | $0.12 \pm 0.11$ | $0.30 \pm 0.27$ | $R_{87 / 54}$ | 0.62 | 0.07 |

Notes. The number $N$ of sources participating in the median for each transition is listed in Col. 2. When only one source is available, we use the actual ratio and the uncertainty computed with standard error propagation, when only two sources are available we use the weighted average. The median absolute deviation of a sample of values $x$ is defined as m.a.d. $(x)=$ median $(|x-\operatorname{median}(x)|)$. The 5th, 6th and 7th columns report the same $L^{\prime}$ ratios derived from the Tables in Carilli \& Walter (2013, CW13), Boogaard et al. (2020, B20), and Harrington et al. (2021, H21).


Fig. 1. ${ }^{12} \mathrm{CO}$ line ratios. Left panels: $L^{\prime}$ line luminosity ratios, $r_{i j / l m}$ between the transitions ${ }^{12} \mathrm{CO}(i-j) /{ }^{12} \mathrm{CO}(l-m)$. The red long-dashed vertical lines mark the median $z$-GAL ratios (Table 1). The dotted light-blue vertical lines represent the ratios reported for SMGs by CW13; the short dash orange lines the H21 SMG ratios; and the dot-dash green lines the B20 line ratios of less luminous galaxies, complementary to the $z$-GAL sample. Right panels: Observed intensity $I$ ratios, $R_{i j / l m}$; the red long-dashed vertical lines mark the median values.

CW13), Boogaard et al. (2020, B20, eight galaxies in the redshift range $z=2.0-2.7$ ), and Harrington et al. (2021, H21). We apply standard error propagation to derive the uncertainties associated with the B20 and H21 ratios. Except the cases with less than ten sources available, the $z$-GAL ratios are comparable to those of sub-millimetre galaxies (SMGs) by CW13 and H21. We attribute the discrepancy of the remaining line ratios to small number statistics. The B20 sample finally consists of less luminous galaxies, with a median IR luminosity of $L_{\mathrm{IR}} \sim 8 \times 10^{11} L_{\odot}$, and is therefore complementary to $z$-GAL.

Figure 1 shows the distribution of the computed $L^{\prime}$ and $I$ ratios for those transitions with at least ten sources available. Possible trends of the ${ }^{12} \mathrm{CO}$ line ratios as a function of redshift or FWHM are investigated but none are found.

For completeness sake, we recall that Stanley et al. (2023) observed the $11 z$-GAL pilot targets (Neri et al. 2020) with the VLA, detecting the ${ }^{12} \mathrm{CO}(1-0)$ transition in all of them. These authors combine their ${ }^{12} \mathrm{CO}(1-0)$ measurements to the $(3-2)$, $(4-3)$, and $(5-4)$ by Neri et al. (2020) and report median ratios: $r_{32 / 10}=0.69, r_{43 / 10}=0.64$ and $r_{54 / 10}=0.74$. These ratios are to be compared to those measured by H 21 for Planck
lensed galaxies, $r_{32 / 10}=0.69 \pm 0.12, r_{43 / 10}=0.52 \pm 0.14$, $r_{54 / 10}=0.37 \pm 0.15$, and those collected by CW13 for SMGs, $r_{32 / 10}=0.66, r_{43 / 10}=0.46$, and $r_{54 / 10}=0.39$. The results by Stanley et al. (2023) indicate a higher ${ }^{12} \mathrm{CO}$ excitation of the $z$-GAL pilot sources with respect to CW13 and H21.

### 3.2. Average ${ }^{12} \mathrm{CO}$ SLED

The average ${ }^{12} \mathrm{CO}$ SLED of the $z$-GAL sample has been computed as the Gaussian average and deviation of the ratio $L_{\mathrm{CO}}^{\prime} / L_{\mathrm{IR}}$ of each detected transition multiplied by $J_{\text {up }}^{2}$ (see Yang et al. 2017). In Fig. 2, the result is shown as a function of $J_{\text {up }}$ and compared to other $L_{\mathrm{IR}}$-normalised ${ }^{12} \mathrm{CO}$ SLEDs found in the literature.

The $z$-GAL average SLED is consistent with high-redshift SMGs (Carilli \& Walter 2013; Yang et al. 2017) within the error bars and similar to the local star-formation-dominated ULIRG Arp220 (Rangwala et al. 2011). The flatness of these SLEDs demonstrates that in such objects the low-excitation CO component (peaking at $J_{\text {up }}=3-4$ ) is marginal, at odds with local


Fig. 2. $L_{\mathrm{IR}}$-normalised average SLED of the $z$-GAL sources, compared to high-z SMGs (Carilli \& Walter 2013; Yang et al. 2017), local starforming galaxies (Liu et al. 2015), Arp 220 (Rangwala et al. 2011) and Mrk 231 (van der Werf et al. 2010). In the case of $z$-GAL data points, if the volume of the $L_{\mathrm{CO}}^{\prime} / L_{\mathrm{IR}} \times J_{\mathrm{up}}^{2}$ values is insufficient for a normal distribution fitting, no uncertainty is shown. Error bars are computed as the Gaussian dispersion of the $L_{\mathrm{CO}}^{\prime} / L_{\mathrm{IR}} \times J_{\text {up }}^{2}$ distribution of each transition (not available for $J_{\text {up }}=7$ and 8 because of the small statistics). For comparison, the dark-red error bars on the bottom represent the median uncertainty on $L_{\mathrm{CO}}^{\prime} / L_{\mathrm{IR}} \times J_{\text {up }}^{2}$ based on measurements errors only, as obtained via standard error propagation.
star-forming galaxies (Liu et al. 2015). The SLED of the AGNpowered ULIRG Mrk 231 (van der Werf et al. 2010) is also flat, but its CO/IR luminosity ratio is overall significantly lower than in SF-dominated galaxies.

### 3.3. LVG analysis of individual ${ }^{12} \mathrm{CO}$ SLEDs

We modelled the ${ }^{12} \mathrm{CO}$ excitation and the physical conditions of the molecular gas using the large velocity gradient (LVG) statistical equilibrium method (e.g. Sobolev 1960) for seven $z$-GAL sources with at least three ${ }^{12} \mathrm{CO}$ transitions detected. Two further sources (HerBS-43b and HerBS-58) are described by Stanley et al. (2023). We adopted a one-dimensional (1D) non-LTE radiative transfer code RADEX (van der Tak et al. 2007), with an escape probability of $\beta=\left(1-e^{-\tau}\right) / \tau$ derived from an expanding sphere geometry. The ${ }^{12} \mathrm{CO}$ collisional data are from the LAMDA database (Schöier et al. 2005). With the same MCMC (Monte Carlo Markov chain) approach used by Yang et al. (2017), we derive the posterior distributions of the kinetic temperature of the molecular gas $\left(T_{\mathrm{kin}}\right)$, the volume density ( $n_{\mathrm{H}_{2}}$ ), the column density of ${ }^{12} \mathrm{CO}$ per unit velocity gradient ( $N_{\mathrm{CO}} / \mathrm{d} V$ ), and the solid angle ( $\Omega_{\mathrm{app}}$ ) of the source. Assuming a similar filling factor and magnification across the $J$ transitions of the ${ }^{12} \mathrm{CO}$, the overall shape of the ${ }^{12} \mathrm{CO}$ SLEDs only depends on $T_{\text {kin }}, n_{\mathrm{H}_{2}}$, and $N_{\mathrm{CO}} / \mathrm{d} V$, and scales with $\Omega_{\text {app }}$ (also including the magnification factors). Therefore we focus only on the parameters $T_{\text {kin }}, n_{\mathrm{H}_{2}}$ and $N_{\mathrm{CO}} / \mathrm{d} V$.

As the transitions of the ${ }^{12} \mathrm{CO}$ lines observed are $J_{\mathrm{up}} \leq 7$, there are insufficient data to constrain the highly excited molecular gas component, which usually peaks around $J_{\text {up }}=8$ (Yang et al. 2017). Therefore we assume that our galaxies are similar to other high-redshift SMGs, in which the ${ }^{12} \mathrm{CO}$ excitation is dominated by two components peaking around $J=6$ and 8, respectively (Yang et al. 2017; Cañameras et al. 2018). Accordingly, to better constrain the posteriors, we used slightly

Table 2. Results of LVG modelling of the ${ }^{12}$ CO SLEDs of $z$-GAL individual sources with at least three ${ }^{12} \mathrm{CO}$ transition available.

| Source | $\log \left(n_{\mathrm{H}_{2}}\right)$ <br> $\log \left(\mathrm{cm}^{-3}\right)$ | $\log \left(T_{\text {kin }}\right)$ <br> $\log (\mathrm{K})$ | $\log \left(N_{\mathrm{CO}} / \mathrm{d} v\right)$ <br> $\log \left(\mathrm{cm}^{-2} \mathrm{~km}^{-1} \mathrm{~s}\right)$ | $\log \left(P_{\text {th }}\right)$ <br> $\log \left(\mathrm{K} \mathrm{cm}^{-3}\right)$ |
| :--- | :---: | :---: | :---: | :---: |
| HeLMS-36 | $3.6_{-0.9}^{+0.8}$ | $2.4_{-0.5}^{+0.4}$ | $17.4_{-0.9}^{+0.8}$ | $6.0_{-0.9}^{+0.6}$ |
| HeLMS-38 | $3.3_{-0.7}^{+0.8}$ | $2.0_{-0.5}^{+0.6}$ | $16.3_{-0.5}^{+0.8}$ | $5.5_{-0.6}^{+0.3}$ |
| HeLMS-48 | $4.0_{-0.9}^{+0.9}$ | $2.0_{-0.4}^{+0.6}$ | $16.2_{-0.5}^{+0.9}$ | $6.2_{-0.5}^{+0.4}$ |
| HerS-14 | $3.8_{-0.6}^{+0.5}$ | $2.4_{-0.4}^{+0.4}$ | $16.8_{-0.8}^{+0.9}$ | $6.3_{-0.7}^{+0.3}$ |
| HerBS-61 | $3.3_{-0.8}^{+0.8}$ | $2.2_{-0.5}^{+0.5}$ | $17.4_{-0.8}^{+0.7}$ | $5.7_{-0.8}^{+0.6}$ |
| HerBS-78 | $3.9_{-0.7}^{+0.8}$ | $2.2_{-0.5}^{+0.5}$ | $17.5_{-0.8}^{+0.7}$ | $5.7_{-0.8}^{+0.6}$ |
| HerBS-193 | $3.7_{-0.9}^{+0.7}$ | $2.3_{-0.5}^{+0.5}$ | $16.5_{-0.7}^{+1.0}$ | $6.2_{-1.0}^{+0.3}$ |

Notes. The quoted uncertainties are $1 \sigma$.
tighter boundaries for the flat priors of $n_{\mathrm{H}_{2}}$ and $N_{\mathrm{CO}} / \mathrm{d} V$ compared to Yang et al. (2017), while other priors are unchanged. Taking the values of the parameters from statistically studied SMG samples (Yang et al. 2017; Cañameras et al. 2018), we have chosen flat priors of $\log \left(n_{\mathrm{H}_{2}} / \mathrm{cm}^{-2}\right)$ between 2.0 and 5.5 and $\log \left(N_{\mathrm{CO}} / \mathrm{d} V / \mathrm{cm}^{-2}\left(\mathrm{~km} \mathrm{~s}^{-1}\right)^{-1}\right)$ between 15.5 and 18.5. Similarly, we also limited the range of the thermal pressure $P_{\mathrm{th}}$ (defined by $P_{\mathrm{th}} \equiv n_{\mathrm{H}_{2}} \times T_{\mathrm{kin}}$ ) to be within $10^{4}$ and $10^{7} \mathrm{~K} \mathrm{~cm}^{-3}$.

A total of 100000 points of the solutions have been explored in the parameters space, with two hundred walkers and five hundred iterations after the one hundred burn-in runs. Figure 3 shows the observed SLED and the models. The results are reported in Table 2, indicating the $\pm 1 \sigma$ values and the median of the posteriors. Most of the values of the molecular gas temperature are in the range from 100 to 250 K , while the density varies from $10^{3.3}$ to $10^{4.0} \mathrm{~cm}^{-3}$. These values are consistent with the ones found in high-redshift SMGs (Yang et al. 2017; Cañameras et al. 2018; Harrington et al. 2021, $\log \left(n_{\mathrm{H}_{2}} / \mathrm{cm}^{-3}\right) \simeq$ $2.5-4.1, T_{\text {kin }} \simeq 20-750 \mathrm{~K}$ ) and with those of the Pilot Programme (Stanley et al. 2023, $\log \left(n_{\mathrm{H}_{2}} / \mathrm{cm}^{-3}\right)=2.5-3.9, T_{\text {kin }}=$ $100-200 \mathrm{~K}$ ).

### 3.4. Water lines

Water is one of the most abundant molecules after $\mathrm{H}_{2}$ and CO in the gaseous ISM (e.g. van Dishoeck et al. 2013). The emission and absorption of the $\mathrm{H}_{2} \mathrm{O}$ lines trace a variety of physical processes such as shocks, collisions and radiative pumping. Therefore it probes the physical conditions of the inter-stellar medium (ISM) in both local (e.g. González-Alfonso et al. 2014) and high-redshift galaxies (e.g. Omont et al. 2013; Yang et al. 2016, 2020; Jarugula et al. 2019). Being $E_{\text {upper }} \gtrsim 130 \mathrm{~K}, \mathrm{H}_{2} \mathrm{O}$ is primarily excited through absorption of far-IR photons emitted by warm dust in dense regions. Only a small contribution from collisional excitation is expected, therefore it is a useful diagnostic of the far-IR radiation field (e.g. González-Alfonso et al. 2022). Observationally, these sub-millimetre $\mathrm{H}_{2} \mathrm{O}$ lines are the second strongest molecular emission lines after CO (e.g. Yang et al. 2013).

In the $z$-GAL sample, we have detected seven sources in the para- $\mathrm{H}_{2} \mathrm{O}\left(2_{11}-2_{02}\right)$ line ( $\left.v_{\text {rest }}=752 \mathrm{GHz}\right)$ with $E_{\text {upper }}=137 \mathrm{~K}$ : HeLMS-17 W, HerBS-38 NE, 83, 177, 179, 185 (see Tables in the Appendix of Paper I), and finally HerBS-154 from the Pilot Programme (Neri et al. 2020). We note that the $z=6.5678$ HerBS-38 NE source lies in a field with two other sources at $z=2.4775$ and 2.4158, labelled HerBS-38 SE and W (Paper I). Because of blending in the Herschel bands, it is not possible to


Fig. 3. Results of LVG fit of the ${ }^{12} \mathrm{CO}$ SLEDs. The best fit model is plotted in black. The blue thin lines represent all models within the $\pm 1 \sigma$ range of the posterior distribution around the best fit.
estimate its IR luminosity, therefore this source is not included in this piece of analysis.

The line widths of these water lines are similar to those of the CO lines, similarly to the findings of other studies (e.g.

Omont et al. 2013; Yang et al. 2016), suggesting that they are emitted by the same star-forming regions across the sources. The observed line luminosities of the para- $\mathrm{H}_{2} \mathrm{O}\left(2_{11}-2_{02}\right)$ lines are in the range $\mu L_{\mathrm{H}_{2} \mathrm{O}}=1.1$ to $4.7 \times 10^{8} L_{\odot}$, placing them amongst the


Fig. 4. Correlation between $L_{\text {IR }}$ and $L_{\mathrm{H}_{2} \mathrm{O}\left(2_{11}-2_{02}\right)}$ for local (black symbols), high-redshift star-forming SMGs (blue symbols), and QSO/AGN (red). $z$-GAL sources are marked in green. The fitting of the correlation is represented by the solid orange line. The posterior distribution of the slope is shown in the inset. The plot is adapted from Yang et al. (2016, see references therein). The new fit is performed by including the $z$ GAL sources (green symbols) as well as the sources from the literature.
brightest $\mathrm{H}_{2} \mathrm{O}$ emitters identified to date (modulo gravitational lensing magnification).

In Fig. 4 the correlation between the $\mathrm{H}_{2} \mathrm{O}\left(2_{11}-2_{02}\right)$ luminosity and $L_{\mathrm{IR}}$ of the $z$-GAL sources is presented together with results from previous studies. Including the $z$-GAL sources, the slope of this correlation is found to be $0.97 \pm 0.08$, slightly shallower than the relation $L_{\mathrm{H}_{2} \mathrm{O}\left(2_{11}-2_{02}\right)} \sim L_{\mathrm{IR}}^{1.16 \pm 0.13}$ reported by Yang et al. (2016), but still in good agreement within the uncertainties. The average $L_{\mathrm{H}_{2} \mathrm{O}\left(2_{11}-2_{02}\right)} / L_{\text {IR }}$ ratio of the $z$-GAL sources is $\sim 10^{-5}$, close to the value found by Yang et al. (2016). This is consistent with the expectation that far-IR pumping is likely the dominant mechanism of the excitation of the sub-millimetre $\mathrm{H}_{2} \mathrm{O}$ lines in very dense, heavily obscured star-formationdominated regions (e.g. González-Alfonso et al. 2014, 2022; Yang et al. 2016).

The source HeLMS-49 has been detected in the ortho$\mathrm{H}_{2} \mathrm{O}\left(4_{23}-3_{30}\right)$ line ( $v_{\text {rest }}=448 \mathrm{GHz}$ ), that has an upper energy level of $E_{\text {upper }}=433 \mathrm{~K}$. This line was first detected in ESO 320G030 (Pereira-Santaella et al. 2017) and later in the $z=3.6$ dusty star-forming galaxy G09v1.97 (Yang et al. 2020). Both works argue that the origin of the line is mostly far-IR pumping rather than maser emission. Therefore, being optically thin, this highly excited water transition is probing deeply into the dense nuclear regions of these galaxies (González-Alfonso et al. 2021). The luminosity of the $\mathrm{H}_{2} \mathrm{O}\left(4_{23}-3_{30}\right)$ line in HeLMS-49 is $(1.7 \pm 0.5) \times 10^{8} L_{\odot}$, yielding a $L_{\mathrm{H}_{2} \mathrm{O}\left(4_{23}-3_{30}\right)} / L_{\mathrm{IR}}$ ratio of $6 \times 10^{-6}$ (assuming no differential lensing effect). This is about six times larger than what has been found in G09v1.97 ( $\sim 0.9 \times 10^{-6}$ Yang et al. 2020), which might indicate the presence of a strong far-IR source deeply buried in the nuclear region of HeLMS-49, possibly powered by a highly obscured active galactic nucleus (AGN) or a nuclear starburst. Further observations are needed to confirm either of these scenarios.

## 4. Molecular gas mass

Using the millimetre CO and [CI] lines detected by NOEMA, as well as the sub-millimetre continuum emitted by dust, in this Section we study the molecular gas reservoir of the $z$-GAL
sources, deriving their molecular gas masses and dust to gas mass ratios. Star formation takes place in dense molecular clouds and there is little or no correlation between neutral atomic hydrogen and star formation at the low densities (e.g. Kennicutt 1989; Bigiel et al. 2008, 2011, see Tacconi et al. 2020 for a review). Therefore it is assumed that the fuel of star formation consists predominantly of molecular gas, $M_{\text {mol }}$.

Total and molecular gas masses are defined as:

$$
\begin{align*}
& M_{\mathrm{gas}}=M_{\mathrm{mol}}+M_{\mathrm{HI}},  \tag{2}\\
& M_{\mathrm{mol}}=M_{\mathrm{H}_{2}}+M_{\mathrm{He}}=1.36 \times M_{\mathrm{H}_{2}}, \tag{3}
\end{align*}
$$

where $M_{\mathrm{He}}$ is the mass of helium, $M_{\mathrm{H}_{2}}$ is the mass of molecular hydrogen and $M_{\mathrm{HI}}$ the mass of atomic hydrogen. The contribution of helium is factorised as a multiplicative factor $\times 1.36$.

The direct detection of $\mathrm{H}_{2}$ is non trivial (see, e.g. the reviews by Combes 2000; Habart et al. 2005): the molecule has no dipole moment and all ro-vibrational and rotational transitions are of quadrupolar origin and faint. Most $\mathrm{H}_{2}$ is in cool, shielded regions with too low excitation to produce bright emission lines and too high extinction to allow a direct detection of UV transitions. Warm $\mathrm{H}_{2}$ mid-IR are virtually invisible at the temperatures of giant molecular clouds ( $10-20 \mathrm{~K}$ ) where the bulk of star formation takes place. Finally, near- and mid-IR $\mathrm{H}_{2}$ emission driven by shocks and turbulence traces only a small fraction of the $\mathrm{H}_{2}$ mass of galaxies.

For these reasons, the molecular gas content of galaxies is usually determined using other tracers, in particular carbon monoxide (the most abundant molecule), atomic carbon [CI], or more rarely water and HCN, accessible with millimetre spectroscopy. In this way, the molecular gas mass is computed from the luminosity of the molecular tracer by:
$M_{\text {mol }}=\alpha_{\text {tracer }} L_{\text {tracer }}^{\prime}$,
where the conversion factor $\alpha_{\text {tracer }}$ is expressed in units of $M_{\odot}$ $\left(\mathrm{K} \mathrm{km} \mathrm{s}^{-1} \mathrm{pc}^{2}\right)^{-1}$.

### 4.1. The choice of $\alpha_{\mathrm{CO}}$

For nearby star-forming galaxies with near-solar metallicity, the commonly adopted $\alpha_{\text {CO }}$ conversion factor is the empirical Milky Way value $\alpha_{\mathrm{CO}, \mathrm{MW}}=4.36 \pm 0.9 M_{\odot}\left(\mathrm{K} \mathrm{km} \mathrm{s}^{-1} \mathrm{pc}^{2}\right)^{-1}$, including the helium contribution (e.g. Magnelli et al. 2012; Bolatto et al. 2013; Carilli \& Walter 2013; Tacconi et al. 2020). For extreme local starbursts (ULIRGs), a long and debated discussion pointing to a $\sim 4$ times lower conversion factor has been going on since two decades, initially sustained by evidence from dynamical arguments, and advocating a value of $0.8-1.5 M_{\odot}\left(\mathrm{K} \mathrm{km} \mathrm{s}^{-1} \mathrm{pc}^{2}\right)^{-1}$ for these extreme sources (e.g. Downes \& Solomon 1998; Scoville et al. 1997). A similar value has also been suggested to hold for SMGs, outliers of the main sequence of star formation and powerful DSFGs in general, creating a bimodality between 'normal' star-forming galaxies and 'starbursts' (e.g. Daddi et al. 2010; Genzel et al. 2010; Carilli \& Walter 2013). Applying the $1.36 \times$ helium correction, this becomes $\alpha_{\mathrm{CO}, \mathrm{SB}}=1.09 M_{\odot}\left(\mathrm{K} \mathrm{km} \mathrm{s}^{-1} \mathrm{pc}^{2}\right)^{-1}$.

In recent years, this dichotomy has lost its initial popularity and an increasing number of studies, based on (sub-) millimetre spectroscopy and dust continuum observations, highlighted that such a bimodality of the CO conversion factor might in fact be an artificial interpretation of more subtle trends of physical parameters. Tacconi et al. (2020) studied scaling relations of gas content, gas fraction, and depletion timescales as a function of other measurable physical parameters (e.g. stellar mass, $M^{*}$,
and specific star formation rate, sSFR ) of DSFGs of near-solar metallicity on the MS and above (see also Genzel et al. 2015; Tacconi et al. 2018). The depletion timescale of galaxies is considered the primary parameter of gas evolution and these authors point out that the low gas masses inferred from the gas dynamics in local ULIRGs, and more generally for galaxies above the MS, are in this scheme encapsulated in the dependence of depletion time on the distance from the MS, rather than in a change of $\alpha_{\text {CO }}$ (see also Scoville et al. 2016, 2017). Tacconi et al. (2020) adopt a metallicity-dependent ${ }^{12} \mathrm{CO}$ conversion factor based on the prescriptions by Bolatto et al. (2013) and Genzel et al. (2012), with a reference value $\alpha_{\mathrm{CO}, \mathrm{MW}}=4.36 \pm 0.9 M_{\odot}$ $\left(\mathrm{K} \mathrm{km} \mathrm{s}^{-1} \mathrm{pc}^{2}\right)^{-1}$ at solar metallicity. Gas metallicities are estimated mainly using the stellar mass versus metallicity ( $M^{*}-Z$ ) relation (Genzel et al. 2015, in the Pettini \& Pagel 2004 scale). Computing gas masses from ${ }^{12} \mathrm{CO}$ detections, dust mass estimates and the sub-millimetre continuum measurements, they show that the three tracers are in good agreement, once the conversion zeropoints are correctly cross-calibrated.

Currently the $z$-GAL sample does not include any information about gas metallicity, neither from optical spectroscopy or indirect estimates such as the $M^{*}-Z$ relation. In Sect. 6 and Appendix A we develop a method to derive $M^{*}$ from the Tacconi et al. (2020) scaling relations, but the resulting $M^{*}$ is defined only modulo a factor that depends on the lens magnification $\mu$. Since the actual value of $\mu$ is currently unknown for the $z$-GAL galaxies, the derived $M^{*}$ are not be adopted in the computation of a metallicity-dependent $\alpha_{\text {CO }}$.

Dunne et al. (2022) pointed out that for dusty star-forming galaxies (e.g. selected in the far-IR or sub-millimetre), it is safe to assume that the metallicity is high, such that the gas-to-dust mass ratio, $\delta_{\mathrm{GDR}}$ is broadly similar to that of the MW (see also Appendix A and Magdis et al. 2012; Rowlands et al. 2014; Berta et al. 2016; Yang et al. 2017). Dunne et al. (2022, 2021) studied a large, heterogeneous sample of galaxies with observations in three different molecular gas tracers: ${ }^{12} \mathrm{CO},[\mathrm{CI}]$ and submillimetre continuum, including main sequence star-forming galaxies up to $z \sim 1$, local ULIRGs, and high-redshift outliers of the MS (thereby labelled SMGs). With an initial choice of the gas mass absorption coefficient $\kappa_{\mathrm{H}}=\delta_{\mathrm{GDR}} / \kappa_{850}=1884 \mathrm{~kg} \mathrm{~m}^{-2}$, similar to that of the MW and other local disks, these authors retrieve an average $\alpha_{\mathrm{CO}}=4.0 \pm 0.1 M_{\odot}\left(\mathrm{K} \mathrm{km} \mathrm{s}^{-1} \mathrm{pc}^{2}\right)^{-1}$, including the contribution of helium (see Table 14 of Dunne et al. 2022 for a further review of $\alpha_{\text {CO }}$ values found in the literature).

As a counter-test, Dunne et al. (2022) changed their initial assumption into a bimodal normalisation for MS and SMG galaxies and indeed retrieve a final optimised $\alpha_{\text {CO }}$ similarly bimodal. Nevertheless, when this assumption is made, the [CI] and $850 \mu \mathrm{~m}$ continuum conversion factors also become bimodal, a fact that is not supported by any observational evidence so far and that would also be a challenge for astro-chemistry models (Dunne et al. 2022). In light of these findings and given the limitations of the available data, in what follows for the $z$-GAL galaxies we adopt a conversion factor $\alpha_{\mathrm{CO}}=4.0 M_{\odot}$ $\left(\mathrm{K} \mathrm{km} \mathrm{s}^{-1} \mathrm{pc}^{2}\right)^{-1}$, including the contribution of helium.

### 4.2. Molecular gas mass from ${ }^{12} \mathrm{CO}$

The luminosity of the ${ }^{12} \mathrm{CO}$ lines detected by NOEMA (Sect. 3.1) are transformed into ${ }^{12} \mathrm{CO}(1-0)$ luminosity adopting the average ratios given by Carilli \& Walter (2013) for SMGs: $r_{21 / 10}=0.85, r_{32 / 10}=0.66, r_{43 / 10}=0.46$, and $r_{54 / 10}=0.39$. For each source, we adopt the $L_{\mathrm{CO}(1-0)}^{\prime}$ derived from the lowest- $J_{\text {up }}$
detected transition, between $J_{\text {up }}=2$ and 5. Figure 5 compares the values of $L_{\mathrm{CO}(1-0)}^{\prime}$ derived from the different CO transitions. In the bottom panel, $L_{\mathrm{CO}(1-0)}^{\prime}$ computed from the lowest available $J_{\text {up }}$ is compared to the average of those computed from all available transitions for the given object up to (5-4), showing a very good agreement.

The ${ }^{12} \mathrm{CO}(1-0)$ luminosity derived in this way is finally converted into molecular gas mass, adopting the $\alpha_{\text {CO }}$ value as in Sect. 4.1. Table B. 2 lists the results and Fig. 6 presents the distribution of $\mu M_{\mathrm{mol}}$ of the $z$-GAL sources. The derived values of the molecular gas mass, $\mu M_{\text {mol }}$, not corrected for gravitational magnification, are in the range from $10^{11}$ to few $10^{12} M_{\odot}$. These lie at the upper end of the $M_{\text {mol }}$ of star-forming galaxies at any redshift, regardless of magnification, comparable to other samples of gravitationally amplified galaxies (e.g. Riechers et al. 2011b; Harris et al. 2012; Ivison et al. 2013; Yang et al. 2017). See Sect. 5 for a thorough comparison.

In Fig. 6 we also compare the values of $\mu M_{\text {mol }}$ obtained with our choice of $\alpha_{\mathrm{CO}}$ (black filled symbols) with the one that would have been obtained adopting the starburst normalisation $\alpha_{\mathrm{CO}, \mathrm{SB}}=1.09 M_{\odot}\left(\mathrm{K} \mathrm{km} \mathrm{s}^{-1} \mathrm{pc}^{2}\right)^{-1}$ (red open symbols). As discussed by Dunne et al. (2022) a different choice in the normalisation of the conversion factor between the molecular gas tracers and $M_{\text {mol }}$ causes only a simple rescaling of the results.

### 4.3. Atomic carbon

Out of the 137 sources in the $z$-GAL (including pilot) sample, 27 sources were detected in the $[\mathrm{CI}]\left({ }^{3} \mathrm{P}_{1}-{ }^{3} \mathrm{P}_{0}\right)$ emission line, and, for three of them, the $[\mathrm{CI}]\left({ }^{3} \mathrm{P}_{2}-{ }^{3} \mathrm{P}_{1}\right)$ emission line was also measured. The availability of a substantial number of sources where $[\mathrm{CI}]$ is detected allows us to explore the properties of the atomic carbon emission lines and, importantly, to check the consistency of the $\mathrm{H}_{2}$ masses derived independently from the ${ }^{12} \mathrm{CO}$ and $[\mathrm{CI}]\left({ }^{3} \mathrm{P}_{1}-{ }^{3} \mathrm{P}_{0}\right)$ emission lines. Table 3 lists the sources where $[\mathrm{CI}]\left({ }^{3} \mathrm{P}_{1}-{ }^{3} \mathrm{P}_{0}\right)$ and $[\mathrm{CI}]\left({ }^{3} \mathrm{P}_{2}-{ }^{3} \mathrm{P}_{1}\right)$ are detected together with the line fluxes, the $[\mathrm{CI}]\left({ }^{3} \mathrm{P}_{1}-{ }^{3} \mathrm{P}_{0}\right)$ and $\left({ }^{3} \mathrm{P}_{2}-{ }^{3} \mathrm{P}_{1}\right)$ luminosities, the [CI] masses, the abundance of [CI] relative to molecular hydrogen, $X[\mathrm{CI}] / X\left[\mathrm{H}_{2}\right]$, and, in the last column, the molecular gas masses derived from the atomic carbon masses.

We estimated the neutral carbon masses by using Eq. (1) in Weiß et al. (2005), assuming a [CI] excitation temperature equal to $T_{\text {exc }}=30 \mathrm{~K}$, which is close to the value in Walter et al. (2011), $\left\langle T_{\mathrm{exc}}\right\rangle=29.1 \pm 6.3 \mathrm{~K}$, and the mean temperature of $\left\langle T_{\mathrm{exc}}\right\rangle=$ $25.6 \pm 1.0 \mathrm{~K}$ found by Valentino et al. (2020):
$M_{[\mathrm{CI}]}=5.706 \times 10^{-4} Q\left(T_{\mathrm{exc}}\right) \frac{1}{3} e^{23.6 / T_{\text {exc }}} L_{[\mathrm{CI}](1-0)}^{\prime}$,
where $Q\left(T_{\text {exc }}\right)=1+3 e^{-23.6 \mathrm{~K} / T_{\text {exc }}}+5 e^{-62.5 \mathrm{~K} / T_{\text {exc }}}$ is the partition function of $[\mathrm{CI}]$ and the result is expressed in units of $M_{\odot}$.

A more precise measure of the excitation temperature, $T_{\mathrm{exc}}$, can be derived for the three sources where the two [CI] emission lines were detected, namely HeLMS-19, HerBS-185 and HerBS201. Assuming local thermal equilibrium and, under the condition that the lines are optically thin, the excitation temperature equals the kinetic temperature:
$T_{\text {exc }} / \mathrm{K}=38.8 / \ln \left(2.11 / R_{[\mathrm{CII}]}\right)$,
where
$R_{[\mathrm{CI}]}=L_{[\mathrm{Cl}](2-1)}^{\prime} / L_{[\mathrm{CI}](1-0)}^{\prime}$.
Using the measured fluxes of the $[\mathrm{CI}](2-1)$ emission line, we derive excitation temperatures of 45,54 , and 18 K for


Fig. 5. Derivation of ${ }^{12} \mathrm{CO}(1-0)$ luminosity. Upper panels: Comparison between the values of $L_{\mathrm{CO}(1-0)}^{\prime}$ derived from ${ }^{12} \mathrm{CO}$ transitions (2-1), (3-2), (4-3) and (5-4) adopting the SMGs line luminosity ratios from Carilli \& Walter (2013). Bottom panel: Values of $L_{\mathrm{CO}(1-0)}^{\prime}$ derived from the lowest- $J_{\text {up }}{ }^{12} \mathrm{CO}$ transition available (up to 5-4), compared to those computed as the average of values from all available ${ }^{12} \mathrm{CO}$ transitions from $(2-1)$ to $(5-4)$. The colour coding specifies which is the lowest $J_{\text {up }}$ available and indicates the typical uncertainties involved. The solid red line shows the $1: 1$ locus.

HeLMS-19, HerBS-185, and HerBS-201, respectively. A similar scatter in the excitation temperatures has also been found in previous studies (e.g. Valentino et al. 2020; Walter et al. 2011; Nesvadba et al. 2019), although it has only a minor impact on the estimate of the [CI] masses.

Combined with the estimate of $M_{\mathrm{mol}}$ based on ${ }^{12} \mathrm{CO}$, the mass of neutral atomic carbon $M_{[C]}$ yields an estimate of the [CI] abundance relative to molecular hydrogen: $X[\mathrm{CI}] / X\left[\mathrm{H}_{2}\right]=$ $M_{[\mathrm{CI}]} /\left(6 M_{\mathrm{H}_{2}}\right)$, where $M_{\mathrm{H}_{2}}=M_{\mathrm{mol}} / 1.36$. The values of the [CI] abundance thus obtained are listed in Table 3; their median value is $1.4 \times 10^{-5}$ with a median absolute deviation of $0.5 \times 10^{-5}$, consistent with the value of $1.6 \times 10^{-5}$ derived by Dunne et al. (2022). Therefore the molecular gas masses listed in the last column of Table 3 are derived adopting the average $L_{[\mathrm{CI}]}^{\prime} / M_{\text {mol }}$ conversion factor by Dunne et al. (2022), $\alpha_{[\mathrm{Cl}]}=17.0 M_{\odot}\left(\mathrm{K} \mathrm{kms}^{-1} \mathrm{pc}^{-2}\right)^{-1}$, that includes the correction for helium.


Fig. 6. Distribution of molecular gas masses of the $z$-GAL sources as a function of redshift, obtained using $\alpha_{\mathrm{CO}}=4.0 M_{\odot}\left(\mathrm{K} \mathrm{km} \mathrm{s}^{-1} \mathrm{pc}^{2}\right)^{-1}$ (solid black symbols, our choice of preference) and 1.09 (starbursts value, red open symbols), including the contribution of helium.

The comparison between the molecular gas mass derived from the lower- $J$ CO emission lines (Sect. 4.2) and the $[\mathrm{CI}](1-0)$ emission line using the $\alpha_{[C]]}$ by Dunne et al. (2022) is displayed in Fig. 7. The evidence shown by this diagram is twofold. The consistency between the median [CI] abundance of the $z$-GAL sample and the value derived by Dunne et al. (2022) is reflected by the distribution of the data around the $1: 1$ locus within a factor of $\sim 1.5$. Moreover, the scatter of the data points in Fig. 7 (left panel) is the direct consequence of the variety of abundance values that we derived (Table 3).

The right-hand panel of Fig. 7 compares the $z$-GAL results to a selection of sources with available $[\mathrm{CI}]\left({ }^{3} \mathrm{P}_{1}-{ }^{3} \mathrm{P}_{0}\right)$ from the literature. This comparison shows not only the consistency of the adopted $\alpha_{\mathrm{CO}}$ and $\alpha_{[\mathrm{CI}]}$, but also how the $z$-GAL data provide a sizeable addition to previously existing results by populating the locus of lensed sources.

### 4.4. The $850 \mu \mathrm{~m}$ continuum

A common alternative method to derive the molecular gas mass of galaxies is to use their FIR-mm continuum emission to estimate dust mass and then convert it assuming their metallicity properties (e.g. Leroy et al. 2011; Magdis et al. 2012; Santini et al. 2014; Béthermin et al. 2015, see Berta et al. 2016 for a discussion). Scoville (2013), Scoville et al. (2014, 2016), and Eales et al. (2012) proposed that a single frequency, broadband measurement in the Rayleigh-Jeans tail of the dust SED is sufficient to estimate the gas masses. They used nearby objects and distant star-forming galaxies observed with ALMA and Herschel to calibrate the $850 \mu \mathrm{~m}$ luminosity of a galaxy as a tracer of its gas mass content. The basis of the method relies on the fact that the long wavelength Rayleigh-Jeans (RJ) tail of dust emission is predominantly optically thin and can therefore be used to probe the total dust mass of the galaxy, if the dust emissivity per unit mass is known. The gas mass can then be derived assuming a gas-to-dust mass ratio.

Under these conditions and starting from the expression of a MBB (Paper II and Berta et al. 2013), in the RJ regime the dust

Table 3. [CI] Properties of the $z$-GAL sources.

| Source name | $z_{\text {spec }}$ | $\begin{aligned} & I_{[\mathrm{CI}](1-0)} \\ & \quad(\mathrm{Jy} \mathrm{~km} \end{aligned}$ | $\begin{aligned} & I_{[C \mathrm{Cl}(2-1)} \\ & \left.\mathrm{m} \mathrm{~s}^{-1}\right) \end{aligned}$ | $\begin{aligned} & L_{[C 1][1-0)}^{\prime} \\ & \left(10^{10} \mathrm{~K} \mathrm{~km}\right. \end{aligned}$ | $\begin{gathered} L_{[\mathrm{CI}](2-1)}^{\prime} \\ \left.\mathrm{m} \mathrm{~s}^{-1} \mathrm{pc}^{2}\right) \\ \hline \end{gathered}$ | $\begin{gathered} M_{[\mathrm{Cl]}} \\ 10^{7} M_{\odot} \end{gathered}$ | $\begin{gathered} X[\mathrm{Cl}] / X\left[\mathrm{H}_{2}\right] \\ 10^{-5} \end{gathered}$ | $\begin{gathered} M_{\mathrm{mol}}\left(\alpha_{[\mathrm{CII}}\right) \\ 10^{10} M_{\odot} \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HeLMS-16 | 2.819 | $6.47 \pm 1.38$ | - | $12.52 \pm 2.67$ | - | $15.52 \pm 3.31$ | $2.6 \pm 0.7$ | $212.84 \pm 45.39$ |
| HeLMS-19 E+W | 4.688 | $0.78 \pm 0.35$ | $2.00 \pm 0.88$ | $3.60 \pm 1.10$ | $3.41 \pm 1.50$ | $4.46 \pm 1.36$ | $0.7 \pm 0.2$ | $61.20 \pm 18.7$ |
| HeLMS-20 | 2.195 | $2.05 \pm 0.49$ | - | $2.74 \pm 0.65$ | - | $3.39 \pm 0.80$ | $1.5 \pm 0.4$ | $46.58 \pm 11.05$ |
| HeLMS-24 | 4.984 | $1.49 \pm 0.45$ | - | $7.84 \pm 2.36$ | - | $9.72 \pm 2.92$ | $0.7 \pm 0.2$ | $133.28 \pm 40.12$ |
| HeLMS-26 E | 2.689 | $1.19 \pm 0.36$ | - | $2.24 \pm 0.67$ | - | $2.77 \pm 0.83$ | $7.7 \pm 3.8$ | $38.08 \pm 11.39$ |
| HeLMS-28 | 2.532 | $1.64 \pm 0.13$ | - | $2.81 \pm 0.22$ | - | $3.48 \pm 0.27$ | $3.1 \pm 0.4$ | $47.77 \pm 3.74$ |
| HeLMS-45 | 5.399 | $1.15 \pm 0.44$ | - | $6.55 \pm 2.45$ | - | $8.12 \pm 3.03$ | $0.6 \pm 0.3$ | $111.35 \pm 41.65$ |
| HeLMS-47 | 2.223 | $2.08 \pm 0.59$ | - | $2.84 \pm 0.80$ | - | $3.52 \pm 0.99$ | $1.3 \pm 0.4$ | $48.28 \pm 13.60$ |
| HeLMS-49 | 2.215 | $1.89 \pm 0.60$ | - | $2.56 \pm 0.81$ | - | $3.17 \pm 1.00$ | - | $43.52 \pm 13.77$ |
| HeLMS-51 | 2.156 | $2.99 \pm 0.77$ | - | $3.86 \pm 0.99$ | - | $4.78 \pm 1.22$ | $1.5 \pm 0.5$ | $65.62 \pm 16.83$ |
| HeLMS-54 | 2.707 | $0.85 \pm 0.30$ | - | $1.62 \pm 0.57$ | - | $2.01 \pm 0.86$ | $2.7 \pm 1.4$ | $27.54 \pm 9.69$ |
| HerS-10 | 2.469 | $1.61 \pm 0.25$ | - | $2.63 \pm 0.41$ | - | $3.26 \pm 0.50$ | $1.3 \pm 0.2$ | $44.71 \pm 6.97$ |
| HerS-13 | 2.476 | $2.87 \pm 0.60$ | - | $4.71 \pm 0.98$ | - | $5.84 \pm 1.21$ | $1.6 \pm 0.4$ | $80.07 \pm 16.66$ |
| HerS-16 | 2.198 | $3.17 \pm 0.50$ | - | $4.24 \pm 0.67$ | - | $5.25 \pm 0.83$ | $1.3 \pm 0.2$ | $72.08 \pm 8.50$ |
| HerBS-38 SE | 2.477 | $1.60 \pm 0.19$ | - | $2.62 \pm 0.31$ | - | $3.25 \pm 0.38$ | $1.7 \pm 0.3$ | $44.54 \pm 5.27$ |
| HerBS-58 | 2.084 | $4.70 \pm 0.50$ | - | $5.74 \pm 0.61$ | - | $7.11 \pm 0.75$ | $2.0 \pm 0.4$ | $97.58 \pm 10.37$ |
| HerBS-70 E | 2.307 | $3.50 \pm 0.70$ | - | $5.10 \pm 1.02$ | - | $6.32 \pm 1.26$ | $4.4 \pm 1.5$ | $86.70 \pm 17.34$ |
| HerBS-72 | 3.638 | $0.72 \pm 0.52$ | - | $2.23 \pm 1.61$ | - | $2.76 \pm 1.99$ | $1.0 \pm 0.7$ | $37.91 \pm 27.37$ |
| HerBS-85 | 2.817 | $1.86 \pm 0.55$ | - | $3.81 \pm 1.13$ | - | $4.85 \pm 1.40$ | $1.9 \pm 0.6$ | $64.77 \pm 19.21$ |
| HerBS-91 C+E | 2.405 | $1.05 \pm 0.27$ | - | $1.64 \pm 0.42$ | - | $2.03 \pm 0.52$ | $0.9 \pm 0.3$ | $27.88 \pm 7.14$ |
| HerBS-115 | 2.370 | $1.19 \pm 0.36$ | - | $1.81 \pm 0.55$ | - | $2.24 \pm 0.68$ | $1.1 \pm 0.4$ | $30.77 \pm 9.35$ |
| HerBS-143 | 2.240 | $1.00 \pm 0.16$ | - | $1.38 \pm 0.22$ | - | $1.71 \pm 0.27$ | $1.6 \pm 0.3$ | $23.46 \pm 3.74$ |
| HerBS-154 | 3.707 | $1.30 \pm 0.40$ | - | $4.15 \pm 1.28$ | - | $5.14 \pm 1.58$ | - | $70.55 \pm 21.76$ |
| HerBS-169 | 2.698 | $0.89 \pm 0.15$ | - | $1.70 \pm 0.28$ | - | $2.11 \pm 0.34$ | $1.2 \pm 0.2$ | $28.90 \pm 4.76$ |
| HerBS-185 | 4.324 | $0.51 \pm 0.34$ | $1.42 \pm 0.30$ | $2.07 \pm 1.38$ | $0.52 \pm 0.11$ | $2.56 \pm 1.71$ | - | $35.19 \pm 23.46$ |
| HerBS-197 | 2.417 | $1.11 \pm 0.16$ | - | $1.75 \pm 0.25$ | - | $2.16 \pm 0.31$ | $1.0 \pm 0.2$ | $29.75 \pm 4.25$ |
| HerBS-201 | 4.141 | $0.71 \pm 0.21$ | $0.50 \pm 0.10$ | $2.70 \pm 0.79$ | $0.17 \pm 0.04$ | $3.34 \pm 0.98$ | $1.7 \pm 0.6$ | $45.90 \pm 13.43$ |

Notes. The $[\mathrm{CI}](1-0)$ and $(2-1)$ line fluxes are from Paper I. Four sources from the Pilot Programme are included, namely: HerBS-58, 70E, 72 and 154 (Neri et al. 2020). See text for the derivation of $M_{[C]]}$ and $M_{\text {mol }}$.


Fig. 7. Comparison between the molecular gas masses derived from the $[\mathrm{CI}]\left({ }^{3} \mathrm{P}_{1}-{ }^{3} \mathrm{P}_{0}\right)$ and ${ }^{12} \mathrm{CO}$ emission lines for the $z$-GAL sources where both lines are detected. No correction for amplification was applied to the CO or the [CI] luminosities. Left panel: $z$-GAL sources only. The solid red line shows the $1: 1$ locus and the dotted lines the $\pm 50 \%$ region around it. Right panel: Comparison to sources found in the literature with available [CI] ${ }^{3} \mathrm{P}_{1}{ }^{-3} \mathrm{P}_{0}$ ), (Valentino et al. 2018, 2020; Bothwell et al. 2017; Dunne et al. 2021; Alaghband-Zadeh et al. 2013). The axes range covered by the left panel is highlighted.
emission of a galaxy can be approximated as:
$L_{\mathrm{RJ}}(v)=\frac{8 \pi k_{\mathrm{B}}}{c^{2}} v_{0}^{2} \kappa_{0}\left(\frac{v}{v_{0}}\right)^{2+\beta} M_{\mathrm{dust}} T_{\mathrm{dust}}$,
where $\kappa_{\text {dust }}(v)=\kappa_{0}\left(v / v_{0}\right)^{\beta}$ is the dust mass absorption coefficient in units of $\mathrm{m}^{2} \mathrm{~kg}^{-1}, \beta$ is the emissivity index of the dust
emission, $M_{\text {dust }}$ the dust mass in $\mathrm{kg}, T_{\text {dust }}$ the dust temperature in K , and therefore $L_{\mathrm{RJ}}(v)$ is in $\mathrm{erg} \mathrm{s}^{-1} \mathrm{~Hz}^{-1}$.

Given the gas-to-dust mass ratio $\delta_{\text {GDR }}$ (Eq. (10)), we define $\kappa_{\mathrm{H}}=\delta_{\mathrm{GDR}} / \kappa_{\text {dust }}$ in units of $\mathrm{kg} \mathrm{m}^{-2}$ (e.g. Dunne et al. 2022). Adopting $v_{0}=v_{850}=353 \mathrm{GHz}$ as reference frequency (corresponding to a wavelength of $850 \mu \mathrm{~m}$ ) to evaluate $\kappa_{\mathrm{H}}=\kappa_{850}$, the
conversion factor can be written as:
$\alpha_{850}=\frac{L_{\mathrm{RJ}}(v)}{M_{\mathrm{mol}}}=\frac{8 \pi k_{\mathrm{B}}}{c^{2}} v_{850}^{2} \frac{1}{\kappa_{850}}\left(\frac{v}{v_{850}}\right)^{2+\beta} T_{\mathrm{dust}}$,
that enables the computation of $M_{\text {mol }}$, once the $850 \mu \mathrm{~m}$ restframe luminosity of the galaxy is known.

Scoville et al. $(2014,2016)$ adopted a fixed dust temperature of 25 K to apply the $k$-correction to the observed flux densities and derive the $850 \mu \mathrm{~m}$ rest-frame luminosity of their galaxies. They also stressed that the temperature involved in these equations ought to be a mass-weighted temperature, rather than the commonly used luminosity-weighted temperature for example derived with a single-temperature MBB. On the other hand, Harrington et al. (2021) found that for SMGs a single temperature MBB fit properly reproduces the SED and the dust temperatures thus derived for these objects are consistent with the mass-weighted estimate derived from multi-temperature fits (see also Dunne et al. 2022). The consequences of adopting a fixed dust temperature rather than the actual temperature obtained with a dedicated SED fitting for each galaxy are discussed by Dunne et al. (2022). Scoville et al. (2016) also point out the necessity of applying a further correction $\Gamma_{\mathrm{RJ}}$ to this conversion, to take into account possible deviations from the proper RJ emission law at the wavelength where Eq. (8) is evaluated. Similar caveats were also highlighted by Genzel et al. (2015). We defer the reader to all these works for more details on the method and on its application. More recently, Tacconi et al. (2020) and Dunne et al. (2022) validated the method and showed how the results are consistent with those of more time consuming spectroscopy, once the relative conversion factors are properly crosscalibrated.

Here we apply the $850 \mu \mathrm{~m}$ continuum approach to the $z$-GAL galaxies, making full use of the SED fitting presented in Paper II to evaluate the $850 \mu \mathrm{~m}$ rest-frame luminosity from the best fit models. It is important to note that the $z$-GAL sources benefit from continuum detections that cover wavelengths around and beyond $850 \mu \mathrm{~m}$ in the rest frame for the majority of the sources and therefore allow for an interpolation between the Herschel/ SPIRE, SCUBA-2, and NOEMA data, rather than relying on extrapolations. Following the success demonstrated for ${ }^{12} \mathrm{CO}$ and $[\mathrm{Cl}]$, we adopt the continuum conversion factor by Dunne et al. (2022): $\alpha_{850}=6.9 \pm 0.1 \times 10^{12} \mathrm{~W} \mathrm{~Hz}^{-1} M_{\odot}^{-1}$. In their cross-calibration of gas tracers, these authors did not adopt a fixed dust temperature template to apply the $k$-correction, but instead used the results of SED fitting for each galaxy in their sample, similarly to what was done for the $z$-GAL data (Paper II). Table B. 2 includes the derived values of $\mu M_{\text {mol }, 850 \mu \mathrm{~m}}$ in Col. 5.

Figure 8 compares the $M_{\text {mol }}$ thus obtained to the one derived from the detected ${ }^{12} \mathrm{CO}$ transitions. The $850 \mu \mathrm{~m}$ method produces results consistent to ${ }^{12} \mathrm{CO}$ within $\pm 50 \%$ for only roughly half of the $z$-GAL sources (i.e. those within the dotted lines in Fig. 8). The median ratio of $M_{\text {mol }}$ from the $850 \mu \mathrm{~m}$ continuum and from ${ }^{12} \mathrm{CO}$ is 1.23 with a median absolute deviation of 0.51 , significantly larger than what is expected from the uncertainty on $\alpha_{850}$ given by Dunne et al. (2022). We investigated possible reasons for this relatively poor overlap, but we did not find any evident dependencies of the ratio $M_{\mathrm{mol}}(850 \mu \mathrm{~m}) / M_{\mathrm{mol}}\left({ }^{12} \mathrm{CO}\right)$ on redshift, $L(\mathrm{IR})$, line's FWHM or $L_{\mathrm{CO}(1-0)}^{\prime} / \mathrm{FWHM}$.

The consistency between the gas mass estimates based on ${ }^{12} \mathrm{CO}$ and $[\mathrm{CI}]$ raises the suspicion that the cause of this large scatter lies in the dust-based method. We highlight that we adopted a specific value of $\alpha_{850}$ for our entire sample, but the


Fig. 8. Comparison between the molecular gas masses derived from the $850 \mu \mathrm{~m}$ continuum and from the ${ }^{12} \mathrm{CO}$ emission lines for the $z$-GAL sources where both tracers are available. No correction for amplification was applied. The solid red line shows the $1: 1$ locus and the dotted lines the $\pm 50 \%$ region around it.
values of $\alpha_{850}$ found in the literature range from 3.6 to 12 (for a review, see Table 11 of Dunne et al. 2022). Figure 8 might be an indication that the chosen $\alpha_{850}$ conversion factor might not be commensurate to the physical properties of all $z$-GAL galaxies. This would somehow not be unexpected, as the sample includes a heterogeneous mix of single lensed sources and interacting pairs, possible main sequence galaxies and starbursts, candidate groups and AGN (Paper IV). Further investigations and higher resolution, deeper observations will be needed to shed more light on each individual object detected by NOEMA.

### 4.5. Gas to dust ratio

Combining the $M_{\text {mol }}$ derived from the detected ${ }^{12} \mathrm{CO}$ transitions in Sect. 4.2 and $M_{\text {dust }}$ estimated in Paper II through SED fitting, we compute the gas-to-dust ratio of the $z$-GAL sources:
$\delta_{\mathrm{GDR}}=\frac{M_{\mathrm{mol}}}{M_{\mathrm{dust}}}$.
Dust masses are based on SED fitting including Herschel/ SPIRE, SCUBA-2 $850 \mu \mathrm{~m}$ (when available) and NOEMA multiband photometry. In case multiple components with the same redshift were detected by NOEMA for a given Herschel source, Paper II combined the corresponding millimetre continuum fluxes of the different components. A similar approach is followed here for those sources with multiple detections both in the continuum and lines (at the same redshift). Therefore the number of sources retained amounts to 131 .

None of the quantities involved has been corrected for the effects of gravitational lensing magnification. In other words, it is assumed that the continuum dust emission - on which the derivation of $M_{\text {dust }}$ is based - and the detected lines defining $M_{\text {mol }}$ are affected by the same magnification and that possible differential effects play a negligible role.

The values of the gas-to-dust ratio of the $z$-GAL sources are listed in Table B.2, and Fig. 9 shows the distribution of $\delta_{\mathrm{GDR}}$ as a function of redshift. The $\delta_{\mathrm{GDR}}$ ratio of the $z$-GAL galaxies covers the range from $\sim 20$ to a few 100 s, similar to that found by Magdis et al. (2012) and Leroy et al. (2011). The median value of the sample is $\delta_{\mathrm{GDR}}=107$, with a median absolute deviation (m.a.d.) of 50. For comparison, using $\alpha_{\mathrm{CO}, \mathrm{SB}}=1.09 M_{\odot}$


Fig. 9. Gas-to-dust mass ratio the $z$-GAL sources. The dashed red line marks the median $\delta_{\mathrm{GDR}}$ of the sample and the two dotted lines indicate its $\pm$ median absolute deviation.
$\left(\mathrm{K} \mathrm{km} \mathrm{s}^{-1} \mathrm{pc}^{2}\right)^{-1}$, the median value and m.a.d. would become 29.1 and 13.5 , respectively.

The actual value of $\delta_{\mathrm{GDR}}$ depends strongly on the underlying assumptions made here, namely the choice of the ${ }^{12} \mathrm{CO}$ conversion factor, which is consistent with MW-like dust and gas properties (Dunne et al. 2022), and the values of the dust absorption coefficient $\kappa(v)$ adopted by the MBB SED fitting (Draine et al. 2014, see Paper II). The derivations of these two quantities having been carried out independently of each other, it is worth to note that the median $\delta_{\mathrm{GDR}}$ of our sample (obtained with our choice of $\left.\alpha_{\mathrm{CO}}=4.0 M_{\odot}\left(\mathrm{K} \mathrm{km} \mathrm{s}^{-1} \mathrm{pc}^{2}\right)^{-1}\right)$ is consistent with that of main sequence star-forming galaxies of near-solar metallicity (e.g. Tacconi et al. 2020; Magdis et al. 2012; Leroy et al. 2011).

## 5. Integrated Kennicutt-Schmidt relation

Combining the ${ }^{12} \mathrm{CO}$ line measurements obtained here and the continuum dust results of Paper II, the relation between the ${ }^{12} \mathrm{CO}(1-0)$ line luminosity and the integrated IR emission is shown in Fig. 10, assuming that - in case of gravitational lensing - the ${ }^{12} \mathrm{CO}$ and the FIR-mm continuum emission are co-spatial and similarly magnified. Based on this assumption, accounting for a magnification $\mu$ would shift the affected data points along the diagonal of Fig. 10.

This representation of the data is equivalent to the SchmidtKennicutt (KS; Schmidt 1959; Kennicutt 1998a) relation, integrated over the whole extent of our sources. Although it is possible to evaluate the angular extent of the ${ }^{12} \mathrm{CO}$ and of the sub-millimetre emission of some of these objects (Paper II and Paper IV), it is virtually impossible to retrieve such information for the low resolution Herschel/SPIRE continuum measurements. Therefore only the integrated KS space is considered here.

We also compare the $z$-GAL results to a collection of sources found in the literature, split by redshift (see caption of Fig. 10 for a list of references). Lensed sources at $z>1.5$ are marked with empty star symbols. When needed, the molecular gas mass, SFR and other quantities of the sources found in the literature have been recomputed using the same assumptions adopted for the $z$ GAL sample, including the $\alpha_{\text {CO }}$ normalisation, the LIR-to-SFR conversion modified for a Chabrier IMF, and the cosmological parameters.

The $z$-GAL sources sample well the brightest luminosity $\left(\mu L_{\mathrm{IR}}>10^{13} L_{\odot}\right)$ and most massive ( $M_{\mathrm{mol}}>10^{11} M_{\odot}$ ) end of
the KS plane, bridging the loci of high $-z$ lensed galaxies and unlensed ULIRGs. Their depletion timescales tend to be on average shorter than those of unlensed samples of more modest luminosity and lower redshift.

Schematically, if a galaxy would consume the entirety of its molecular gas fuel to form stars in one single event at the rate derived from Herschel and NOEMA data, it would deplete its reservoir in a time given by:
$\tau_{\mathrm{dep}}=\frac{\mu M_{\mathrm{mol}}}{\mu \mathrm{SFR}}$,
called depletion timescale, independent from the magnification $\mu$. The rate of star formation is computed as SFR $=1.09 \times$ $10^{-10} L_{\text {IR }}$ (Kennicutt 1998b, after modification for a Chabrier 2003 IMF), with the IR luminosity integrated over the wavelength range $8-1000 \mu \mathrm{~m}$, and expressed in units of $L_{\odot}$. If $M_{\text {mol }}$ is expressed in units of $M_{\odot}$ and the SFR in $M_{\odot} \mathrm{yr}^{-1}$, then $\tau_{\text {dep }}$ has naturally units of yr.

The derived values of $\tau_{\text {dep }}$ are reported in Table B. 2 and shown in Fig. 11. The evolutionary trends of $\tau_{\text {dep }}$ as a function of redshift are also shown, as determined by Saintonge et al. (2013) and Tacconi et al. (2020) for MS galaxies (black lines and grey shaded area), outliers of the MS (often associated with starburst galaxies, dashed blue and dotted purple lines), and below-MS galaxies (passive objects, long-dash red line). The majority of the $z$-GAL sources have a depletion timescale in the range between 0.1 and 1.0 Gyr : they occupy part of the main sequence of star formation and the locus of starburst outliers. The tail of the most powerful $z$-GAL sources extends down to $\tau_{\text {dep }}<10^{8} \mathrm{yr}$, where the most intense bursts of star formation are recorded.

## 6. Stellar masses: Inversion of scaling relations

The end product of star formation in a galaxy is the mass locked into stars, and is measured by its stellar mass $M^{*}$. The relation between SFR and $M^{*}$ of a galaxy is an indicator of its currently undergoing activity: the position of the source with respect to the so called main sequence of star formation in the $M^{*}-\mathrm{SFR}$ plane indicates whether the object is sustained by secular star formation, is undergoing a powerful starburst event, or is a red and dead passive galaxy.

The data currently available for the $z$-GAL sources do not allow us to determine their stellar mass directly. Shorter wavelength observations in the rest-frame near-IR and optical domains would be the ideal tool to this aim (e.g. Berta et al. 2004). However, estimating $M^{*}$ is also possible by using the values of $\tau_{\text {dep }}$, as derived in Sect. 5 .

Scaling relations between the depletion timescale, $\tau_{\text {dep }}$, of a galaxy and its stellar mass content, $M^{*}$, star formation rate, SFR, and position in the $M^{*}$-SFR plane with respect to the main sequence, as a function of redshift, were first derived by Genzel et al. (2015), Scoville et al. $(2016,2017)$, and Tacconi et al. (2018) combining observations of the GOODS, COSMOS and other fields that benefit from extensive multiwavelength coverage. Combining ${ }^{12} \mathrm{CO}$ data, Herschel extragalactic surveys and optical-NIR follow-ups, Tacconi et al. (2020) used 2052 star-forming galaxies in the redshift range $0<z<5.3$ to refine these scaling relations, as described by the following equation:

$$
\begin{align*}
\log \tau_{\mathrm{dep}}= & A+B \log (1+z)+C \log \left(\frac{\mathrm{sSFR}}{\mathrm{sSFR}\left(\mathrm{MS}, z, M^{*}\right)}\right)  \tag{12}\\
& +D\left(\log M^{*}-10.7\right) .
\end{align*}
$$



Fig. 10. Integrated Kennicutt-Schmidt relation, in terms of the measured luminosities (top and right axes) and of the molecular gas mass and star formation rate (bottom and left axes). The red filled circles represent the $z$-GAL sources, including the Pilot Programme. The open red symbol and error bar in the bottom-right corner represent the typical (median) z-GAL uncertainties. The dotted lines represent the loci of constant depletion timescales $\left(\tau_{\text {dep }}=10 \mathrm{Myr}, 100 \mathrm{Myr}\right.$ and 1 Gyr$)$. The literature data to which the $z$-GAL sources are compared include: at $z<0.5$ the sources studied by Combes et al. (2011, 2013), Chung et al. (2009), Geach et al. (2011), Solomon et al. (1997), and Villanueva et al. (2017), including local ULIRGs; at $z>0.5$, the sources by Alaghband-Zadeh et al. (2013), Aravena et al. (2016, 2014, 2013), Bakx et al. (2020b), Bothwell et al. (2017, 2013), Carilli et al. (2010), Dannerbauer et al. (2019), Decarli et al. (2016, 2019), Dunne et al. (2021, 2020), Fujimoto et al. (2017), Freundlich et al. (2019), Genzel et al. (2015, 2003), George et al. (2013), Hagimoto et al. (2023), Harris et al. (2012, 2010), Ivison et al. (2013, 2011, 2010), Penney et al. (2020), Riechers et al. (2020, 2011b), Rudnick et al. (2017), Sharon et al. (2016), Tacconi et al. (2018, 2013), Thomson et al. (2012), Valentino et al. (2018), Wang et al. (2018), and Yang et al. (2017). Lensed objects at $z>1.5$ are marked with empty star symbols.

Appendix A describes the best fit parameters $A, B, C, D$ (Tacconi et al. 2020). The term sSFR/sSFR (MS, $z, M^{*}$ ) represents the distance of a galaxy from the main sequence of star-forming galaxies at the given redshift $z$, in terms of the specific star formation rate $\mathrm{sSFR}=\mathrm{SFR} / M^{*}$. The adopted MS description is the one derived by Speagle et al. (2014), which has the simple form of a log-linear function of cosmic time $t$ (Appendix A). We defer to Tacconi et al. (2020) for an exhaustive list of the adopted surveys and references.

For the $z$-GAL sources, the quantities $z, \tau_{\text {dep }}$, and SFR have been computed from the NOEMA spectral lines and continuum measurements and from the Herschel + SCUBA-2 photometry. We can therefore invert this scaling relation (Eq. (12)) to estimate $M^{*}$ for the $z$-GAL galaxies. Appendix A describes this inversion and discusses the possible effect of a metallicitydependent ${ }^{12} \mathrm{CO}$ conversion factor (see also Sect. 4.1). Since some of the sources of our sample are gravitationally lensed, this method can provide an estimate of their stellar mass only modulo a factor $\mu^{E}$, with $\mu$ being the lens magnification and $E=C /(C(0.84+0.026 t)-D)$ a coefficient related to the inversion of Eq. (12), ( $t$ is the age of the Universe at the redshift of the source, expressed in Gyr). For the $z$-GAL sample, $E$ is in the range 1.15 (at the high- $z$ end) and 1.28 (at low $z$ ).

A by-product of this analysis is the distance of each $z$-GAL galaxy from the MS: $\Delta \log (M S)=$ $\log \left(\mu \mathrm{SFR} / \mathrm{sSFR}\left(\mathrm{MS}, z, M^{*}\right)\right)$, also estimated modulo $\mu$. The last three columns of Table B. 2 list the results for the three quantities $\mu^{E} M^{*}, E$, and $\Delta \log (M S)$ and Fig. 12 displays the position of the sources in the $M^{*}$-SFR-z space (left) and in the $\Delta \log (M S)$ versus $\mu^{E} M^{*}$ plane (right).

The uncertainty on $M^{*}$ is computed via standard error propagation, taking into account the uncertainties in SFR and $\tau_{\text {dep }}$, as well as those on the coefficients of the scaling relation. The resulting large error bars are dominated by the $\tau_{\text {dep }}$ term. The arrow in the 4th panel of the $M^{*}$-SFR diagram shows the consequence of applying a magnification correction with $\mu=5$ and $E=1.2$. This correction is basically parallel to the main sequence because the value of $E$ depends on the MS definition (Appendix A).

According to this analysis, the majority of the selected $z$-GAL sources lies above the main sequence of star formation, with only $15 \%$ and $25 \%$ of them having $\Delta \log (M S) \leq \pm 0.3$ or 0.5 dex, respectively, in line with the analysis of the depletion times scales as a function of redshift shown in Fig. 11. The stellar masses $\mu M^{*}$ derived with this method are distributed in the range from few $10^{10}$ to over $10^{12} M_{\odot}$. These extreme values strongly


Fig. 11. Depletion timescale as a function of redshift. The red filled circles represent the $z$-GAL sources, including the Pilot Programme. The small red symbol and error bar in the bottom-right corner represent the typical uncertainty on $\tau_{\text {dep }}$. The grey shaded area is the trend found by Saintonge et al. (2013). The different lines represent the trends found by Tacconi et al. (2020) for MS galaxies ( $\delta_{\mathrm{MS}}= \pm 0.6$ dex, black solid line), starburst galaxies ( $\delta_{\mathrm{MS}}>0.6$ dex, blue dashed line), extreme starbursts ( $\delta_{\mathrm{MS}}>1.2$ dex, purple dotted line), and below-MS galaxies ( $\delta_{\mathrm{MS}}<0.4$ dex, red long-dashed line). The collection of data from the literature includes the same data as in Fig. 10 (see references in the caption).
depend on the possible gravitational lensing amplification $\mu$ and on the adopted parametrisation of the MS (Eqs. (12) and (A.2)).

The distribution of sources as a function of distance from the MS and of $M^{*}$ (right-hand diagram in Fig. 12) reveals a strong selection effect for the $z$-GAL galaxies. Because of the very bright Herschel $500 \mu \mathrm{~m}$ flux cut and the peaked redshift distribution, our sources occupy a tight locus that consists of powerful starbursts at low masses and intersects the MS only at the high mass end. Arguably, the largest lensing magnification corrections occur for galaxies with the largest apparent stellar masses.

High resolution, deeper observations are required to estimate the value of $\mu$ for each source, by means of lens modelling. Future optical-NIR data, also at high angular resolution (in particular with JWST), will sample the stellar emission of these sources and will deblend them from the possible foreground lens. At the same time, optical-NIR spectroscopy will help to constrain also the metallicity of these sources. The combination of these three pieces of information will shed light on the actual stellar mass of the $z$-GAL sources and will be the final test for the scaling inversion method pioneered here.

## 7. Summary and concluding remarks

In this paper we presented a detailed analysis of the $z$-GAL sample, based on NOEMA millimetre observations of both dust continuum and lines emission, and comprising 165 individual sources with robust spectroscopic redshift (Paper I and Neri et al. 2020). The detected spectral emission lines include ${ }^{12} \mathrm{CO}, \mathrm{H}_{2} \mathrm{O}$, and $[\mathrm{CI}]$ transitions; $81 \%$ of the sources have two ${ }^{12} \mathrm{CO}$ lines detected, while $8 \%$ have three. By combining the
spectral information with the continuum results presented in Paper II, we derived the properties of the molecular gas of the sample and constrained the physical nature of these sources. The main findings of this study are as follows:

- The ${ }^{12} \mathrm{CO}$ line luminosity ratios of the $z$-GAL sample and their average SLED normalised by $L_{\text {IR }}$ have shown that the ${ }^{12} \mathrm{CO}$ ladder on average resembles that of high-redshift SMGs and of the local ULIRG Arp 220, that are powered by bursty star formation (Carilli \& Walter 2013; Yang et al. 2017; Rangwala et al. 2011). The analysis of the SLEDs of seven individual $z$-GAL sources with three ${ }^{12} \mathrm{CO}$ transitions detected by NOEMA shows that the molecular gas temperature is in the range $100-250 \mathrm{~K}$ and that its density is between $10^{3.3}$ and $10^{4.0} \mathrm{~cm}^{-3}$, consistent with the values found in other high-redshift SMGs (Yang et al. 2017; Cañameras et al. 2018; Harrington et al. 2021; Stanley et al. 2023).
- In seven $z$-GAL sources the para- $\mathrm{H}_{2} \mathrm{O}\left(2_{11}-2_{02}\right)$ transition has been detected. Including these sources in the water versus $L_{\mathrm{IR}}$ correlation, we derive $L_{\mathrm{H}_{2} \mathrm{O}\left(2_{11}-2_{02}\right)} \sim L_{\mathrm{IR}}^{0.97 \pm 0.08}$, slightly shallower than previous findings (e.g. Yang et al. 2016), but in agreement within the uncertainties of the slope.
- The molecular gas mass of the $z$-GAL sources has been computed from their estimated ${ }^{12} \mathrm{CO}(1-0)$ luminosities, using a conversion factor $\alpha_{\mathrm{CO}}=4.0 M_{\odot}\left(\mathrm{K} \mathrm{km} \mathrm{s}^{-1} \mathrm{pc}^{2}\right)^{-1}$ (following Dunne et al. 2022). The available ${ }^{12} \mathrm{CO}$ transitions have been translated to the ( $1-0$ ) transition by adopting typical line luminosity ratios of SMGs (Carilli \& Walter 2013). The different ${ }^{12} \mathrm{CO}$ transitions available in $z$-GAL produce similar results. The derived masses cover the range $\mu M_{\text {mol }}=10^{11}$ to few $10^{12} M_{\odot}$.


Fig. 12. Analysis of stellar masses, computed by inverting the $\tau_{\text {dep }}$ scaling relation by Tacconi et al. (2020) as explained in Appendix A. Left panel: Position of the $z$-GAL (and pilot) sources in the SFR vs. $M^{*}$ space. The red solid lines depict the MS of star-forming galaxies (Speagle et al. 2014) and the dotted lines mark the $\pm 0.5$ dex region around the MS. Both SFR and $M^{*}$ are determined modulo the unknown magnification factor $\mu$. The arrow in the lower-right panel indicates the effect of applying a magnification correction with $\mu=5$ and $E=1.2$. Right panel: Distance from the $\mathrm{MS}, \Delta \log (\mathrm{MS})=\log \left(\mu \mathrm{SFR} / \mathrm{sSFR}\left(\mathrm{MS}, z, M^{*}\right)\right)$, as a function of stellar mass, $M^{*}$. The dotted horizontal lines represent the range $\pm 0.5$ dex from the MS (dashed line). The position of $z$-GAL galaxies is marked with filled circles and literature data are as in Fig. 10. The median uncertainty of the quantities derived for $z$-GAL galaxies is shown in the bottom left. See Sect. 6 and Appendix A for more details.

- In parallel, molecular gas masses have also been computed from the available [CI] transitions and from the $850 \mu \mathrm{~m}$ restframe continuum. The former produces an estimate of $M_{\text {mol }}$ consistent with ${ }^{12} \mathrm{CO}$ within a factor $\sim 1.5$. The latter gives results consistent with ${ }^{12} \mathrm{CO}$ within $\pm 50 \%$ for only half of the $z$-GAL sample. This result is not unexpected: the $z$-GAL selection is a simple $500 \mu \mathrm{~m}$ flux cut combined with a photometric redshift restriction (Paper I) and produces a rather heterogeneous sample in terms of physical properties. Therefore the assumptions of a single value of $\alpha_{850}$ might not be appropriate for all $z$-GAL galaxies, considering that the range of values found in the literature is as large as a factor of three (Dunne et al. 2022).
- Combining the information derived from the ${ }^{12} \mathrm{CO}$ spectra and the NOEMA continuum (Paper II), we derived the gas-to-dust mass ratio, $\delta_{\mathrm{GDR}}$, of the $z$-GAL sources. The median value is 107 , with a median absolute deviation of 50 , consistent with the values of star-forming galaxies of nearly solar metallicity.
- The same combined analysis of millimetre spectral lines and dust continuum allowed us to build the integrated Kennicutt-Schmidt relation (Schmidt 1959; Kennicutt 1998a) linking the ongoing rate of star formation of the galaxies to their molecular gas reservoir. The ratio of these two quantities is the depletion timescale of the available $M_{\mathrm{mol}}$ at the current SFR and is independent of possible lensing magnification (assuming no differential effects between the dust continuum and the CO emitting regions). The $z$-GAL sources were found to have $\tau_{\text {dep }}$ in the range between 0.1 and 1.0 Gyr , located between the main sequence, where secular star formation takes place, and the above-MS outliers, where starburst events dominate.
- Finally, inverting the scaling relations defined by Genzel et al. (2015) and Tacconi et al. (2020) that link depletion timescales to other physical properties of star-forming galaxies, we estimated the stellar mass content of the $z$-GAL
sources, modulo the possible magnification due to gravitational lensing. The results of this new method confirm that the $z$-GAL sample is mostly composed of sources above the main sequence, powered by strong star formation activity.
Despite the heterogeneity of the $z$-GAL sample, coming from a simple Herschel/SPIRE flux cut and resulting in a variety of sources including possible proto-cluster members, confirmed AGNs, lensed galaxies, multiple systems, interacting pairs, and isolated HyLIRGs (Papers I, II, IV, and Stanley et al. 2023; Berta et al. 2021; Neri et al. 2020), the common denominator of the $z$-GAL survey is that the majority of our objects seem to host powerful starbursts destined to exhaust their molecular gas reservoir over timescales of the order of few $10^{8}$ years.

In addition to the starbursts population, a fraction of the observed objects belong to the main sequence of star formation, where galaxies undergo a more secular evolution rather than being in a short lived starbursting phase. Roughly $25 \%$ of the $z$-GAL sources lie within $\Delta \log (\mathrm{MS})< \pm 0.5$ dex and $\sim 15 \%$ within 0.3 dex.

The broad band capability of NOEMA and its high spectral sensitivity, enabled by the Polyfix correlator, have uncovered the $z$-GAL treasure trove and have made possible - along with Herschel and SCUBA-2 data and VLA follow-up observations - to unveil the star formation properties of these galaxies. Deeper and higher-resolution multi-wavelength observations are now required to study these sources in greater detail. Optical and near-IR data will directly constrain the stellar component, thus corroborating, refining or disproving the estimates of $M^{*}$ presented here. Higher resolution sub-millimetre data will enable to verify the lensed nature of many of these galaxies and reconstruct their structure in the source plane via gravitational lens modelling (e.g. Berta et al. 2021; Borsato et al. 2023). Mid-IR spectroscopy (e.g. with the James Webb Space Telescope) will shed light on feedback and gas accretion mechanisms, probe the dissipation of kinetic energy by turbulence, and unveil the properties of the hot molecular gas and warm dust components of the

ISM in these galaxies. Finally, X-ray and high-energy data (e.g. coming from the all-sky e-Rosita survey), combined with JVLA follow-up, will ultimately characterise the active galactic nuclei identified in some of the $z$-GAL galaxies. The many secrets of the $z$-GAL treasure trove are still to be unveiled.

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## Appendix A: Inversion of the $\tau_{\text {dep }}$ scaling relation in the case of lensed galaxies

Genzel et al. (2015) defined scaling relations linking the depletion timescale and the molecular gas fraction of galaxies to their other fundamental physical properties, redshift $z$, stellar mass $M^{*}$, and distance from the main sequence in terms of specific star formation rate $\operatorname{sSFR} / \operatorname{sSFR}\left(M S, z, M^{*}\right)$, (see also Scoville et al. 2016, 2017; Tacconi et al. 2018). Tacconi et al. (2020) refined these scaling relations using 2052 unlensed star-forming galaxies $z=0$ and $z=5.3$, with stellar masses in the range $\log M^{*}=9.0-12.2$, and distances from the MS between -2.6 and +2.2 dex. The latter parameter indicates that the study has included not only MS galaxies, but also objects below the MS (also considered as 'passive galaxies') as well as outliers above the MS (i.e. starbursts).

By means of variables separation, Tacconi et al. (2020) parametrise the depletion timescale of a galaxy as:
$\log \tau_{\text {dep }}=A+B \log (1+z)+C \log \left(\frac{\mathrm{sSFR}}{\mathrm{sSFR}\left(M S, z, M^{*}\right)}\right)+D\left(\log M^{*}-10.7\right)$,
with $A=+0.21 \pm 0.1, B=-0.98 \pm 0.1, C=-0.49 \pm 0.03$ and $D=+0.03 \pm 0.04$. In this computation, $\tau_{\text {dep }}$ is expressed in units of Gyr and the other quantities in solar units. The parametrisation of the MS adopted in this study is the one defined by Speagle et al. (2014):
$\log$ SFR $\left(\mathrm{MS}, M^{*}, t\right)=(0.84-0.026 t) \log M^{*}-(6.51-0.11 t)$,
where we have omitted the uncertainties on the parameters for simplicity's sake. In this expression, $t$ is the age of the Universe in Gyr at the redshift $z$. Speagle et al. (2014) also provide a parametrisation of the MS as a function of redshift instead of $t$, but they claim that it is less accurate, in addition of being a more complex mathematical expression. The age of the Universe at a given redshift is the difference between its current age $t_{0}$ and the look back time from today to that redshift:
$t(z)=t_{0}-t_{\mathrm{H}} \int_{0}^{z} \frac{d z^{\prime}}{\left(1+z^{\prime}\right) \sqrt{\Omega_{m}\left(1+z^{\prime}\right)^{3}+\Omega_{\Lambda}}}$,
for the cosmology adopted here, and $t_{\mathrm{H}}$ being the Hubble time.
The question is if, given the data in hand, it is possible to invert the Tacconi et al. (2020) scaling relation to derive a first, rough estimate of $M^{*}$. Expliciting Eq. A.1, we obtain:

$$
\begin{aligned}
\log \tau_{\mathrm{dep}} & =A+B \log (1+z)+C \log \left(\frac{\mathrm{SFR}}{M^{*}} \frac{M^{*}}{\mathrm{SFR}\left(\mathrm{MS}, z, M^{*}\right)}\right)+D\left(\log M^{*}-10.7\right) \\
& =A+B \log (1+z)+C \log \left(\frac{\mathrm{SFR}}{\mathrm{SFR}\left(\mathrm{MS}, z, M^{*}\right)}\right)+D\left(\log M^{*}-10.7\right)
\end{aligned}
$$

Inserting Eq. A. 2 we finally get:

$$
\begin{aligned}
\log \tau_{\text {dep }} & =A+B \log (1+z)+C \log \mathrm{SFR}-C\left((0.84-0.026 t) \log M^{*}-(6.51-0.11 t)\right)+D \log M^{*}-10.7 D \\
& =(A-10.7 D)+B \log (1+z)+C \log \mathrm{SFR}-(C(0.84-0.026 t)-D) \log M^{*}+C(6.51-0.11 t)
\end{aligned}
$$

Knowing the values of $\tau_{\mathrm{dep}}, z, t(z)$ and SFR, we obtain an estimate of $M^{*}$ by inverting the last equation:
$\log M^{*}=\frac{(A-10.7 D)+B \log (1+z)+C \log \mathrm{SFR}+C(6.51-0.11 t)-\log \tau_{\text {dep }}}{C(0.84-0.026 t)-D}$.
Some $z$-GAL sources are gravitationally lensed (Paper IV and Berta et al. 2021) and SFR is only known modulo their magnification $\mu$. In such a case, Eq. A. 4 needs to be adapted: the multiplicative factor $\mu$ enters in the $\log$ SFR term and consequently an equivalent term must be added in the $M^{*}$ side of the equation:
$\log M^{*}+\frac{C \log \mu}{C(0.84+0.026 t)-D}=\frac{(A-10.7 D)+B \log (1+z)+C \log (\mu \mathrm{SFR})+C(6.51-0.11 t)-\log \tau_{\text {dep }}}{C(0.84-0.026 t)-D}$.
We define the extra term $E=C /(C(0.84+0.026 t)-D)$, which for the $z$-GAL sources has values in the range 1.15 (at the high- $z$ end of the sample) and 1.28 (at low $z$ ). Thus this method allows us to estimate the quantity $\mu^{E} M^{*}$ only, until a measurement of magnification will be available.

## A.1. The effect of metallicity

As mentioned in Sect. 4.1, Tacconi et al. (2020) adopted a metallicity-dependent ${ }^{12} \mathrm{CO}$ conversion factor, but the $z$-GAL data do not include any information about the sample's metallicity. In the case of dusty star-forming galaxies, such as the $z$-GAL sources, selected with a bright far-IR flux cut, metallicity is expected to be high and not too dissimilar from the MW value. Berta et al. (2016) and Magdis et al. (2012) studied the metallicity and $\delta_{\mathrm{GDR}}$ of high-z star-forming galaxies detected by Herschel, including MS and BzK galaxies, SMGs and lensed sources. The metallicities of these sources were shown to be nearly solar or slightly sub-solar (down to $0.5 \mathrm{Z}_{\odot}$; see also Swinbank et al. 2004; Nagao et al. 2012; Rowlands et al. 2014; Yang et al. 2017).

We can evaluate the systematic offset that a sub-solar metallicty (e.g. $0.5 \mathrm{Z}_{\odot}$ ) would induce on stellar mass. The metallicity dependence of $\alpha_{\mathrm{CO}}$ adopted by Tacconi et al. $(2020,2018)$ is the geometrical average between the Genzel et al. (2012) and Bolatto et al. (2013) functions. At half-solar metallicity (corresponding to $12+\log (\mathrm{O} / \mathrm{H}) \simeq 8.4$ in the Pettini \& Pagel 2004 scale), the conversion factor is 1.73 times larger than at $\mathrm{Z}_{\odot}$, and so is the depletion timescale. Plugging this correction in Eq. A.4, it turns out that the effect on stellar mass would be an increase by $\sim 0.6$ dex at $z=1-3$, with the exact value of this shift slightly depending on redshift.

## Appendix B: Tables including results

Table B.1. Values of $L_{12 \mathrm{CO}}^{\prime}$ of all detected transitions of the $z$-GAL sources.

| Source | redshift | $\mu L_{12}^{\prime} \mathrm{CO}$ [10 $\left.{ }^{10} \mathrm{~K} \mathrm{~km} \mathrm{~s}^{-1} \mathrm{pc}^{2}\right]$ |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $(2-1)$ | $(3-2)$ | $(4-3)$ | (5-4) | (6-5) | $(7-6)$ | $(8-7)$ |
| HeLMS-1 | 1.9047 | $19.63 \pm 1.19$ | - | $14.55 \pm 0.68$ | - | - | - | - |
| HeLMS-3 | 1.4199 | $31.35 \pm 2.40$ | $25.69 \pm 1.92$ | - | - | - | - | - |
| HeLMS-11 | 2.4834 | - | $15.89 \pm 1.38$ | $12.92 \pm 1.04$ | - | - | - | - |
| HeLMS-12 | 2.3699 | - | $33.31 \pm 2.33$ | $31.19 \pm 2.01$ | - | - | - | - |
| HeLMS-14 | 1.6168 | $30.59 \pm 1.85$ | $22.07 \pm 1.36$ | - | - | - | - | - |
| HeLMS-16 | 2.8187 | - | $22.17 \pm 3.17$ | - | - | - | - | - |
| HeLMS-17 E | 2.2983 | - | - | $1.20 \pm 0.27$ | - | $0.94 \pm 0.23$ | - | - |
| HeLMS-17 W | 2.2972 | - | - | $5.18 \pm 0.40$ | - | $5.02 \pm 0.28$ | - | - |
| HeLMS-17 E+W | 2.2980 | - | - | $6.38 \pm 0.48$ | - | $5.97 \pm 0.36$ | - | - |
| HeLMS-19 E | 4.6871 | - | - | $7.87 \pm 2.11$ | $3.42 \pm 0.85$ | - | $2.88 \pm 0.69$ | - |
| HeLMS-19 W | 4.6882 | - | - | $9.30 \pm 2.01$ | $2.47 \pm 0.44$ | - | $4.68 \pm 0.78$ | - |
| HeLMS-19 E+W | 4.6880 | - | - | $17.18 \pm 2.92$ | $5.89 \pm 0.95$ | - | $7.56 \pm 1.04$ | - |
| HeLMS-20 | 2.1947 | - | - | $6.09 \pm 1.17$ | - | - | - | - |
| HeLMS-21 | 2.7710 | - | $8.20 \pm 0.73$ | - | $9.37 \pm 0.76$ | - | - | - |
| HeLMS-23 | 1.4888 | $7.16 \pm 0.88$ | $6.99 \pm 0.57$ | - | - | - | - | - |
| HeLMS-24 | 4.9841 | - | - | $35.26 \pm 3.89$ | $23.50 \pm 2.15$ | - | - | - |
| HeLMS-25 | 2.1408 | $5.52 \pm 1.00$ | - | $4.93 \pm 0.68$ | - | - | - | - |
| HeLMS-26 E | 2.6899 | - | $1.35 \pm 0.54$ | - | $2.29 \pm 0.61$ | - | - | - |
| HeLMS-26 W | 2.6875 | - | $3.43 \pm 1.16$ | - | $3.91 \pm 1.04$ | - | - | - |
| HeLMS-26 E+W | 2.6890 | - | $4.79 \pm 1.28$ | - | $6.21 \pm 1.21$ | - | - | - |
| HeLMS-27 | 3.7652 | - | $\pm$ | $6.05 \pm 1.05$ | - | $9.41 \pm 1.30$ | - | - |
| HeLMS-28 | 2.5327 | - | $4.19 \pm 0.45$ | - | - | - | - | - |
| HeLMS-30 | 1.8198 | $14.34 \pm 1.14$ |  | $9.44 \pm 0.74$ | - | - | - | - |
| HeLMS-31 | 1.9495 | $24.69 \pm 2.39$ | - | $13.02 \pm 1.23$ | - | - | - | - |
| HeLMS-32 | 1.7153 | $6.44 \pm 1.50$ | $2.86 \pm 0.76$ | - | - | - | - | - |
| HeLMS-34 | 2.2715 | - | $7.55 \pm 0.43$ | $6.67 \pm 0.36$ | - | - | - | - |
| HeLMS-35 | 1.6684 | $8.46 \pm 1.39$ | $13.22 \pm 1.44$ | - | - | - | - | - |
| HeLMS-36 | 3.9802 | - | - | $4.47 \pm 0.98$ | $4.41 \pm 0.95$ | $3.08 \pm 0.57$ | - | - |
| HeLMS-37 | 2.7576 | - | $3.14 \pm 0.52$ | - | $2.90 \pm 0.45$ | - | - | - |
| HeLMS-38 | 2.1898 | $11.91 \pm 1.71$ | $11.59 \pm 1.79$ | $6.64 \pm 1.04$ | - | - | - | - |
| HeLMS-39 | 2.7658 | - | $10.72 \pm 1.46$ | - | $5.80 \pm 0.80$ | - | - | - |
| HeLMS-40 E | 3.1445 | - | $6.30 \pm 1.25$ | - | $5.46 \pm 0.76$ | - | - | - |
| HeLMS-40 W | 3.1395 | - | $5.54 \pm 1.50$ | - | $3.34 \pm 0.72$ | - | - | - |
| HeLMS-40 E+W | 3.1400 | - | $11.83 \pm 1.95$ | - | $8.79 \pm 1.04$ | - | - | - |
| HeLMS-41 | 2.3353 | - | $6.34 \pm 1.06$ | $5.50 \pm 0.85$ | - | - | - | - |
| HeLMS-42 | 1.9558 | $9.51 \pm 2.95$ | - | $3.27 \pm 0.90$ | - | - | - | - |
| HeLMS-43 | 2.2912 | - | $9.02 \pm 2.91$ | $3.59 \pm 0.94$ | - | - | - | - |
| HeLMS-44 | 1.3702 | $4.07 \pm 0.76$ | $3.79 \pm 0.46$ | - | - | - | - | - |
| HeLMS-45 | 5.3998 | - | - | - | $28.38 \pm 5.32$ | - | - | $6.90 \pm 1.11$ |
| HeLMS-46 | 2.5772 | - | $8.69 \pm 1.33$ | $7.11 \pm 1.13$ | - | - | - | - |
| HeLMS-47 | 2.2232 | $13.48 \pm 1.51$ | - | $10.73 \pm 1.07$ | - | - | - | - |
| HeLMS-48 | 3.3514 | - | $8.77 \pm 1.78$ | $9.18 \pm 1.31$ | $5.87 \pm 0.82$ | - | - | - |
| HeLMS-49 | 0.0000 | - | - | - | - | - | - | - |
| HeLMS-50 | 2.0532 | - | $7.49 \pm 1.82$ | $6.28 \pm 1.23$ | - | - | - | - |
| HeLMS-51 | 2.1559 | - | - | $8.32 \pm 1.40$ | - | - | - | - |
| HeLMS-52 | 2.2092 | - | $8.91 \pm 1.02$ | $6.61 \pm 0.67$ | - | - | - | - |
| HeLMS-54 | 2.7070 | - | $2.81 \pm 0.90$ | - | - | - | - | - |
| HeLMS-55 | 2.2834 | - | $13.02 \pm 3.42$ | $7.79 \pm 1.26$ | - | - | - | - |
| HeLMS-56 | 3.3909 | - | $5.37 \pm 1.02$ | $6.17 \pm 0.86$ | - | - | - | - |
| HeLMS-57 | 1.9817 | $14.09 \pm 3.02$ |  | $6.60 \pm 1.29$ | - | - | - | - |
| HerS-2 | 2.0149 | $34.30 \pm 3.38$ | - | $16.86 \pm 1.81$ | - | - | - | - |
| HerS-3 NE | 3.0608 | - | $18.19 \pm 1.58$ |  | $7.44 \pm 0.84$ | - | - | - |
| HerS-3 SW | 3.0606 | - | $6.94 \pm 0.72$ | - | $6.81 \pm 0.83$ | - | - | - |
| HerS-5 | 1.4491 | $8.14 \pm 0.46$ | $7.73 \pm 0.50$ | - | - | - | - | - |
| HerS-7 | 1.9838 | $20.07 \pm 4.42$ | - | $7.29 \pm 1.17$ | - | - | - | - |
| HerS-8 | 2.2431 | - | $3.23 \pm 0.85$ | $4.38 \pm 0.89$ | - | - | - | - |
| HerS-9 | -99.99 | - | - | - | - | - | - | - |
| HerS-10 | 2.4690 | - | $9.52 \pm 0.80$ | - | - | - | - | - |
| HerS-11 | 4.6618 | - | - | $9.07 \pm 2.36$ | - | - | $8.70 \pm 1.95$ | - |
| HerS-12 | 2.2707 | - | $14.95 \pm 2.26$ | $12.12 \pm 2.07$ | - | - | - | - |
| HerS-13 | 2.4759 | - | $13.79 \pm 1.95$ | - | - | - | - | - |
| HerS-14 | 3.3441 | - | $18.41 \pm 2.76$ | $19.19 \pm 2.21$ | $16.56 \pm 1.00$ | - | - | - |
| HerS-15 | 2.3019 | - | $7.40 \pm 0.65$ | $6.41 \pm 0.63$ | - | - | - | - |
| HerS-16 | 2.1971 | - | - | $10.15 \pm 0.72$ | - | - | - | - |
| HerS-17 | 3.0186 | - | $18.43 \pm 1.78$ | - | $11.74 \pm 0.77$ | - | - | - |
| HerS-18 E | 1.6926 | $18.21 \pm 1.74$ | $12.28 \pm 0.81$ | - | - | - | - | - |
| HerS-19 SE | -99.99 | - | - | - | - | - | - | - |
| HerS-19 W | -99.99 | - | - | - | - | - | - | - |
| HerS-20 | 2.0792 | $10.88 \pm 1.00$ | - | $16.33 \pm 2.66$ | - | - | - | - |

Table B.1. Continued.

| Source | redshift | $(2-1)$ | $(3-2)$ | $\begin{aligned} & \mu L_{12 \mathrm{CO}}^{\prime}{ }^{[1} \\ & (4-3) \\ & \hline \end{aligned}$ | $\begin{gathered} 10 \mathrm{~K} \mathrm{~km} \mathrm{~s}^{-} \\ (5-4) \end{gathered}$ | $\left.c^{2}\right] \quad(6-5)$ | (7-6) | $(8-7)$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HerBS-38 SE | 2.4775 | - | $7.36 \pm 0.74$ | - | - | - | - | - |
| HerBS-38 NE | 6.5678 | - | - | - | - | - | $2.11 \pm 0.68$ | - |
| HerBS-38 W | 2.4158 | - | $5.34 \pm 0.90$ | $2.10 \pm 3.82$ | - | - | - | - |
| HerBS-46 | 1.8349 | $8.75 \pm 1.34$ | - | $3.28 \pm 0.44$ | - | - | - | - |
| HerBS-48 | 3.1438 | - | $17.95 \pm 3.45$ | - | $9.29 \pm 1.33$ | - | - | - |
| HerBS-50 | 2.9280 | - | $11.39 \pm 1.11$ | - | $6.44 \pm 0.48$ | - | - | - |
| HerBS-51 | 2.1827 | - | $3.59 \pm 0.32$ | $3.22 \pm 0.15$ | - | - | - | - |
| HerBS-53 E | 1.4222 | $2.10 \pm 0.39$ | $1.60 \pm 0.39$ | - | - | - | - | - |
| HerBS-53 W | 1.4236 | $3.25 \pm 0.84$ | $3.73 \pm 0.82$ | - | - | - | - | - |
| HerBS-53 E+W | 1.4200 | $5.33 \pm 0.92$ | $5.31 \pm 0.90$ | - | - | - | - | - |
| HerBS-61 | 3.7293 | - | $9.87 \pm 1.78$ | $7.67 \pm 1.26$ | - | $4.86 \pm 0.69$ | - | - |
| HerBS-62 | 2.5738 | - | $20.68 \pm 2.15$ | $16.03 \pm 1.29$ | - | - | - | - |
| HerBS-65 | 2.6858 | - | $6.16 \pm 1.85$ | - | $6.71 \pm 1.50$ | - | - | - |
| HerBS-72 | 3.6380 | - | - | $7.55 \pm 0.78$ | - | $2.67 \pm 0.30$ | - | - |
| HerBS-74 | 2.5610 | - | $6.36 \pm 1.35$ | $2.02 \pm 0.44$ | - | - | - | - |
| HerBS-76 E | 2.3302 | - | $9.10 \pm 0.91$ | $6.82 \pm 0.77$ | - | - | - | - |
| HerBS-76 W | 2.3319 | - | $2.27 \pm 0.67$ | $2.15 \pm 0.65$ | - | - | - | - |
| HerBS-78 | 3.7344 | - | $7.19 \pm 1.12$ | $7.57 \pm 0.74$ | - | $3.38 \pm 0.38$ | - |  |
| HerBS-82 | 2.0583 | - | - | $5.58 \pm 0.49$ | - | - | - |  |
| HerBS-83 | 3.9438 | - | - | $4.98 \pm 1.38$ | - | $2.91 \pm 0.72$ | - | - |
| HerBS-85 | 2.8169 | - | $9.39 \pm 1.59$ | - | $3.44 \pm 0.71$ | - | - | - |
| HerBS-91 E | 2.4047 | - | $5.43 \pm 0.80$ | $3.48 \pm 0.45$ | - | - | - | - |
| HerBS-91 C | 2.4047 | - | $3.06 \pm 0.61$ | $2.37 \pm 0.43$ | - | - | - |  |
| HerBS-91 E+C | 2.4050 | - | $8.49 \pm 1.00$ | $5.86 \pm 0.62$ | - | - | - | - |
| HerBS-92 | 3.2644 | - | $16.27 \pm 4.57$ | - | $6.59 \pm 1.65$ | - | - | - |
| HerBS-105 | 2.6695 | - | $4.88 \pm 0.80$ | - | $2.42 \pm 0.47$ | - | - | - |
| HerBS-108 | 3.7168 | - | $1.90 \pm 0.65$ | $10.39 \pm 1.22$ | - | $5.37 \pm 0.64$ | - | - |
| HerBS-109 NE | 2.8385 | - | $2.96 \pm 0.76$ | + | $1.84 \pm 0.56$ |  | - | - |
| HerBS-109 NW | 1.5850 | $5.61 \pm 0.99$ | $4.38 \pm 0.87$ | - | - | - | - | - |
| HerBS-109 S | 1.5843 | $3.18 \pm 0.68$ | $3.19 \pm 0.64$ | - | - | - | - | - |
| HerBS-110 | 2.6816 | - | $8.76 \pm 0.92$ | - | $4.08 \pm 0.36$ | - | - | - |
| HerBS-115 | 2.3696 | - | $7.63 \pm 0.90$ | $5.73 \pm 0.65$ | - | - | - | - |
| HerBS-116 E+W | 3.1547 | - | $15.19 \pm 2.87$ | - | $7.50 \pm 1.58$ | - | - | - |
| HerBS-124 E | 2.2781 | - | $1.60 \pm 0.64$ | $1.39 \pm 0.57$ | - | - | - | - |
| HerBS-124 W | 2.2772 | - | $6.57 \pm 0.73$ | $5.92 \pm 0.74$ | - | - | - | - |
| HerBS-124 E+W | 2.2780 | - | $8.17 \pm 0.97$ | $7.31 \pm 0.93$ | - | - | - | - |
| HerBS-125 | 2.5739 | - | $8.21 \pm 1.08$ | $7.64 \pm 1.01$ | - | - | - | - |
| HerBS-126 | 2.5875 | - | $7.41 \pm 1.19$ | $1.63 \pm 0.33$ | - | - | - | - |
| HerBS-127 | 3.1958 | - | $12.43 \pm 4.57$ | - | $4.68 \pm 1.87$ | - | - | - |
| HerBS-128 | 2.0682 | - | $6.24 \pm 0.79$ | $3.12 \pm 0.39$ | - | - | - | - |
| HerBS-129 | 3.3077 | - | $17.00 \pm 1.79$ | - | $5.51 \pm 0.55$ | - | - | - |
| HerBS-134 | 3.1725 | - | $12.48 \pm 4.21$ | - | $4.39 \pm 1.35$ | - | - | - |
| HerBS-136 | 3.2884 | - | $5.49 \pm 0.86$ | - | $3.43 \pm 0.39$ | - | - | - |
| HerBS-137 | 3.0408 | - | $6.86 \pm 1.80$ | - | $2.20 \pm 0.73$ | - | - | - |
| HerBS-140 | 2.7807 | - | $2.82 \pm 0.37$ | - | $2.25 \pm 0.24$ | - | - | - |
| HerBS-143 | 2.2406 | - | $4.04 \pm 0.57$ | $3.08 \pm 0.43$ | - | - | - | - |
| HerBS-147 | 3.1150 | - | $9.85 \pm 2.96$ | - | $5.34 \pm 1.15$ | - | - | - |
| HerBS-149 | 2.6650 | - | $8.70 \pm 1.14$ | - | $7.46 \pm 0.89$ | - | - | - |
| HerBS-150 E | 3.6732 | - | - | $3.72 \pm 0.83$ | - | $3.09 \pm 0.82$ | - | - |
| HerBS-150 W | 3.6787 | - | - | $5.33 \pm 1.16$ | - | - | - | - |
| HerBS-150 C | 3.6682 | - | - | $0.94 \pm 0.36$ | - | - | - | - |
| HerBS-150 E+W+C | 3.6700 | - | - | $9.96 \pm 1.47$ | - | - | - |  |
| HerBS-153 | 3.1502 | - | $4.46 \pm 0.55$ | - | $6.72 \pm 0.60$ | - | - | - |
| HerBS-157 | 1.8971 | $7.25 \pm 1.56$ | - | $1.65 \pm 0.26$ | - | - | - | - |
| HerBS-162 SW | 2.4739 | - | $4.26 \pm 0.84$ | $2.71 \pm 0.47$ | - | - | - | - |
| HerBS-162 NE | 2.4742 | - | $3.95 \pm 0.90$ | $1.04 \pm 0.26$ | - | - | - | - |
| HerBS-164 | 2.0126 | $5.48 \pm 1.42$ | - | $4.28 \pm 0.88$ | - | - | - | - |
| HerBS-165 | 2.2254 | - | $2.54 \pm 0.59$ | $2.21 \pm 0.35$ | - | - | - | - |
| HerBS-167 | 2.2144 | - | $2.91 \pm 0.75$ | $1.51 \pm 0.39$ | - | - | - | - |
| HerBS-169 | 2.6986 | - | $6.52 \pm 0.82$ | - | - | - | - | - |
| HerBS-171 | 2.4793 | - | $3.20 \pm 0.67$ | $2.21 \pm 0.49$ | - | - | - |  |
| HerBS-172 | 2.9246 | - | $5.95 \pm 0.98$ | - | $1.18 \pm 0.18$ | - | - | - |
| HerBS-175 | 3.1575 | - | $17.52 \pm 2.77$ | - | $0.78 \pm 0.16$ | - | - | - |
| HerBS-176 | 2.9805 | - | $16.63 \pm 2.43$ | - | $8.61 \pm 1.39$ | - | - | - |
| HerBS-177 | 3.9625 | - | - | $13.69 \pm 2.00$ | - | $9.00 \pm 1.36$ | - | - |
| HerBS-179 | 3.9423 | - | - | $9.74 \pm 1.82$ | - | $6.67 \pm 1.01$ | - | - |
| HerBS-180 | 1.4527 | $5.15 \pm 0.76$ | $2.26 \pm 0.49$ | - | - | - | - | - |
| HerBS-183 | 1.8919 | $4.20 \pm 0.42$ | - | $3.79 \pm 0.38$ | - | - | - | - |
| HerBS-185 | 4.3238 | - | - | - | - | - | $2.97 \pm 0.61$ | - |
| HerBS-187 E | 1.8285 | $9.28 \pm 1.78$ | - | $3.77 \pm 0.70$ | - | - | - | - |
| HerBS-187 W | 1.8274 | $2.66 \pm 0.89$ | - | $2.02 \pm 0.52$ | - | - | - | - |
| HerBS-187 E+W | 1.8280 | $11.93 \pm 1.98$ | - | $5.79 \pm 0.87$ | - | - | - | - |

Table B.1. Continued.

| Source | redshift | $\mu L_{12 \mathrm{CO}}^{\prime}\left[10^{10} \mathrm{Kkm} \mathrm{~s}^{-1} \mathrm{pc}^{2}\right]$ |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $(2-1)$ | $(3-2)$ | $(4-3)$ | (5-4) | $(6-5)$ | $(7-6)$ | $(8-7)$ |
| HerBS-188 | 2.7675 | - | $7.86 \pm 1.54$ | - | $3.70 \pm 0.77$ | - | - | - |
| HerBS-190 | 2.5890 | - | $11.48 \pm 1.52$ | $7.98 \pm 1.36$ | - | - | - | - |
| HerBS-191 | 3.4428 | - | - | $10.56 \pm 1.96$ | $5.28 \pm 0.81$ | - | - | - |
| HerBS-193 | 3.6951 | - | $4.61 \pm 0.91$ | $4.71 \pm 0.36$ | - | $2.50 \pm 0.16$ | - | - |
| HerBS-194 N | 2.3335 | - | $2.18 \pm 0.64$ | $3.17 \pm 0.80$ | - | - | - | - |
| HerBS-194 S | 2.3316 | - | $1.15 \pm 0.42$ | $0.58 \pm 0.22$ | - | - | - | - |
| HerBS-194 N+S | 2.3330 | - | $3.33 \pm 0.76$ | $3.75 \pm 0.83$ | - | - | - | - |
| HerBS-197 | 2.4170 | - | $8.34 \pm 1.13$ | $6.79 \pm 0.51$ | - | - | - | - |
| HerBS-199 E | 1.9248 | $9.63 \pm 2.82$ | - | $3.71 \pm 0.74$ | - | - | - | - |
| HerBS-199 W | 1.9197 | $2.42 \pm 2.18$ | - | $3.33 \pm 1.00$ | - | - | - | - |
| HerBS-199 E+W | 1.9200 | $12.01 \pm 3.56$ | - | $7.02 \pm 1.25$ | - | - | - | - |
| HerBS-201 | 4.1408 | - | - | $5.11 \pm 1.09$ | - | - | $1.64 \pm 0.31$ | - |
| HerBS-202 | 2.0222 | $8.02 \pm 1.65$ | - | $3.53 \pm 0.24$ | - | - | - | - |
| HerBS-204 E | 3.4937 | - | - | $3.37 \pm 0.60$ | $2.71 \pm 0.49$ | - | - | - |
| HerBS-204 W | 3.4933 | - | - | $4.40 \pm 0.53$ | $4.42 \pm 0.66$ | - | - | - |
| HerBS-204 E+W | 3.4935 | - | - | $7.77 \pm 0.80$ | $7.13 \pm 0.82$ | - | - | - |
| HerBS-205 NE | 2.9600 | - | $5.71 \pm 0.95$ | - | $1.50 \pm 0.21$ | - | - | - |
| HerBS-205 SE | 2.9599 | - | $2.99 \pm 0.59$ | - | $0.82 \pm 0.13$ | - | - | - |
| HerBS-205 W | 2.9630 | - | $1.22 \pm 0.54$ | - | $0.93 \pm 0.26$ | - | - | - |
| HerBS-205 NE+SE+W | 2.9600 | - | $9.92 \pm 1.24$ | - | $3.25 \pm 0.36$ | - | - | - |
| HerBS-206 | 2.8122 | - | $2.25 \pm 0.33$ | - | $1.38 \pm 0.19$ | - | - | - |
| HerBS-34 | 2.6637 | - | $10.63 \pm 1.52$ | - | $11.49 \pm 1.09$ | - | - | - |
| HerBS-43 a | 3.2121 | - | - | $11.59 \pm 2.31$ | $12.40 \pm 1.48$ | - | - | - |
| HerBS-43 b | 4.0543 | - | - | $7.12 \pm 1.26$ | $4.02 \pm 0.81$ | $8.94 \pm 1.68$ | - | - |
| HerBS-44 | 2.9268 | - | $21.78 \pm 2.22$ | - | $19.87 \pm 1.91$ | - | - | - |
| HerBS-54 | 2.4417 | - | $14.09 \pm 1.31$ | $15.67 \pm 1.47$ | - | - | - | - |
| HerBS-58 | 2.0842 | - | $13.20 \pm 2.49$ | $7.28 \pm 2.10$ | - | - | - | - |
| HerBS-70 E | 2.3077 | - | $5.35 \pm 1.49$ | $5.69 \pm 0.50$ | - | - | - | - |
| HerBS-70 W | 2.3115 | - | $5.07 \pm 0.89$ | $3.36 \pm 0.50$ | - | - | - | - |
| HerBS-79 | 2.0782 | - | $10.16 \pm 1.98$ | $7.66 \pm 0.70$ | - | - | - | - |
| HerBS-89a | 2.9497 | - | $18.01 \pm 2.70$ | - | $13.62 \pm 1.30$ | - | - | - |
| HerBS-95 E | 2.9718 | - | $4.56 \pm 0.46$ | - | $5.91 \pm 0.49$ | - | - | - |
| HerBS-95 W | 2.9729 | - | $10.95 \pm 1.82$ | - | $5.75 \pm 0.49$ | - | - | - |
| HerBS-113 | 2.7870 | - | $25.00 \pm 4.92$ | - | $19.92 \pm 2.07$ | - | - | - |
| HerBS-154 | 3.7070 | - | - | - | - | $12.39 \pm 1.14$ | - | - |
| HerBS-204 | 0.0000 | - | - | - | - | - | - | - |

Table B.2.

| Source | Lowest CO <br> Transition | $\begin{gathered} \mu L_{12 \mathrm{CO}(1-0)}^{\prime} \\ {\left[10^{10} \mathrm{~K} \mathrm{~km} \mathrm{~s}^{-1} \mathrm{pc}^{2}\right]} \\ \hline \end{gathered}$ | $\begin{gathered} \mu M_{\text {mol }}{ }^{12} \mathrm{Co} \\ {\left[10^{11} M_{\odot}\right]} \\ \hline \end{gathered}$ | $\begin{gathered} \mu M_{\mathrm{mol}, 850 \mu \mathrm{~m}} \\ {\left[10^{11} M_{\odot}\right]} \\ \hline \end{gathered}$ | $\delta_{\text {GDR, }}{ }^{12} \mathrm{CO}$ | $\begin{gathered} \mu L_{\mathrm{IR}} \\ {\left[10^{11} L_{\odot}\right]} \\ \hline \end{gathered}$ | $\begin{gathered} \mu \mathrm{SFR} \\ {\left[M_{\odot} \mathrm{yr}^{-1}\right]} \\ \hline \end{gathered}$ | $\begin{aligned} & \tau_{\mathrm{dep}, 12}{ }^{12} \mathrm{Co} \\ & {\left[10^{9} \mathrm{yr}\right]} \\ & \hline \end{aligned}$ | $\begin{gathered} \mu^{E} M^{*} \\ {\left[10^{11} M_{\odot}\right]} \\ \hline \end{gathered}$ | E | $\log (\mu \mathrm{SFR} / \operatorname{SFR}(M S))$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HeLMS-1 | 2-1 | $23.09 \pm 1.40$ | $9.24 \pm 0.56$ | $13.26 \pm 0.89$ | $63.32 \pm 18.60$ | $467.39 \pm 32.02$ | $5094.58 \pm 498.67$ | $0.18 \pm 0.05$ | $4.72 \pm 3.61$ | 1.23 | $1.08 \pm 0.58$ |
| HeLMS-3 | 2-1 | $36.89 \pm 2.82$ | $14.75 \pm 1.13$ | $12.16 \pm 1.37$ | $105.36 \pm 18.63$ | $387.38 \pm 37.81$ | $4222.45 \pm 588.77$ | $0.35 \pm 0.05$ | $23.13 \pm 11.58$ | 1.27 | $0.69 \pm 0.39$ |
| HeLMS-11 | 3-2 | $24.07 \pm 2.10$ | $9.63 \pm 0.84$ | $20.84 \pm 1.58$ | $70.54 \pm 13.01$ | $318.67 \pm 14.77$ | $3473.50 \pm 229.93$ | $0.28 \pm 0.04$ | $8.48 \pm 3.74$ | 1.20 | $0.56 \pm 0.35$ |
| HeLMS-12 | 3-2 | $50.47 \pm 3.54$ | $20.19 \pm 1.42$ | $9.98 \pm 1.29$ | $271.50 \pm 78.34$ | $337.84 \pm 18.07$ | $3682.43 \pm 281.42$ | $0.55 \pm 0.14$ | $48.41 \pm 33.49$ | 1.21 | $0.03 \pm 0.54$ |
| HeLMS-14 | 2-1 | $35.99 \pm 2.17$ | $14.40 \pm 0.87$ | $7.36 \pm 1.33$ | $146.60 \pm 30.45$ | $195.88 \pm 14.12$ | $2135.10 \pm 219.83$ | $0.67 \pm 0.08$ | $48.13 \pm 20.40$ | 1.25 | $0.06 \pm 0.33$ |
| HeLMS-16 | 3-2 | $33.60 \pm 4.81$ | $13.44 \pm 1.92$ | $7.42 \pm 1.23$ | $220.62 \pm 50.15$ | $425.34 \pm 19.46$ | $4636.20 \pm 303.08$ | $0.29 \pm 0.05$ | $13.80 \pm 6.63$ | 1.19 | $0.45 \pm 0.38$ |
| HeLMS-17 E | 4-3 | $2.60 \pm 0.58$ | $1.04 \pm 0.23$ | - | - | - | - | - | - | - | - |
| HeLMS-17 W | 4-3 | $11.26 \pm 0.87$ | $4.50 \pm 0.35$ | - | - | - | - | - | - | - | - |
| HeLMS-17 E+W | 4-3 | $13.86 \pm 1.04$ | $5.55 \pm 0.42$ | $7.98 \pm 1.21$ | $85.98 \pm 14.88$ | $331.14 \pm 19.47$ | $3609.41 \pm 303.12$ | $0.15 \pm 0.02$ | $2.05 \pm 0.83$ | 1.21 | $1.09 \pm 0.32$ |
| HeLMS-19 E | 4-3 | $17.12 \pm 4.59$ | $6.85 \pm 1.84$ | - | - | - | - | - | - | - | - |
| HeLMS-19 W | 4-3 | $20.22 \pm 4.37$ | $8.09 \pm 1.75$ | - | - | - | - | - | - | - | - |
| HeLMS-19 E+W | 4-3 | $37.34 \pm 6.34$ | $14.94 \pm 2.54$ | $9.47 \pm 1.76$ | $514.65 \pm 229.89$ | $830.36 \pm 46.08$ | $9050.92 \pm 717.48$ | $0.17 \pm 0.07$ | $11.35 \pm 11.96$ | 1.15 | $0.60 \pm 0.85$ |
| HeLMS-20 | 4-3 | $13.23 \pm 2.53$ | $5.29 \pm 1.01$ | $9.24 \pm 0.81$ | $68.36 \pm 16.05$ | $267.58 \pm 14.73$ | $2916.61 \pm 229.40$ | $0.18 \pm 0.04$ | $2.38 \pm 1.40$ | 1.21 | $0.97 \pm 0.46$ |
| HeLMS-21 | 3-2 | $12.42 \pm 1.11$ | $4.97 \pm 0.44$ | $10.13 \pm 1.41$ | $111.30 \pm 75.58$ | $497.67 \pm 25.94$ | $5424.60 \pm 403.97$ | $0.09 \pm 0.06$ | $1.01 \pm 1.65$ | 1.19 | $1.41 \pm 1.28$ |
| HeLMS-23 | 2-1 | $8.42 \pm 1.04$ | $3.37 \pm 0.42$ | $5.44 \pm 1.03$ | $69.34 \pm 20.21$ | $280.11 \pm 35.03$ | $3053.19 \pm 545.39$ | $0.11 \pm 0.03$ | $0.75 \pm 0.56$ | 1.27 | $1.60 \pm 0.58$ |
| HeLMS-24 | 4-3 | $76.66 \pm 8.45$ | $30.66 \pm 3.38$ | $27.06 \pm 3.36$ | $482.22 \pm 136.89$ | $772.88 \pm 49.45$ | $8424.42 \pm 770.02$ | $0.36 \pm 0.06$ | $71.37 \pm 37.14$ | 1.15 | $-0.10 \pm 0.43$ |
| HeLMS-25 | 2-1 | $6.49 \pm 1.17$ | $2.60 \pm 0.47$ | $7.64 \pm 1.03$ | $38.64 \pm 18.97$ | $266.93 \pm 16.65$ | $2909.50 \pm 259.23$ | $0.09 \pm 0.04$ | $0.41 \pm 0.49$ | 1.22 | $1.57 \pm 0.92$ |
| HeLMS-26 E | 3-2 | $2.05 \pm 0.82$ | $0.82 \pm 0.33$ | - | - | - | - | - | - | - | - |
| HeLMS-26 W | 3-2 | $5.20 \pm 1.75$ | $2.08 \pm 0.70$ | - | - | - | - | - | - | - | - |
| HeLMS-26 E+W | 3-2 | $7.25 \pm 1.94$ | $2.90 \pm 0.77$ | $5.07 \pm 1.59$ | $80.85 \pm 76.65$ | $267.36 \pm 59.91$ | $2914.26 \pm 932.96$ | $0.10 \pm 0.09$ | $0.58 \pm 1.32$ | 1.19 | $1.34 \pm 1.80$ |
| HeLMS-27 | 4-3 | $13.16 \pm 2.29$ | $5.26 \pm 0.92$ | $22.49 \pm 2.14$ | $86.22 \pm 18.15$ | $601.13 \pm 27.66$ | $6552.31 \pm 430.77$ | $0.08 \pm 0.01$ | $1.15 \pm 0.61$ | 1.17 | $1.33 \pm 0.43$ |
| HeLMS-28 | 3-2 | $6.34 \pm 0.69$ | $2.54 \pm 0.27$ | $11.70 \pm 1.63$ | $31.09 \pm 5.84$ | $273.40 \pm 13.26$ | $2980.05 \pm 206.42$ | $0.09 \pm 0.01$ | $0.39 \pm 0.17$ | 1.20 | $1.51 \pm 0.34$ |
| HeLMS-30 | 2-1 | $16.88 \pm 1.35$ | $6.75 \pm 0.54$ | $5.20 \pm 0.58$ | $106.34 \pm 23.06$ | $184.95 \pm 12.90$ | $2015.94 \pm 200.83$ | $0.33 \pm 0.06$ | $7.12 \pm 3.93$ | 1.24 | $0.57 \pm 0.42$ |
| HeLMS-31 | 2-1 | $29.04 \pm 2.81$ | $11.62 \pm 1.12$ | $5.38 \pm 0.99$ | $185.85 \pm 37.02$ | $213.68 \pm 15.70$ | $2329.15 \pm 244.46$ | $0.50 \pm 0.05$ | $22.72 \pm 9.22$ | 1.23 | $0.21 \pm 0.32$ |
| HeLMS-32 | 2-1 | $7.58 \pm 1.77$ | $3.03 \pm 0.71$ | $2.42 \pm 0.77$ | $43.88 \pm 21.63$ | $91.71 \pm 9.17$ | $999.61 \pm 142.83$ | $0.30 \pm 0.10$ | $2.36 \pm 2.16$ | 1.25 | $0.66 \pm 0.69$ |
| HeLMS-34 | 3-2 | $11.44 \pm 0.66$ | $4.58 \pm 0.26$ | $8.70 \pm 1.04$ | $107.09 \pm 26.59$ | $412.60 \pm 27.92$ | $4497.36 \pm 434.68$ | $0.10 \pm 0.02$ | $0.97 \pm 0.59$ | 1.21 | $1.44 \pm 0.47$ |
| HeLMS-35 | 2-1 | $9.95 \pm 1.64$ | $3.98 \pm 0.65$ | $6.21 \pm 1.88$ | $41.92 \pm 32.63$ | $103.28 \pm 6.24$ | $1125.75 \pm 97.09$ | $0.35 \pm 0.25$ | $4.08 \pm 7.60$ | 1.25 | $0.55 \pm 1.38$ |
| HeLMS-36 | 4-3 | $9.72 \pm 2.14$ | $3.89 \pm 0.86$ | $5.14 \pm 0.66$ | $179.01 \pm 29.28$ | $533.01 \pm 24.24$ | $5809.80 \pm 377.38$ | $0.07 \pm 0.01$ | $0.68 \pm 0.30$ | 1.16 | $1.44 \pm 0.35$ |
| HeLMS-37 | 3-2 | $4.76 \pm 0.79$ | $1.90 \pm 0.32$ | $9.42 \pm 1.35$ | $37.45 \pm 16.08$ | $312.70 \pm 14.75$ | $3408.44 \pm 229.74$ | $0.06 \pm 0.02$ | $0.17 \pm 0.18$ | 1.19 | $1.81 \pm 0.80$ |
| HeLMS-38 | 2-1 | $14.01 \pm 2.01$ | $5.61 \pm 0.80$ | $4.90 \pm 0.73$ | $147.77 \pm 34.38$ | $285.01 \pm 17.86$ | $3106.56 \pm 278.13$ | $0.18 \pm 0.03$ | $2.53 \pm 1.28$ | 1.21 | $0.98 \pm 0.40$ |
| HeLMS-39 | 3-2 | $16.24 \pm 2.21$ | $6.50 \pm 0.88$ | $4.65 \pm 0.77$ | $134.28 \pm 23.53$ | $249.70 \pm 12.87$ | $2721.76 \pm 200.37$ | $0.24 \pm 0.02$ | $4.54 \pm 1.70$ | 1.19 | $0.61 \pm 0.30$ |
| HeLMS-40 E | 3-2 | $9.55 \pm 1.89$ | $3.82 \pm 0.76$ | - | - | - | - | - | - | - | - |
| HeLMS-40 W | 3-2 | $8.39 \pm 2.27$ | $3.36 \pm 0.91$ | - | - | - | - | - | - |  | - |
| HeLMS-40 E+W | 3-2 | $17.92 \pm 2.95$ | $7.17 \pm 1.18$ | $12.77 \pm 1.74$ | $121.51 \pm 27.21$ | $375.82 \pm 18.44$ | $4096.47 \pm 287.12$ | $0.17 \pm 0.03$ | $3.71 \pm 2.05$ | 1.18 | $0.79 \pm 0.44$ |
| HeLMS-41 | 3-2 | $9.61 \pm 1.61$ | $3.84 \pm 0.64$ | $9.04 \pm 1.50$ | $75.21 \pm 19.71$ | $243.49 \pm 16.51$ | $2654.09 \pm 257.09$ | $0.14 \pm 0.03$ | $1.23 \pm 0.70$ | 1.21 | $1.12 \pm 0.45$ |
| HeLMS-42 | 2-1 | $11.19 \pm 3.47$ | $4.48 \pm 1.39$ | $6.14 \pm 1.19$ | $74.95 \pm 25.26$ | $188.73 \pm 12.22$ | $2057.11 \pm 190.28$ | $0.22 \pm 0.06$ | $2.44 \pm 1.83$ | 1.23 | $0.88 \pm 0.57$ |
| HeLMS-43 | 3-2 | $13.66 \pm 4.41$ | $5.46 \pm 1.76$ | $5.38 \pm 1.31$ | $134.19 \pm 50.92$ | $263.82 \pm 17.53$ | $2875.64 \pm 272.90$ | $0.19 \pm 0.06$ | $2.63 \pm 2.21$ | 1.21 | $0.91 \pm 0.65$ |
| HeLMS-44 | 2-1 | $4.79 \pm 0.89$ | $1.92 \pm 0.36$ | $3.26 \pm 1.31$ | $44.33 \pm 19.62$ | $111.79 \pm 20.20$ | $1218.47 \pm 314.61$ | $0.16 \pm 0.05$ | $0.60 \pm 0.54$ | 1.28 | $1.32 \pm 0.69$ |
| HeLMS-45 | 5-4 | $72.78 \pm 13.63$ | $29.11 \pm 5.45$ | $13.84 \pm 2.20$ | $878.33 \pm 214.80$ | $836.53 \pm 47.69$ | $9118.18 \pm 742.62$ | $0.32 \pm 0.07$ | $62.77 \pm 35.87$ | 1.14 | $-0.04 \pm 0.47$ |
| HeLMS-46 | 3-2 | $13.17 \pm 2.01$ | $5.27 \pm 0.81$ | $11.68 \pm 1.39$ | $57.11 \pm 11.82$ | $222.32 \pm 12.08$ | $2423.28 \pm 188.03$ | $0.22 \pm 0.03$ | $3.07 \pm 1.42$ | 1.20 | $0.72 \pm 0.37$ |
| HeLMS-47 | 2-1 | $15.86 \pm 1.77$ | $6.35 \pm 0.71$ | $6.95 \pm 0.80$ | $150.81 \pm 55.51$ | $298.43 \pm 20.88$ | $3252.89 \pm 325.14$ | $0.20 \pm 0.07$ | $3.25 \pm 2.96$ | 1.21 | $0.91 \pm 0.70$ |
| HeLMS-48 | 3-2 | $13.28 \pm 2.69$ | $5.31 \pm 1.08$ | $21.43 \pm 2.13$ | $46.92 \pm 13.75$ | $334.37 \pm 16.73$ | $3644.58 \pm 260.44$ | $0.15 \pm 0.04$ | $2.18 \pm 1.55$ | 1.17 | $0.90 \pm 0.57$ |
| HeLMS-49 | - | - | - | $6.27 \pm 1.03$ | - | $277.57 \pm 19.75$ | $3025.47 \pm 307.55$ | - | - | - | - |
| HeLMS-50 | 3-2 | $11.35 \pm 2.76$ | $4.54 \pm 1.10$ | $5.98 \pm 0.88$ | $70.54 \pm 16.39$ | $159.38 \pm 9.72$ | $1737.29 \pm 151.42$ | $0.26 \pm 0.04$ | $3.13 \pm 1.60$ | 1.22 | $0.70 \pm 0.40$ |
| HeLMS-51 | 4-3 | $18.09 \pm 3.04$ | $7.24 \pm 1.21$ | $4.20 \pm 0.73$ | $116.29 \pm 29.94$ | $145.29 \pm 7.96$ | $1583.71 \pm 123.99$ | $0.46 \pm 0.08$ | $11.18 \pm 6.10$ | 1.22 | $0.21 \pm 0.42$ |
| HeLMS-52 | 3-2 | $13.49 \pm 1.55$ | $5.40 \pm 0.62$ | $4.62 \pm 0.83$ | $147.41 \pm 32.61$ | $277.09 \pm 19.20$ | $3020.32 \pm 298.90$ | $0.18 \pm 0.02$ | $2.39 \pm 0.97$ | 1.21 | $0.98 \pm 0.32$ |
| HeLMS-54 | 3-2 | $4.26 \pm 1.36$ | $1.70 \pm 0.54$ | $2.61 \pm 0.86$ | $54.41 \pm 24.64$ | $198.80 \pm 16.97$ | $2166.95 \pm 264.27$ | $0.08 \pm 0.03$ | $0.23 \pm 0.20$ | 1.19 | $1.52 \pm 0.70$ |
| HeLMS-55 | 3-2 | $19.73 \pm 5.18$ | $7.89 \pm 2.07$ | $8.74 \pm 1.27$ | $106.81 \pm 20.63$ | $183.31 \pm 9.91$ | $1998.07 \pm 154.29$ | $0.39 \pm 0.05$ | $10.32 \pm 4.42$ | 1.21 | $0.30 \pm 0.34$ |
| HeLMS-56 | 3-2 | $8.14 \pm 1.54$ | $3.26 \pm 0.62$ | $11.29 \pm 1.30$ | $72.65 \pm 35.57$ | $366.87 \pm 18.18$ | $3998.86 \pm 283.03$ | $0.08 \pm 0.04$ | $0.61 \pm 0.70$ | 1.17 | $1.37 \pm 0.91$ |
| HeLMS-57 | 2-1 | $16.58 \pm 3.56$ | $6.63 \pm 1.42$ | $2.08 \pm 0.47$ | $172.68 \pm 42.27$ | $163.06 \pm 10.37$ | $1777.31 \pm 161.41$ | $0.37 \pm 0.05$ | $7.85 \pm 3.49$ | 1.23 | $0.43 \pm 0.35$ |
| Hers-2 | 2-1 | $40.36 \pm 3.97$ | $16.14 \pm 1.59$ | $16.35 \pm 1.80$ | $112.73 \pm 18.33$ | $326.89 \pm 17.91$ | $3563.06 \pm 278.82$ | $0.45 \pm 0.05$ | $29.78 \pm 11.55$ | 1.22 | $0.28 \pm 0.30$ |
| HerS-3 NE | 3-2 | $27.55 \pm 2.39$ | $11.02 \pm 0.96$ | - | - | - | - | - | - | - | - |

Berta, S., et al.: A\&A 678, A28 (2023)
Table B.2. Continued

| Source | Lowest CO <br> Transition | $\begin{gathered} \mu L_{12}^{\prime} \mathrm{CO}(1-0) \\ {\left[10^{10} \mathrm{Kkm} \mathrm{~s}^{-1} \mathrm{pc}^{2}\right]} \end{gathered}$ | $\begin{gathered} \mu M_{\mathrm{mol},{ }^{12} \mathrm{CO}} \\ {\left[10^{11} M_{\odot}\right]} \end{gathered}$ | $\begin{gathered} \mu M_{\mathrm{mol}, 850 \mu \mathrm{~m}} \\ {\left[10^{11} M_{\odot}\right]} \end{gathered}$ | $\delta_{\text {GDR, }}{ }^{12} \mathrm{CO}$ | $\begin{gathered} \mu L_{\mathrm{IR}} \\ {\left[10^{11} L_{\odot}\right]} \end{gathered}$ | $\begin{gathered} \mu \mathrm{SFR} \\ {\left[M_{\odot} \mathrm{yr}^{-1}\right]} \end{gathered}$ | $\begin{gathered} \tau_{\text {dep, }, 12} \mathrm{CO} \\ {\left[10^{9} \mathrm{yr}\right]} \end{gathered}$ | $\begin{gathered} \mu^{E} M^{*} \\ {\left[10^{11} M_{\odot}\right]} \end{gathered}$ | E | $\log (\mu \mathrm{SFR} / \mathrm{SFR}(M S))$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HerS-3 SW | 3-2 | $10.51 \pm 1.09$ | $4.21 \pm 0.44$ | - | - | - | - | - | - | - | - |
| HerS-5 | 2-1 | $9.58 \pm 0.55$ | $3.83 \pm 0.22$ | $6.90 \pm 1.31$ | $47.57 \pm 13.27$ | $162.78 \pm 15.81$ | $1774.30 \pm 246.13$ | $0.22 \pm 0.05$ | $2.17 \pm 1.38$ | 1.27 | $1.05 \pm 0.48$ |
| HerS-7 | 2-1 | $23.62 \pm 5.19$ | $9.45 \pm 2.08$ | $14.75 \pm 2.30$ | $115.45 \pm 35.84$ | $214.98 \pm 14.93$ | $2343.28 \pm 232.43$ | $0.40 \pm 0.10$ | $13.36 \pm 9.37$ | 1.23 | $0.37 \pm 0.54$ |
| HerS-8 | 3-2 | $4.89 \pm 1.29$ | $1.96 \pm 0.51$ | $5.01 \pm 1.13$ | $39.03 \pm 27.66$ | $243.93 \pm 14.53$ | $2658.87 \pm 226.18$ | $0.07 \pm 0.05$ | $0.23 \pm 0.39$ | 1.21 | $1.70 \pm 1.30$ |
| HerS-9 | - | - | - | - | - | - | - | - | - | - | - |
| HerS-10 | 3-2 | $14.42 \pm 1.21$ | $5.77 \pm 0.49$ | $7.09 \pm 0.92$ | $95.01 \pm 18.58$ | $237.81 \pm 12.64$ | $2592.18 \pm 196.80$ | $0.22 \pm 0.03$ | $3.48 \pm 1.41$ | 1.20 | $0.73 \pm 0.32$ |
| HerS-11 | 4-3 | $19.71 \pm 5.13$ | $7.88 \pm 2.05$ | $7.67 \pm 1.38$ | $206.12 \pm 62.56$ | $662.13 \pm 38.63$ | $7217.25 \pm 601.55$ | $0.11 \pm 0.03$ | $3.30 \pm 2.35$ | 1.15 | $0.94 \pm 0.58$ |
| HerS-12 | 3-2 | $22.65 \pm 3.42$ | $9.06 \pm 1.37$ | $10.27 \pm 1.20$ | $156.18 \pm 35.99$ | $252.57 \pm 16.71$ | $2752.96 \pm 260.25$ | $0.33 \pm 0.05$ | $9.69 \pm 4.61$ | 1.21 | $0.46 \pm 0.38$ |
| HerS-13 | 3-2 | $20.90 \pm 2.95$ | $8.36 \pm 1.18$ | $10.45 \pm 1.11$ | $208.12 \pm 50.73$ | $342.67 \pm 22.13$ | $3735.10 \pm 344.64$ | $0.22 \pm 0.04$ | $5.47 \pm 2.80$ | 1.20 | $0.74 \pm 0.40$ |
| HerS-14 | 3-2 | $27.89 \pm 4.19$ | $11.16 \pm 1.68$ | $12.25 \pm 1.06$ | $248.35 \pm 77.98$ | $493.90 \pm 24.11$ | $5383.47 \pm 375.44$ | $0.21 \pm 0.06$ | $7.98 \pm 6.25$ | 1.17 | $0.62 \pm 0.62$ |
| HerS-15 | 3-2 | $11.22 \pm 0.99$ | $4.49 \pm 0.39$ | $9.38 \pm 1.21$ | $49.04 \pm 11.73$ | $194.72 \pm 9.81$ | $2122.46 \pm 152.81$ | $0.21 \pm 0.04$ | $2.37 \pm 1.29$ | 1.21 | $0.81 \pm 0.42$ |
| HerS-16 | 4-3 | $22.07 \pm 1.57$ | $8.83 \pm 0.63$ | $12.08 \pm 0.88$ | $86.91 \pm 13.95$ | $193.18 \pm 11.63$ | $2105.61 \pm 181.04$ | $0.42 \pm 0.05$ | $12.75 \pm 5.17$ | 1.21 | $0.28 \pm 0.32$ |
| HerS-17 | 3-2 | $27.92 \pm 2.69$ | $11.17 \pm 1.08$ | $8.81 \pm 0.80$ | $200.30 \pm 28.50$ | $367.58 \pm 19.01$ | $4006.61 \pm 296.01$ | $0.28 \pm 0.03$ | $10.87 \pm 4.01$ | 1.18 | $0.43 \pm 0.30$ |
| HerS-18 E | 2-1 | $21.43 \pm 2.04$ | $8.57 \pm 0.82$ | - | - | - | - | - | - | - | - |
| HerS-18 W | - | - | - | - | - | - | - | - | - | - | - |
| HerS-19 SE | - | - | - | - | - | - | - | - | - | - | - |
| HerS-19 W | - | - | - | - | - | - | - | - | - | - | - |
| HerS-20 | 2-1 | $12.80 \pm 1.18$ | $5.12 \pm 0.47$ | $3.60 \pm 0.67$ | $82.55 \pm 105.10$ | $157.25 \pm 10.09$ | $1714.02 \pm 157.13$ | $0.30 \pm 0.38$ | $4.28 \pm 13.48$ | 1.22 | $0.58 \pm 2.39$ |
| HerBS-38 SE | 3-2 | $11.15 \pm 1.12$ | $4.46 \pm 0.45$ | - | - | - | - | - | - | - | - |
| HerBS-38 NE | - | - | - | - | - | - | - | - | - | - | - |
| HerBS-38 W | 3-2 | $8.09 \pm 1.36$ | $3.24 \pm 0.55$ | - | - | - | - | - | - | - | - |
| HerBS-46 | 2-1 | $10.30 \pm 1.58$ | $4.12 \pm 0.63$ | $2.99 \pm 0.41$ | $69.21 \pm 18.80$ | $131.44 \pm 7.95$ | $1432.65 \pm 123.74$ | $0.29 \pm 0.07$ | $3.17 \pm 2.09$ | 1.24 | $0.68 \pm 0.50$ |
| HerBS-48 | 3-2 | $27.20 \pm 5.23$ | $10.88 \pm 2.09$ | $4.60 \pm 0.87$ | $384.18 \pm 74.64$ | $432.36 \pm 19.46$ | $4712.71 \pm 302.97$ | $0.23 \pm 0.03$ | $8.53 \pm 3.35$ | 1.18 | $0.57 \pm 0.32$ |
| HerBS-50 | 3-2 | $17.25 \pm 1.68$ | $6.90 \pm 0.67$ | $7.96 \pm 0.99$ | $111.36 \pm 14.91$ | $369.91 \pm 17.73$ | $4032.02 \pm 276.12$ | $0.17 \pm 0.01$ | $3.32 \pm 1.14$ | 1.18 | $0.85 \pm 0.28$ |
| HerBS-51 | 3-2 | $5.44 \pm 0.49$ | $2.18 \pm 0.20$ | $4.46 \pm 0.39$ | $44.52 \pm 10.61$ | $224.32 \pm 12.73$ | $2445.06 \pm 198.17$ | $0.09 \pm 0.02$ | $0.33 \pm 0.20$ | 1.21 | $1.56 \pm 0.48$ |
| HerBS-53 E | 2-1 | $2.47 \pm 0.46$ | $0.99 \pm 0.18$ | - | - | - | - | - | - | - | - |
| HerBS-53 W | 2-1 | $3.83 \pm 0.99$ | $1.53 \pm 0.40$ | - | - | - ${ }^{-}$ | - | - | - | - | - |
| HerBS-53 E+W | 2-1 | $6.27 \pm 1.09$ | $2.51 \pm 0.43$ | $5.68 \pm 0.96$ | $30.18 \pm 8.78$ | $81.13 \pm 6.12$ | $884.29 \pm 95.35$ | $0.28 \pm 0.06$ | $1.83 \pm 1.22$ | 1.27 | $0.81 \pm 0.50$ |
| HerBS-61 | 3-2 | $14.96 \pm 2.69$ | $5.98 \pm 1.08$ | $28.01 \pm 5.22$ | $75.07 \pm 16.06$ | $425.59 \pm 39.64$ | $4638.92 \pm 617.30$ | $0.13 \pm 0.02$ | $2.35 \pm 1.16$ | 1.17 | $0.94 \pm 0.42$ |
| HerBS-62 | 3-2 | $31.33 \pm 3.26$ | $12.53 \pm 1.30$ | $8.70 \pm 1.29$ | $207.21 \pm 33.96$ | $270.78 \pm 12.69$ | $2951.55 \pm 197.53$ | $0.42 \pm 0.04$ | $19.94 \pm 7.69$ | 1.20 | $0.18 \pm 0.31$ |
| HerBS-65 | 3-2 | $9.34 \pm 2.80$ | $3.73 \pm 1.12$ | $9.31 \pm 1.59$ | $81.01 \pm 50.36$ | $259.37 \pm 16.84$ | $2827.13 \pm 262.27$ | $0.13 \pm 0.08$ | $1.11 \pm 1.67$ | 1.19 | $1.11 \pm 1.17$ |
| HerBS-72 | 4-3 | $16.41 \pm 1.70$ | $6.56 \pm 0.68$ | $6.84 \pm 1.19$ | $198.77 \pm 45.80$ | $398.21 \pm 47.29$ | $4340.52 \pm 736.35$ | $0.15 \pm 0.03$ | $3.11 \pm 1.83$ | 1.17 | $0.82 \pm 0.50$ |
| HerBS-74 | 3-2 | $9.64 \pm 2.05$ | $3.86 \pm 0.82$ | $3.57 \pm 0.74$ | $112.33 \pm 48.40$ | $210.73 \pm 12.45$ | $2296.93 \pm 193.90$ | $0.17 \pm 0.07$ | $1.53 \pm 1.54$ | 1.20 | $0.94 \pm 0.78$ |
| HerBS-76 E | 3-2 | $13.79 \pm 1.37$ | $5.52 \pm 0.55$ | - | - | - | - | - | - | - | - |
| HerBS-76 W | 3-2 | $3.44 \pm 1.01$ | $1.38 \pm 0.40$ | - | - | - | - | - | - | - | - |
| HerBS-78 | 3-2 | $10.90 \pm 1.70$ | $4.36 \pm 0.68$ | $10.64 \pm 1.64$ | $119.18 \pm 47.98$ | $435.85 \pm 42.11$ | $4750.82 \pm 655.70$ | $0.09 \pm 0.04$ | $1.07 \pm 1.05$ | 1.17 | $1.22 \pm 0.79$ |
| HerBS-82 | 4-3 | $12.12 \pm 1.07$ | $4.85 \pm 0.43$ | - | - | - | - | - | - | - | - |
| HerBS-83 | 4-3 | $10.82 \pm 2.99$ | $4.33 \pm 1.20$ | $8.21 \pm 1.06$ | $81.93 \pm 24.34$ | $400.68 \pm 17.26$ | $4367.36 \pm 268.77$ | $0.10 \pm 0.03$ | $1.23 \pm 0.90$ | 1.16 | $1.11 \pm 0.59$ |
| HerBS-85 | 3-2 | $14.22 \pm 2.40$ | $5.69 \pm 0.96$ | $1.46 \pm 0.34$ | $287.10 \pm 96.51$ | $265.63 \pm 13.43$ | $2895.33 \pm 209.15$ | $0.20 \pm 0.05$ | $3.07 \pm 2.26$ | 1.19 | $0.76 \pm 0.58$ |
| HerBS-91 E | 3-2 | $8.22 \pm 1.21$ | $3.29 \pm 0.48$ | - | - | - | - | - | - | - | - |
| HerBS-91 C | 3-2 | $4.64 \pm 0.92$ | $1.86 \pm 0.37$ | - | - | - | - | - | - | - | - |
| HerBS-91 E+C | 3-2 | $12.87 \pm 1.52$ | $5.15 \pm 0.61$ | $6.13 \pm 0.76$ | $151.12 \pm 23.51$ | $263.97 \pm 16.72$ | $2877.23 \pm 260.29$ | $0.18 \pm 0.02$ | $2.29 \pm 0.86$ | 1.20 | $0.93 \pm 0.30$ |
| HerBS-92 | 3-2 | $24.65 \pm 6.93$ | $9.86 \pm 2.77$ | $10.22 \pm 2.19$ | $199.99 \pm 62.98$ | $233.97 \pm 23.31$ | $2550.31 \pm 363.03$ | $0.39 \pm 0.10$ | $14.58 \pm 10.44$ | 1.18 | $0.10 \pm 0.58$ |
| HerBS-105 | 3-2 | $7.39 \pm 1.21$ | $2.96 \pm 0.49$ | $6.11 \pm 1.07$ | $69.17 \pm 13.89$ | $198.82 \pm 13.00$ | $2167.09 \pm 202.38$ | $0.14 \pm 0.02$ | $0.87 \pm 0.41$ | 1.19 | $1.08 \pm 0.38$ |
| HerBS-108 | 3-2 | $2.88 \pm 0.99$ | $1.15 \pm 0.40$ | $8.84 \pm 0.77$ | $24.46 \pm 118.50$ | $446.30 \pm 22.62$ | $4864.70 \pm 352.30$ | $0.02 \pm 0.11$ | $0.04 \pm 0.50$ | 1.17 | $2.33 \pm 9.18$ |
| HerBS-109 NE | 3-2 | $4.48 \pm 1.15$ | $1.79 \pm 0.46$ | - | - | - | - | - | - | - | - |
| HerBS-109 NW | 2-1 | $6.60 \pm 1.17$ | $2.64 \pm 0.47$ | - | - | - | - | - | - | - | - |
| HerBS-109 S | 2-1 | $3.74 \pm 0.80$ | $1.50 \pm 0.32$ | - | - | - | - | - | - | - | - |
| HerBS-110 | 3-2 | $13.27 \pm 1.40$ | $5.31 \pm 0.56$ | $11.05 \pm 1.30$ | $66.30 \pm 12.60$ | $213.55 \pm 9.72$ | $2327.75 \pm 151.36$ | $0.23 \pm 0.04$ | $3.33 \pm 1.64$ | 1.19 | $0.66 \pm 0.39$ |
| HerBS-115 | 3-2 | $11.55 \pm 1.37$ | $4.62 \pm 0.55$ | $5.17 \pm 0.49$ | $95.15 \pm 12.85$ | $224.04 \pm 12.06$ | $2442.03 \pm 187.83$ | $0.19 \pm 0.02$ | $2.15 \pm 0.81$ | 1.21 | $0.89 \pm 0.30$ |
| HerBS-116 E+W | 3-2 | $23.01 \pm 4.34$ | $9.20 \pm 1.74$ | $9.28 \pm 1.37$ | $155.92 \pm 27.77$ | $289.09 \pm 12.46$ | $3151.09 \pm 193.94$ | $0.29 \pm 0.04$ | $9.36 \pm 4.03$ | 1.18 | $0.36 \pm 0.34$ |
| HerBS-124 E | 3-2 | $2.42 \pm 0.97$ | $0.97 \pm 0.39$ | - | - | - | - | - | - | - | - |
| HerBS-124 W | 3-2 | $9.95 \pm 1.10$ | $3.98 \pm 0.44$ | - | - | - | - | - | - | - | - |

Berta, S., et al.: A\&A 678, A28 (2023)
Table B.2. Continued.

| Source | Lowest CO <br> Transition | $\begin{gathered} \mu L_{12}^{\prime} \mathrm{CO}(1-0) \\ {\left[10^{10} \mathrm{Kkm} \mathrm{~s}^{-1} \mathrm{pc}^{2}\right]} \end{gathered}$ | $\begin{gathered} \mu M_{\mathrm{mol},{ }^{12} \mathrm{CO}} \\ {\left[10^{11} M_{\odot}\right]} \\ \hline \end{gathered}$ | $\begin{gathered} \mu M_{\mathrm{mol}, 850 \mu \mathrm{~m}} \\ {\left[10^{11} M_{\odot}\right]} \end{gathered}$ | $\delta_{\mathrm{GDR},{ }^{12} \mathrm{CO}}$ | $\begin{gathered} \mu L_{\mathrm{IR}} \\ {\left[10^{11} L_{\odot}\right]} \end{gathered}$ | $\begin{gathered} \mu \mathrm{SFR} \\ {\left[M_{\odot} \mathrm{yr}^{-1}\right]} \end{gathered}$ | $\begin{gathered} \tau_{\text {dep, }{ }^{12} \mathrm{CO}} \\ {\left[10^{9} \mathrm{yr}\right]} \end{gathered}$ | $\begin{gathered} \mu^{E} M^{*} \\ {\left[10^{11} M_{\odot}\right]} \end{gathered}$ | $E$ | $\log (\mu \mathrm{SFR} / \mathrm{SFR}(M S))$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HerBS-124 E+W | 3-2 | $12.38 \pm 1.47$ | $4.95 \pm 0.59$ | $6.14 \pm 1.21$ | $126.46 \pm 36.39$ | $218.77 \pm 14.17$ | $2384.60 \pm 220.57$ | $0.21 \pm 0.05$ | $2.61 \pm 1.63$ | 1.21 | $0.83 \pm 0.49$ |
| HerBS-125 | 3-2 | $12.44 \pm 1.63$ | $4.97 \pm 0.65$ | $7.10 \pm 1.02$ | $87.73 \pm 25.13$ | $201.48 \pm 10.62$ | $2196.11 \pm 165.41$ | $0.23 \pm 0.06$ | $3.02 \pm 2.04$ | 1.20 | $0.69 \pm 0.53$ |
| HerBS-126 | 3-2 | $11.23 \pm 1.81$ | $4.49 \pm 0.72$ | $3.88 \pm 0.55$ | $119.01 \pm 60.65$ | $199.09 \pm 11.68$ | $2170.07 \pm 181.84$ | $0.21 \pm 0.10$ | $2.39 \pm 2.96$ | 1.20 | $0.76 \pm 0.96$ |
| HerBS-127 | 3-2 | $18.83 \pm 6.93$ | $7.53 \pm 2.77$ | $3.65 \pm 0.65$ | $324.21 \pm 97.91$ | $376.71 \pm 17.77$ | $4106.18 \pm 276.65$ | $0.18 \pm 0.05$ | $4.21 \pm 2.96$ | 1.18 | $0.74 \pm 0.56$ |
| HerBS-128 | 3-2 | $9.45 \pm 1.19$ | $3.78 \pm 0.48$ | $7.79 \pm 0.84$ | $69.86 \pm 17.52$ | $152.55 \pm 10.31$ | $1662.75 \pm 160.52$ | $0.23 \pm 0.05$ | $2.09 \pm 1.32$ | 1.22 | $0.81 \pm 0.49$ |
| HerBS-129 | 3-2 | $25.76 \pm 2.72$ | $10.30 \pm 1.09$ | $9.25 \pm 0.96$ | $166.73 \pm 56.92$ | $294.92 \pm 14.85$ | $3214.68 \pm 231.17$ | $0.32 \pm 0.10$ | $12.30 \pm 10.31$ | 1.17 | $0.25 \pm 0.67$ |
| HerBS-134 | 3-2 | $18.92 \pm 6.38$ | $7.57 \pm 2.55$ | $9.45 \pm 1.04$ | $159.35 \pm 49.49$ | $287.77 \pm 14.53$ | $3136.73 \pm 226.28$ | $0.24 \pm 0.07$ | $5.90 \pm 4.54$ | 1.18 | $0.51 \pm 0.61$ |
| HerBS-136 | 3-2 | $8.31 \pm 1.30$ | $3.33 \pm 0.52$ | $3.95 \pm 0.60$ | $106.94 \pm 15.35$ | $304.40 \pm 17.49$ | $3317.98 \pm 272.41$ | $0.10 \pm 0.01$ | $0.78 \pm 0.29$ | 1.18 | $1.21 \pm 0.30$ |
| HerBS-137 | 3-2 | $10.40 \pm 2.73$ | $4.16 \pm 1.09$ | $3.24 \pm 0.55$ | $163.10 \pm 58.79$ | $288.23 \pm 15.86$ | $3141.71 \pm 246.96$ | $0.13 \pm 0.04$ | $1.36 \pm 1.16$ | 1.18 | $1.03 \pm 0.68$ |
| HerBS-140 | 3-2 | $4.27 \pm 0.56$ | $1.71 \pm 0.22$ | $6.19 \pm 0.92$ | $51.49 \pm 14.75$ | $254.77 \pm 13.32$ | $2777.03 \pm 207.42$ | $0.06 \pm 0.02$ | $0.17 \pm 0.12$ | 1.19 | $1.72 \pm 0.55$ |
| HerBS-143 | 3-2 | $6.12 \pm 0.86$ | $2.45 \pm 0.34$ | $5.53 \pm 0.87$ | $47.76 \pm 8.22$ | $143.42 \pm 7.84$ | $1563.32 \pm 122.13$ | $0.16 \pm 0.02$ | $0.78 \pm 0.30$ | 1.21 | $1.06 \pm 0.31$ |
| HerBS-147 | 3-2 | $14.93 \pm 4.48$ | $5.97 \pm 1.79$ | $4.91 \pm 0.69$ | $218.63 \pm 32.98$ | $325.93 \pm 16.56$ | $3552.68 \pm 257.90$ | $0.17 \pm 0.02$ | $2.83 \pm 1.05$ | 1.18 | $0.83 \pm 0.30$ |
| HerBS-149 | 3-2 | $13.19 \pm 1.73$ | $5.28 \pm 0.69$ | $7.49 \pm 1.30$ | $141.98 \pm 51.27$ | $243.86 \pm 15.28$ | $2658.05 \pm 237.92$ | $0.20 \pm 0.07$ | $2.78 \pm 2.39$ | 1.19 | $0.78 \pm 0.67$ |
| HerBS-150 E | 4-3 | $8.09 \pm 1.81$ | $3.24 \pm 0.72$ | - | - | - | - | - | - | - | - |
| HerBS-150 W | 4-3 | $11.58 \pm 2.52$ | $4.63 \pm 1.01$ | - | - | - | - | - | - | - | - |
| HerBS-150 C | 4-3 | $2.04 \pm 0.78$ | $0.82 \pm 0.31$ | - | - | - | - | - | - | - | - |
| HerBS-150 E+W+C | 4-3 | $21.66 \pm 3.19$ | $8.66 \pm 1.28$ | $9.60 \pm 0.89$ | $154.68 \pm 27.52$ | $337.63 \pm 16.12$ | $3680.14 \pm 250.95$ | $0.24 \pm 0.04$ | $7.41 \pm 3.61$ | 1.17 | $0.44 \pm 0.39$ |
| HerBS-153 | 3-2 | $6.77 \pm 0.84$ | $2.71 \pm 0.33$ | $8.83 \pm 0.99$ | $74.47 \pm 82.01$ | $402.86 \pm 19.39$ | $4391.22 \pm 301.95$ | $0.06 \pm 0.07$ | $0.33 \pm 0.87$ | 1.18 | $1.65 \pm 2.09$ |
| HerBS-157 | 2-1 | $8.53 \pm 1.84$ | $3.41 \pm 0.74$ | $8.98 \pm 0.72$ | $33.95 \pm 14.83$ | $100.98 \pm 6.35$ | $1100.73 \pm 98.85$ | $0.31 \pm 0.13$ | $2.76 \pm 3.02$ | 1.23 | $0.59 \pm 0.83$ |
| HerBS-162 SW | 3-2 | $6.45 \pm 1.27$ | $2.58 \pm 0.51$ | - | - | - | - | - | - | - | - |
| HerBS-162 NE | 3-2 | $5.99 \pm 1.37$ | $2.40 \pm 0.55$ | - | - | - | - | - | - | - | - |
| HerBS-164 | 2-1 | $6.44 \pm 1.67$ | $2.58 \pm 0.67$ | $2.95 \pm 0.57$ | $52.18 \pm 19.38$ | $113.11 \pm 6.59$ | $1232.85 \pm 102.64$ | $0.21 \pm 0.07$ | $1.18 \pm 1.02$ | 1.22 | $0.88 \pm 0.66$ |
| HerBS-165 | 3-2 | $3.85 \pm 0.89$ | $1.54 \pm 0.36$ | $4.25 \pm 0.80$ | $34.50 \pm 10.05$ | $125.37 \pm 8.43$ | $1366.58 \pm 131.34$ | $0.11 \pm 0.02$ | $0.29 \pm 0.17$ | 1.21 | $1.33 \pm 0.46$ |
| HerBS-167 | 3-2 | $4.40 \pm 1.13$ | $1.76 \pm 0.45$ | $3.49 \pm 0.56$ | $28.17 \pm 7.52$ | $107.54 \pm 5.85$ | $1172.20 \pm 91.15$ | $0.15 \pm 0.03$ | $0.49 \pm 0.28$ | 1.21 | $1.09 \pm 0.44$ |
| HerBS-169 | 3-2 | $9.88 \pm 1.24$ | $3.95 \pm 0.49$ | $6.10 \pm 0.99$ | $94.92 \pm 19.50$ | $241.10 \pm 15.51$ | $2628.04 \pm 241.45$ | $0.15 \pm 0.02$ | $1.40 \pm 0.68$ | 1.19 | $1.00 \pm 0.39$ |
| HerBS-171 | 3-2 | $4.84 \pm 1.02$ | $1.94 \pm 0.41$ | $4.35 \pm 1.01$ | $47.59 \pm 10.36$ | $168.34 \pm 9.93$ | $1834.93 \pm 154.64$ | $0.11 \pm 0.01$ | $0.37 \pm 0.13$ | 1.20 | $1.33 \pm 0.29$ |
| HerBS-172 | 3-2 | $9.01 \pm 1.48$ | $3.61 \pm 0.59$ | $1.46 \pm 0.25$ | $216.86 \pm 108.63$ | $226.57 \pm 15.13$ | $2469.64 \pm 235.54$ | $0.15 \pm 0.07$ | $1.26 \pm 1.51$ | 1.18 | $0.97 \pm 0.94$ |
| HerBS-175 | 3-2 | $26.55 \pm 4.20$ | $10.62 \pm 1.68$ | $7.64 \pm 1.31$ | $246.37 \pm 164.91$ | $236.55 \pm 11.74$ | $2578.39 \pm 182.78$ | $0.41 \pm 0.27$ | $16.90 \pm 27.20$ | 1.18 | $0.07 \pm 1.27$ |
| HerBS-176 | 3-2 | $25.19 \pm 3.68$ | $10.08 \pm 1.47$ | $5.48 \pm 0.66$ | $281.97 \pm 47.11$ | $248.01 \pm 12.88$ | $2703.32 \pm 200.62$ | $0.37 \pm 0.04$ | $13.68 \pm 5.54$ | 1.18 | $0.19 \pm 0.33$ |
| HerBS-177 | 4-3 | $29.77 \pm 4.34$ | $11.91 \pm 1.74$ | $13.54 \pm 1.36$ | $171.33 \pm 29.88$ | $450.87 \pm 23.78$ | $4914.49 \pm 370.32$ | $0.24 \pm 0.04$ | $11.81 \pm 5.82$ | 1.16 | $0.38 \pm 0.40$ |
| HerBS-179 | 4-3 | $21.18 \pm 3.95$ | $8.47 \pm 1.58$ | $8.22 \pm 0.95$ | $225.47 \pm 47.67$ | $385.31 \pm 19.14$ | $4199.93 \pm 298.10$ | $0.20 \pm 0.04$ | $6.34 \pm 3.56$ | 1.16 | $0.53 \pm 0.45$ |
| HerBS-180 | 2-1 | $6.06 \pm 0.89$ | $2.42 \pm 0.36$ | $8.87 \pm 1.01$ | $23.43 \pm 8.30$ | $57.04 \pm 3.59$ | $621.74 \pm 55.86$ | $0.39 \pm 0.12$ | $2.65 \pm 2.34$ | 1.27 | $0.53 \pm 0.65$ |
| HerBS-183 | 2-1 | $4.94 \pm 0.50$ | $1.98 \pm 0.20$ | $9.17 \pm 0.76$ | $21.88 \pm 10.96$ | $103.66 \pm 6.86$ | $1129.84 \pm 106.87$ | $0.17 \pm 0.08$ | $0.67 \pm 0.84$ | 1.23 | $1.06 \pm 0.94$ |
| HerBS-185 | - | - | - | $11.32 \pm 1.26$ | - | $448.41 \pm 29.96$ | $4887.71 \pm 466.47$ | - | - | - | - |
| HerBS-187 E | 2-1 | $10.91 \pm 2.09$ | $4.37 \pm 0.84$ | - | - | - | - | - | - | - | - |
| HerBS-187 W | 2-1 | $3.13 \pm 1.04$ | $1.25 \pm 0.42$ | - | - | - | - | - | - | - | - |
| HerBS-187 E+W | 2-1 | $14.04 \pm 2.33$ | $5.62 \pm 0.93$ | $4.21 \pm 0.44$ | $123.80 \pm 24.37$ | $108.22 \pm 8.74$ | $1179.64 \pm 136.02$ | $0.48 \pm 0.07$ | $8.91 \pm 4.14$ | 1.24 | $0.26 \pm 0.37$ |
| HerBS-188 | 3-2 | $11.90 \pm 2.33$ | $4.76 \pm 0.93$ | $7.21 \pm 0.86$ | $127.68 \pm 25.46$ | $236.20 \pm 13.93$ | $2574.57 \pm 216.85$ | $0.18 \pm 0.03$ | $2.29 \pm 1.15$ | 1.19 | $0.81 \pm 0.40$ |
| HerBS-190 | 3-2 | $17.39 \pm 2.30$ | $6.95 \pm 0.92$ | $7.02 \pm 1.12$ | $137.97 \pm 25.95$ | $199.21 \pm 11.89$ | $2171.36 \pm 185.10$ | $0.32 \pm 0.03$ | $6.94 \pm 2.52$ | 1.20 | $0.40 \pm 0.29$ |
| HerBS-191 | 4-3 | $22.96 \pm 4.25$ | $9.18 \pm 1.70$ | $8.72 \pm 1.37$ | $223.36 \pm 72.49$ | $287.60 \pm 15.60$ | $3134.85 \pm 242.86$ | $0.29 \pm 0.09$ | $9.88 \pm 7.69$ | 1.17 | $0.30 \pm 0.62$ |
| HerBS-193 | 3-2 | $6.98 \pm 1.38$ | $2.79 \pm 0.55$ | $4.36 \pm 0.57$ | $122.60 \pm 42.73$ | $411.29 \pm 21.28$ | $4483.03 \pm 331.29$ | $0.06 \pm 0.02$ | $0.40 \pm 0.34$ | 1.17 | $1.54 \pm 0.69$ |
| HerBS-194 N | 3-2 | $3.31 \pm 0.96$ | $1.32 \pm 0.39$ | - | - | - | - | - | - | - | - |
| HerBS-194 S | 3-2 | $1.74 \pm 0.64$ | $0.70 \pm 0.26$ | - | - | - | - | - | - | - | - |
| HerBS-194 N+S | 3-2 | $5.05 \pm 1.16$ | $2.02 \pm 0.46$ | $6.02 \pm 0.88$ | $47.84 \pm 22.48$ | $176.38 \pm 12.30$ | $1922.51 \pm 191.46$ | $0.11 \pm 0.05$ | $0.38 \pm 0.43$ | 1.21 | $1.37 \pm 0.88$ |
| HerBS-197 | 3-2 | $12.64 \pm 1.71$ | $5.05 \pm 0.68$ | $3.31 \pm 1.00$ | $158.40 \pm 49.91$ | $168.87 \pm 9.66$ | $1840.72 \pm 150.35$ | $0.27 \pm 0.04$ | $3.84 \pm 1.78$ | 1.20 | $0.56 \pm 0.36$ |
| HerBS-199 E | 2-1 | $11.33 \pm 3.32$ | $4.53 \pm 1.33$ | - | - | - | - | - | - | - | - |
| HerBS-199 W | 2-1 | $2.85 \pm 2.56$ | $1.14 \pm 1.03$ | - | - | - | - | - | - | - | - |
| HerBS-199 E+W | 2-1 | $14.13 \pm 4.18$ | $5.65 \pm 1.67$ | $5.66 \pm 1.25$ | $143.68 \pm 40.89$ | $136.28 \pm 23.96$ | $1485.42 \pm 373.03$ | $0.38 \pm 0.10$ | $6.65 \pm 5.13$ | 1.23 | $0.42 \pm 0.63$ |
| HerBS-201 | 4-3 | $11.10 \pm 2.37$ | $4.44 \pm 0.95$ | $3.75 \pm 0.57$ | $168.45 \pm 43.66$ | $360.34 \pm 22.13$ | $3927.68 \pm 344.67$ | $0.11 \pm 0.03$ | $1.56 \pm 0.98$ | 1.16 | $0.97 \pm 0.51$ |
| HerBS-202 | 2-1 | $9.44 \pm 1.94$ | $3.77 \pm 0.77$ | $3.55 \pm 0.53$ | $102.79 \pm 24.24$ | $144.44 \pm 11.07$ | $1574.37 \pm 172.32$ | $0.24 \pm 0.04$ | $2.23 \pm 1.18$ | 1.22 | $0.77 \pm 0.41$ |
| HerBS-204 E | 4-3 | $7.33 \pm 1.31$ | $2.93 \pm 0.52$ | - | - | - | - | - | - | - | - |
| HerBS-204 W | 4-3 | $9.57 \pm 1.16$ | $3.83 \pm 0.46$ | - | - | - | - | - | - | - | - |
| HerBS-204 E+W | 4-3 | $16.90 \pm 1.75$ | $6.76 \pm 0.70$ | $4.05 \pm 0.79$ | $482.60 \pm 131.21$ | $407.80 \pm 27.88$ | $4445.01 \pm 434.13$ | $0.15 \pm 0.02$ | $3.14 \pm 1.29$ | 1.17 | $0.84 \pm 0.34$ |

Table B.2. Continued.

| Source | Lowest CO <br> Transition | $\begin{gathered} \mu L_{12}^{\prime} \mathrm{CO}(1-0) \\ {\left[10^{10} \mathrm{Kkm} \mathrm{~s}^{-1} \mathrm{pc}^{2}\right]} \end{gathered}$ | $\begin{gathered} \mu M_{\text {mol, } 12}{ }^{2} \mathrm{CO} \\ {\left[10^{11} M_{\odot}\right]} \end{gathered}$ | $\begin{gathered} \mu M_{\mathrm{mol}, 850 \mu \mathrm{~m}} \\ {\left[10^{11} M_{\odot}\right]} \end{gathered}$ | $\delta_{\text {GDR, }{ }^{12} \mathrm{CO}}$ | $\begin{gathered} \mu L_{\mathrm{IR}} \\ {\left[10^{11} L_{\odot}\right]} \end{gathered}$ | $\begin{gathered} \mu \mathrm{SFR} \\ {\left[M_{\odot} \mathrm{yr}^{-1}\right]} \end{gathered}$ | $\begin{gathered} \tau_{\text {dep, }, 12 \mathrm{CO}} \\ {\left[10^{9} \mathrm{yr}\right]} \end{gathered}$ | $\begin{gathered} \mu^{E} M^{*} \\ {\left[10^{11} M_{\odot}\right]} \end{gathered}$ | $E$ | $\log (\mu \mathrm{SFR} / \mathrm{SFR}(M S))$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HerBS-205 NE | 3-2 | $8.65 \pm 1.44$ | $3.46 \pm 0.58$ | - | - | - | - | - | - | - | - |
| HerBS-205 SE | 3-2 | $4.53 \pm 0.89$ | $1.81 \pm 0.36$ | _ | - | - | - | - | - | - | - |
| HerBS-205 W | 3-2 | $1.86 \pm 0.82$ | $0.74 \pm 0.33$ | - | - | - | - | - | - |  | - |
| HerBS-205 NE+SE+W | 3-2 | $15.03 \pm 1.88$ | $6.01 \pm 0.75$ | $6.06 \pm 1.45$ | $197.67 \pm 85.61$ | $269.31 \pm 32.05$ | $2935.43 \pm 499.00$ | $0.20 \pm 0.07$ | $3.54 \pm 3.30$ | 1.18 | $0.69 \pm 0.75$ |
| HerBS-206 | 3-2 | $3.40 \pm 0.50$ | $1.36 \pm 0.20$ | $4.75 \pm 0.75$ | $44.64 \pm 6.69$ | $233.07 \pm 12.45$ | $2540.46 \pm 193.90$ | $0.05 \pm 0.00$ | $0.11 \pm 0.04$ | 1.19 | $1.82 \pm 0.29$ |
| HerBS-34 | 3-2 | $16.11 \pm 2.30$ | $6.45 \pm 0.92$ | $15.34 \pm 1.53$ | $64.45 \pm 38.01$ | $354.33 \pm 6.00$ | $3862.14 \pm 93.44$ | $0.17 \pm 0.10$ | $2.84 \pm 4.14$ | 1.19 | $0.93 \pm 1.13$ |
| HerBS-43 a | 4-3 | $5.07 \pm 42.43$ | $2.03 \pm 16.97$ | $8.84 \pm 0.88$ | $38.24 \pm 7.54$ | $282.88 \pm 8.00$ | $3083.39 \pm 124.58$ | $0.07 \pm 0.01$ | $0.26 \pm 0.13$ | 1.18 | $1.57 \pm 0.41$ |
| HerBS-43 b | 4-3 | $2.75 \pm 13.77$ | $1.10 \pm 5.51$ | $5.08 \pm 0.51$ | $19.00 \pm 5.13$ | $142.86 \pm 13.00$ | $1557.14 \pm 202.43$ | $0.07 \pm 0.02$ | $0.17 \pm 0.10$ | 1.16 | $1.34 \pm 0.50$ |
| HerBS-44 | 3-2 | $33.00 \pm 3.37$ | $13.20 \pm 1.35$ | $6.66 \pm 0.67$ | $269.40 \pm 164.38$ | $472.83 \pm 7.00$ | $5153.81 \pm 108.99$ | $0.26 \pm 0.15$ | $11.77 \pm 17.45$ | 1.18 | $0.53 \pm 1.16$ |
| HerBS-54 | 3-2 | $21.35 \pm 1.99$ | $8.54 \pm 0.79$ | $11.83 \pm 1.18$ | $64.20 \pm 28.12$ | $212.86 \pm 6.00$ | $2320.22 \pm 93.43$ | $0.37 \pm 0.16$ | $10.44 \pm 11.23$ | 1.20 | $0.32 \pm 0.83$ |
| HerBS-58 | 3-2 | $19.99 \pm 3.77$ | $8.00 \pm 1.51$ | $8.03 \pm 0.80$ | $81.61 \pm 14.16$ | $148.56 \pm 4.00$ | $1619.30 \pm 62.28$ | $0.49 \pm 0.08$ | $13.98 \pm 6.60$ | 1.22 | $0.16 \pm 0.36$ |
| HerBS-70 E | 3-2 | $8.11 \pm 2.25$ | $3.24 \pm 0.90$ | $3.70 \pm 0.37$ | $77.24 \pm 29.58$ | $180.01 \pm 6.00$ | $1962.13 \pm 93.43$ | $0.17 \pm 0.06$ | $1.18 \pm 1.14$ | 1.21 | $1.01 \pm 0.74$ |
| HerBS-70 W | 3-2 | $7.68 \pm 1.36$ | $3.07 \pm 0.54$ | $0.83 \pm 0.08$ | $307.25 \pm 123.39$ | $42.86 \pm 5.00$ | $467.12 \pm 77.85$ | $0.66 \pm 0.11$ | $6.27 \pm 3.40$ | 1.21 | $-0.17 \pm 0.45$ |
| HerBS-79 | 3-2 | $15.39 \pm 3.00$ | $6.16 \pm 1.20$ | $6.54 \pm 0.65$ | $75.99 \pm 13.87$ | $150.00 \pm 4.00$ | $1635.04 \pm 62.29$ | $0.38 \pm 0.03$ | $7.20 \pm 2.38$ | 1.22 | $0.39 \pm 0.25$ |
| HerBS-89 a | 3-2 | $27.29 \pm 4.09$ | $10.92 \pm 1.64$ | $15.53 \pm 1.55$ | $77.97 \pm 16.21$ | $275.74 \pm 8.00$ | $3005.58 \pm 124.58$ | $0.36 \pm 0.07$ | $14.50 \pm 8.20$ | 1.18 | $0.22 \pm 0.45$ |
| HerBS-95 E | 3-2 | $6.91 \pm 0.69$ | $2.76 \pm 0.28$ | $5.20 \pm 0.52$ | $52.13 \pm 44.53$ | $111.43 \pm 7.00$ | $1214.59 \pm 109.00$ | $0.23 \pm 0.19$ | $1.61 \pm 3.33$ | 1.18 | $0.57 \pm 1.63$ |
| HerBS-95 W | 3-2 | $16.59 \pm 2.76$ | $6.63 \pm 1.11$ | $6.98 \pm 0.70$ | $66.35 \pm 7.93$ | $155.70 \pm 8.00$ | $1697.18 \pm 124.56$ | $0.39 \pm 0.04$ | $8.83 \pm 3.47$ | 1.18 | $0.14 \pm 0.32$ |
| HerBS-113 | 3-2 | $37.87 \pm 7.45$ | $15.15 \pm 2.98$ | $7.60 \pm 0.76$ | $265.77 \pm 73.19$ | $270.02 \pm 8.00$ | $2943.26 \pm 124.58$ | $0.51 \pm 0.13$ | $32.28 \pm 21.65$ | 1.19 | $-0.03 \pm 0.52$ |
| HerBS-154 | - | - | - | - | - | - | - | - | - | - | - |

