

Improvement and Evaluation of the 50th Percentile Female Prototype Rear Impact Dummy, BioRID P50F

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14 **Abstract**

15 Whiplash injuries due to rear impact vehicle collisions remain a significant global concern, with
16 females facing a disproportionately higher risk of permanent medical impairment compared to males.
17 Current rear impact testing predominantly uses 50th percentile male dummies, such as the BioRID II,
18 which are not representative of the female population. A 50th percentile male dummy roughly
19 corresponds to a 90th–95th percentile female in stature and mass, which appear to render whiplash
20 protection systems less effective for women. In preparation for future investigation of car models with
21 known differences in whiplash injury risk between female and male occupants, the development of an
22 upgraded average size female BioRID prototype, denoted P50F_V2, was initiated to further improve
23 the first female BioRID prototype. The aim was to better represent female properties by reducing upper
24 torso stiffness and improving spinal curvature, as well as simplifying the H-point position measurement
25 and refining the external contours of the head, hands and feet. The dynamic response of the upgraded
26 prototype was evaluated with regard to rear impact sled tests, comprising female volunteers close to
27 the 50th percentile female size. Overall, the dynamic response of the upgraded prototype showed
28 improvements, in particular, the T1 rearward angular displacement better matched the female volunteer
29 response corridors. Although the biofidelity of the upgraded prototype leaves room for further
30 improvement, it is deemed sufficient to provide an understanding of the differences in dynamic
31 response between female and male occupants in rear impacts. Overall, the upgraded BioRID P50F,
32 used as a complement to the BioRID II, is a significant step towards sex-inclusive crash testing.

33 1 Introduction

34 Vehicle crashes resulting in Whiplash Associated Disorders (WAD), commonly denoted whiplash
35 injuries, continue to be a global concern. Although progress has been made in automotive safety – such
36 as the introduction of Advanced Driver Assistance Systems aimed at reducing rear impacts – whiplash
37 injuries remain prevalent and problematic in both short- and long-term outcomes (Kullgren et al.,
38 2020). As highlighted in a review by Carlsson (2012), whiplash injuries continue to pose diagnostic
39 and biomechanical challenges despite modern mitigation efforts. According to insurance claims
40 records (Kullgren and Krafft, 2010), the risk reduction for permanent medical impairment was
41 approximately 30% greater for males than for females.

42 Today, rear impact testing is performed with 50th percentile male dummies, mainly the BioRID II,
43 which may limit the equality aspect in the assessment and development of whiplash protection systems,
44 since the female part of the population is not well represented. In terms of stature and mass, the 50th
45 percentile male crash test dummy roughly corresponds to the 90th–95th percentile female (Welsh and
46 Lenard, 2001), resulting in females not being adequately represented by the BioRID II. Previous studies
47 show that the BioRID II matches 50th percentile male volunteer responses (Davidsson et al., 1999,
48 2000). However, more recent volunteer studies show that the response of 50th percentile females is
49 clearly different to 50th percentile males (Linder et al., 2008; Carlsson et al., 2011, 2012; Carlsson,
50 2012; Sato et al., 2014). Similar differences were found in a comparison between the BioRID II and a
51 prototype rear impact crash test dummy, representing a 50th percentile female (Schmitt et al., 2012).
52 The BioRID II is thus not adequately representative of 50th percentile females. Since the male BioRID
53 II has been validated with regard to tests with male volunteers, current seats are assessed without
54 consideration of female properties, despite a higher whiplash injury risk in females. This limitation
55 may contribute to whiplash protection systems being less effective for females than for males.

56 A recent study by Carlsson et al. (2021b) presented a prototype rear impact crash test dummy,
57 representing a 50th percentile female, and evaluated its performance with regard to volunteer response
58 data. The prototype dummy, here denoted BioRID P50F_V1, was developed from modified body
59 segments originating from the average male size BioRID II. The mass and rough dimensions of the
60 BioRID P50F_V1 was representative of an average sized female, based on the University of Michigan
61 Transport Research Institute (UMTRI) study (stature 1,618 mm, mass 62.3 kg; Schneider et al., 1983).
62 The prototype dummy was evaluated against low severity rear impact sled tests, comprising six female
63 volunteers closely resembling a 50th percentile female, with regard to stature and mass. The head/neck
64 response of the BioRID P50F_V1 prototype resembled the female volunteer response corridors.

65 However, the biofidelity of the BioRID P50F_V1 prototype had some limitations. The thoracic and
66 lumbar spinal joint stiffness was likely too stiff compared to an average female, as the stiffness
67 remained the same as in the average sized male BioRID II. Consequently, the rearward angular and x-
68 displacements of the T1 were less for the BioRID P50F_V1 prototype in comparison to the female
69 volunteers. In addition, a 28–96% greater head-to-head restraint (HR) horizontal distance (backset)
70 was reported for the BioRID P50F_V1 compared to the BioRID II by Schmitt et al. (2012). This is in
71 contrast to previous volunteer tests in standard vehicle seats, showing shorter backset for 50th percentile
72 females than 50th percentile males (Welcher and Szabo, 2001; Jonsson et al., 2007; Linder et al., 2008;
73 Carlsson et al., 2011, 2012, 2017). The greater backset of the BioRID P50F_V1 may be a result of its
74 thoracic spinal curvature, which was taken directly from the male BioRID II dummy. Sato et al. (2016)
75 observed that the female thoracic spinal curvature is far less kyphotic compared to the male. This
76 suggests that the BioRID P50F_V1 T1 vertebra position is too far forward compared to an average
77 female.

78 The objective of the present study was to develop an upgraded average sized female prototype dummy,
79 the BioRID P50F_V2, based on the earlier BioRID P50F_V1. This included decreasing upper torso
80 stiffness, improving spinal curvature, simplifying the H-point position measurement, as well as refining
81 the contours of the head, hands and feet. This work was done in preparation for a series of six rear
82 impact sled tests with the 50th percentile female prototype BioRID P50F_V2 and the 50th percentile
83 male BioRID II dummies, including production seats with known injury risk (Carlsson et al., 202X).

84 2 Materials and methods

85 In the present study, an upgrade was made to the 50th percentile female rear impact prototype dummy,
86 BioRID P50F_V1 (**Figure 1A**), previously presented in Carlsson et al. (2021b). The purpose of the
87 upgrade to the version BioRID P50F_V2 (**Figure 1B**) was to 1) simplify the measurement of the H-
88 point, 2) adjust the curvature of the spine, and 3) reduce the stiffness of the spine/torso. In addition,
89 improvements were made to the exterior design and contact properties.

90 The upgraded BioRID P50F_V2, was equipped with new lower legs (including feet) as well as new
91 lower arms (including hands). These new extremities were modified components originating from the
92 5th percentile Hybrid III (Hybrid III 5F), providing a more natural exterior contour that improves
93 contact conditions and provides a more human-like appearance. The same applies to the head that has
94 now been fitted with a BioRID II head skin, giving the dummy prototype a more natural look.
95 Furthermore, the stiffness and curvature of the spine was adjusted to closer resemble female properties
96 and to improve the pressure distribution between the upper body and the seatback; an important
97 prerequisite for allowing better evaluation of the backrest's ability to evenly support the upper body
98 and spine. The overall purpose was to obtain a prototype dummy, representative of an average female
99 occupant for use in rear impact testing, as a complement to the male BioRID II.

100 The dynamic response of the upgraded prototype dummy, BioRID P50F_V2, was evaluated with
101 regard to rear impact sled tests comprising female volunteers close to the 50th percentile female size
102 (Carlsson et al. 2021a).

103 2.1 Upgrade of BioRID P50F_V1 to BioRID P50F_V2

104 2.1.1 Upgrade of the head

105 The head of the BioRID P50F_V1 comprised a male BioRID II head with the anterior rubber skin
106 removed (**Figure 2A**). To improve this design, a BioRID II head skin was put in place, and the interior
107 head ballast was dismantled in order to obtain a head mass representative of a 50th percentile female
108 (**Figure 2B**). Once the ballast had been dismantled, the mass of the BioRID P50F_V2 head was
109 3.57 kg, i.e., very close to the 50th percentile female head (3.58 kg, **Supplementary Table 1**).

110 2.1.2 Upgrade of the lower arms/hands

111 Target dimensions of the 50th percentile female dummy included an elbow joint-to-wrist joint distance
112 of 234 mm and a lower arm mass of 1.16 kg including hand. The lower arms of the BioRID P50F_V1
113 comprised of down-scaled lower arms of the male BioRID II, shortened from 249 to 234 mm; the hands
114 were excluded (**Figure 3A**). The mass of each lower arm was 1.25 kg. The lower arms of BioRID
115 P50F_V2 comprised of modified parts from the Hybrid III 5F. Adjustments were implemented in the
116 lower arms by increasing the length by 20 mm while keeping the mass (**Supplementary Table 1**). No
117 changes were made to the hands.

118 In order to attach the Hybrid III 5F lower arms to the BioRID P50F_V2, the attachment of the forearm
119 to the elbow joint was adapted to fit the dimensions of the BioRID II. The result of the modifications
120 is shown in **Figure 3B**.

121 **2.1.3 Upgrade of the lower legs/feet**

122 Target dimensions of the 50th percentile female dummy included a knee joint-to-floor distance of 457
123 mm and a lower leg mass of 3.43 kg. The lower legs of BioRID P50F_V1 comprised of down-scaled
124 parts from the male BioRID II which – together with a simplified ankle/foot construction (**Figure 4A**)
125 – resulted in a knee joint-to-floor distance of 457 mm. The lower legs of BioRID P50F_V2 comprised
126 of modified parts from the Hybrid III 5F. The knee joint-to-floor distance was increased from 406 mm
127 to 457 mm by extending the lower leg by 51 mm, while the mass was decreased from 4.00 kg to 3.43 kg
128 (**Supplementary Table 1**). No changes were made to the feet. The result of the modifications is shown
129 in **Figure 4B**.

130 The lower leg attachment to the thigh is the same for the Hybrid III 5F and the BioRID P50F_V2 and
131 did not require adaptation. However, the differences in circumference between the lower part of the
132 thigh (originating from the Hybrid III 5F) and the upper part of the thigh (originating from the BioRID
133 II) would have created a pronounced edge. Thus, the rubber flesh in the lower part of the upper thigh
134 was slit and held in place by a large hose clamp to reduce the circumference, and a layer of duct tape
135 bridged the gap between the thigh units to make the transition smooth (**Figure 4C**). Furthermore,
136 adding mass (0.9 kg) to the upper part of the thigh was required to equal the total mass of the leg with
137 that of the BioRID P50F_V1. This was achieved by inserting nail shaped weights into the upper thigh,
138 parallel to the leg.

139 **2.1.4 H-point measurement**

140 When constructing the BioRID P50F_V1, the lower part of the sacral vertebra (S1) was reduced by 20
141 mm (indicated by the dashed area in **Supplementary Figure 1A**). Due to this reduction, two metal
142 blocks (marked with red circles in **Supplementary Figure 1B**), attached on each side of the spinal
143 column, were removed. These metal blocks hold the attachment holes for the so-called H-point tool
144 used for measuring the pelvis H-point position relative to the seat. Two new metal blocks were fixed
145 directly to the S1 base plate (**Figure 5**), incorporating H-point tool attachments in the BioRID
146 P50F_V2.

147 **2.1.5 Adjustment of the spinal curvature**

148 Females tend to sit in a more upright position, compared to males, with their head positioned closer to
149 the head restraint (Carlsson et al., 2017; Jonsson et al., 2007). The spinal curvature of the BioRID
150 P50F_V1 was the same as for the male BioRID II. The only difference was that two lumbar vertebrae
151 (L4 and L5) and 20 mm of the S1 were removed in the BioRID P50F_V1. Thus, adjusting the curvature
152 of the spine to better represent female properties would improve the posture of the BioRID P50F_V2.
153 Data regarding the spinal curvature for 5th percentile females was retrieved from the previously
154 performed study at UMTRI (Schneider et al., 1983; Robbins et al., 1983).

155 The spinal curvature of the BioRID P50F_V1 was modified according to **Figure 6**. The coordinates of
156 eight different joint centres in the 5th percentile female (Schneider et al., 1983; Robbins et al., 1983;
157 **Table 1**) were added to a CAD model of the spine (green filled circles in **Figure 6A**), where the H-
158 point was used as a common starting point. A wedge-shaped structure was inserted at the lower part of
159 the spine to compensate for the difference in thickness of the rubber torso along the spine. The base

160 plate was then rotated 22° rearwards to mimic the spinal angle at the normal seated posture in the car
161 seat (based on Figures 3–23 in Schneider et al., 1983).

162 To make the spinal curvature of the BioRID P50F_V2 consistent with that of the 5th percentile female,
163 the spine was divided into three sections: lumbar (L1–L3), lower thorax, and upper thorax (**Figure**
164 **6A**). Each section had a specific angle between the vertebrae, and adjustment of the curvature of the
165 spine was made possible by adjusting these angles. In addition, the joint coordinates were scaled up to
166 fit the size of the BioRID P50F_V2 (**Table 1**). The angular change and the upscaling of coordinates
167 were tuned through an iterative process with the aim of, 1) aligning the occipital condyles (OC), 2) the
168 OC angle not exceeding 5°, and 3) matching well to the female spinal curvature. These conditions were
169 met using the following combination:

- 170 ➤ Scaling factor: 1.032
- 171 ➤ Lumbar angle: 5.8°
- 172 ➤ Lower thorax angle: 2.1°
- 173 ➤ Upper thorax angle: 4.9°

174 resulting in an OC angle of 4.9°. The final spinal curvature of the BioRID P50F_V2 is shown in **Figure**
175 **6B**. The upscaling to the 50th percentile female resulted in adjusted coordinates of the joint centres (red
176 filled circles in **Figure 6A**). Based on this curvature, a tool was manufactured to adjust the angles
177 between adjacent vertebrae of the BioRID P50F_V2 (**Figure 6C**; **Supplementary Figure 2**).

178 **2.1.6 Adjustment of spinal stiffness**

179 Compared with 50th percentile female volunteer tests, the BioRID P50F_V1 exhibited a smaller
180 rearward angular displacement of T1 (Carlsson et al., 2021b). Thus, to achieve closer resemblance with
181 the female volunteer tests, the spinal stiffness had to be reduced. For that purpose, the following
182 changes were made:

- 183 ➤ The polyurethane bumpers were removed between the nine top thoracic vertebrae.
- 184 ➤ Deep cuts were introduced in the rubber torso to further reduce the torso sagittal bending stiffness
185 (**Supplementary Figure 3**).
- 186 ➤ The stiffness of the ten uppermost torsion rods was decreased by reducing the diameter from 8 mm
187 to 6.1 mm (**Figure 7A**). To compensate for the reduced diameter, brass sleeves were placed around
188 the torsion rods before reassembling the spine (**Figure 7B**).

189 **2.2 Evaluation test in the Chalmers Laboratory Seat**

190 The upgraded BioRID P50F_V2 was evaluated by performing one test in the Chalmers laboratory seat,
191 in equivalent test conditions ($\Delta v = 7$ km/s; $a_{\text{mean}} = 2$ g) as in previous tests with 1) six 50th percentile
192 female volunteers (Carlsson et al., 2021a) and 2) the BioRID P50F_V1 (Carlsson et al., 2021b)
193 (**Supplementary Figure 4**). The test was performed at Autoliv's Test Track 2 (Inverse Crash System,
194 Mannesmann Rexroth AG, Germany).

195 The construction of the Chalmers laboratory seat was the same as in the previous test series
196 (**Supplementary Figure 4**, Carlsson et al., 2021a). The seatback was designed to resemble the shape
197 and deflection properties of a Volvo 850 car seat, comprising four stiff panels covered in 20 mm
198 medium quality Tempur foam, topped with a plush fabric from a Volvo car seat. The panels were
199 independently mounted to a rigid seatback frame by coil springs to facilitate reproduction in a
200 computational model such as that of Genzel et al. (2022). The seatback was adjusted to 24°. The head
201 restraint comprised a plywood panel (dimensions: 350×230×20 mm) supported by a stiff steel frame.

202 The head restraint was height adjustable, and the surface had an angle of 12.4° from the vertical plane.
203 The initial head-to-head restraint horizontal distance (backset) was adjusted to 15 cm by adding
204 130 mm padding to the head restraint. The seatbase comprised a stiff aluminium frame covered by a
205 plywood top surface, angled 16.9° from the horizontal plane. A plate was mounted on the target sled
206 to resemble the passenger floor pan surface of a car. A three-point seatbelt was included in the test
207 setup.

208 The BioRID P50F_V2 prototype was equipped with accelerometers in the head on the 1st thoracic
209 vertebra (T1). The coordinate systems were defined according to SAE J211 (orthogonal right-handed).
210 The centres of the accelerometers' coordinate systems were fixed on the respective accelerometer
211 positions. The head and T1 accelerometers were mounted with initial axes coinciding with the SAE
212 J211 standards. Additionally, the Neck Injury Criterion (NIC) values (Boström et al., 2000) were
213 calculated. The torso leaned against the seatback, and the T1, as well as the head, were aligned with
214 the horizontal plane. The lower arms were positioned on the upper legs.

215 Film targets were secured on the BioRID P50F_V2 and on the seat prior to the tests (**Supplementary**
216 **Figure 4**). Linear and angular displacements of the head and T1 were derived from video analysis
217 using the Tema 3.8 software. The displacement data were set to zero at the time of impact ($T = 0$) and
218 were expressed in a sled fixed coordinate system.

219 **3 Results**

220 The overall responses of the upgraded prototype BioRID P50F_V2, and the previous version of the
221 BioRID P50F_V1 (Carlsson et al., 2021b), are presented in **Figure 8** in comparison to the 50th
222 percentile female volunteers (Carlsson et al., 2021a). The volunteers are represented by grey corridors,
223 and the prototype female dummies by black (BioRID P50F_V1) and red (BioRID P50F_V2) solid
224 lines.

225 The peak head x-acceleration of the BioRID P50F_V2 was reduced in comparison to the BioRID
226 P50F_V1 (**Table 3**) and the curve was mainly within the volunteer corridor (**Figure 8A**). The T1 x-
227 acceleration of the BioRID P50F_V2 showed an earlier initial increase in magnitude compared with
228 both the BioRID P50F_V1 and the volunteers. For example, the T1 x-acceleration reached 20 m/s^2 at
229 61 ms for the BioRID P50F_V2, compared with 84 ms for both the BioRID P50F_V1 and the
230 volunteers (on average). After ~ 110 ms, the T1 x-acceleration of the BioRID P50F_V2 decreased,
231 resulting in a lower peak value (32 m/s^2) than those observed in the BioRID P50F_V1 (67 m/s^2) and
232 the volunteers (average 47 m/s^2) (**Figure 8B, Table 2**). Since the thoracic spinal shape was straighter
233 in the BioRID P50F_V2 it is expected that the upper torso contacted the top seatback panel earlier.
234 This made the total seatback response stiffer and created a greater T1 x-acceleration in the initial phase
235 and an earlier peak. This is also reflected in the Neck Injury Criterion (NIC) value (**Table 2**), which
236 decreased from $8.5 \text{ m}^2/\text{s}^2$ in the test with the BioRID P50F_V1 to $5.8 \text{ m}^2/\text{s}^2$ with the BioRID P50F_V2.
237 This represents an improvement, as the latter value approaches the average NIC observed among the
238 female volunteers ($5.0 \text{ m}^2/\text{s}^2$).

239 The rise of the head x-displacements (relative to the sled) was similar for the two prototype dummies
240 and the peaks appeared somewhat earlier (130 ms in BioRID P50F_V1 and 143 ms in BioRID
241 P50F_V2) in comparison to that of the average female volunteer (149 ms). Furthermore, the BioRID
242 P50F_V2 had a 17 mm greater negative peak head displacement in comparison to the lower limit of
243 the volunteer corridor as well as the BioRID P50F_V1 (**Figure 8C, Table 2**). The T1 x-displacements
244 were similar for the two prototype dummies, approximately 2-3 cm smaller than that of the average

245 volunteer (**Figure 8D**, **Table 2**). As a consequence, the negative peak head relative to T1 x-
246 displacement of the BioRID P50F_V2 was greater and earlier compared to the volunteer corridor
247 (**Figure 8E**).

248 The peak rearward head angular displacement of the BioRID P50F_V2 increased by 7° compared to
249 the BioRID P50F_V1 and the curve was mainly within the volunteer corridor from ~110 ms (**Figure**
250 **8F**, **Table 2**). The T1 angular displacement followed the rise of the corridor until ~90 ms and peaked
251 at 151 ms, close to the average peak time of 159 ms observed in the volunteers, representing an
252 improvement compared with the BioRID P50F_V1 (132 ms) (**Figure 8G**, **Table 2**). The peak
253 magnitude increased by approximately 2° compared with the BioRID P50F_V1, however, a difference
254 of 6° remained relative to the volunteer corridor. The volunteers exhibited a small flexion of the head
255 relative to the T1 angular displacement during the first ~160 ms, since the rearward angular
256 displacement of T1 began earlier than that of the head. This small flexion was not found in any of the
257 BioRID P50F prototypes due to the early onset of the head angular displacement (**Figure 8H**). As the
258 volunteers' heads began to rotate rearward, the flexion of the head relative to T1 changed into
259 extension. The corresponding extension angle for the BioRID P50F_V2 prototype was within the
260 corridor of the female volunteers.

261 4 Discussion

262 The overall purpose of the present study was to develop an improved female prototype dummy for rear
263 impact testing to complement the male BioRID II. This work was done in preparation of a series of
264 rear impact sled tests, to compare female and male occupant responses in an existing seat design, with
265 documented differences in injury risk (Carlsson et al., 202X). The new prototype has been denoted
266 BioRID P50F_V2 and was based on the earlier BioRID P50F_V1, which has shown some biofidelity
267 limitations (Carlsson et al., 2021b). The BioRID P50F_V2 features new lower limbs and arms from
268 the Hybrid III 5F, giving it a more human-like appearance and improved contact conditions.
269 Redesigning the head with facial features has made it look more humanlike and improves external
270 contact properties. The spinal curvature and stiffness were also modified to better reflect female
271 anatomy and improve pressure distribution against the seatback, enabling more accurate evaluation of
272 the seatback interaction.

273 The overall BioRID P50F_V2 anthropometry and mass distribution is representative of a 50th percentile
274 female, and its biofidelity has been further improved, in particular regarding the T1 angular motion.
275 Together with the BioRID II, it offers the opportunity to study the overall response differences between
276 female and male occupants in rear impact testing, for example in Carlsson et al. (202X). In a previous
277 study (Carlsson et al., 2021b), it was concluded that the rearward angular displacement of the T1 was
278 inadequate for the BioRID P50F_V1 prototype in comparison to the female volunteers. Therefore,
279 obtaining increased T1 rearward angular displacement was prioritised in the present study.

280 The dynamic response of the BioRID P50F_V2 showed improvements, in particular the T1 rearward
281 angular displacement (**Figure 8G**), which better resembled the female volunteer response corridors.
282 The rearward T1 peak angular displacement showed improved timing, reaching its maximum at
283 approximately the same time as the volunteers (151 ms compared with 159 ms) (**Figure 8G**, **Table 2**).
284 The peak magnitude (15°) also increased but remained 6° below the lower bound of the volunteer
285 corridor (21°). The limited peak magnitude may partly be explained by the initial position of T1 being
286 closer to the seatback due to the changes in spinal curvature. This may also account for the somewhat
287 reduced rearward T1 x-displacement in the BioRID P50F_V2 (71 mm) compared with the BioRID
288 P50F_V1 (86 mm), both of which are lower than the lower bound of the volunteer corridor (94 mm)

289 **(Figure 8D, Table 2)**. Another reason for the limited rearward T1 angular displacement may be that
290 the height of the T1 in the BioRID P50F prototype dummy is ~20 mm lower as compared to the 50th
291 percentile female, as all the downsizing modifications from the original BioRID II spine were made
292 between the T1 and the pelvis, i.e., not the neck (Carlsson et al., 2021b).

293 The HR design and the positioning procedure of the lab seat used in the current study, as well as in the
294 volunteer tests of Carlsson et al. (2021a), allowed for controlling the horizontal head-to-HR backset.
295 This made the set-up insensitive to the individual spread in posterior-anterior position of the head that
296 would normally show up in regular car seats. A limitation is that this validation set-up does not fully
297 evaluate the representativeness of the initial horizontal dummy head position, hence, it is recommended
298 that future evaluations include this aspect.

299 The present validation of the BioRID P50F_V2 uses volunteer test data of Carlsson et al. (2021a).
300 Those volunteer test results only included one injury criterion, the NIC (Boström et al., 2000). Other
301 neck injury criteria have been suggested in the literature, including N_{km} , N_{ij} , NDC and more (Schmitt
302 et al., 2025). In future volunteer testing it would be desirable to include also such alternative injury
303 criteria to the extent that they could be assessed with the type of instrumentation that can be fitted on
304 human volunteers. One limitation of the current validation of the BioRID P50F_V2 is that it only uses
305 data from one volunteer study with one laboratory seat design. It would be valuable to expand the
306 validation with results from additional volunteer studies using other seat properties such as Sato et al.
307 (2014). Another limitation is that this study relies on one single test. But we found this acceptable since
308 the BioRID P50F_V2 is based on the same design principle as the BioRID II. Previous studies have
309 shown that the BioRID II is a highly repeatable and reproducible dummy design (Eriksson and Zellmer,
310 2007).

311 A future next step, to advance the work undertaken in the current study, would be to develop a female
312 rear impact dummy in which each component is based on actual female anatomy and biomechanical
313 properties. For example, female properties of the seated spinal curvature could be obtained based on
314 MRI scans of the average sized females of Sato et al. (2016). With the suggested spinal improvement,
315 the rubber torso will need to be updated accordingly to fit the new spinal curvature and vertebral
316 heights. This procedure would result in a higher position of T1 relative to the seatback and would
317 consequently increase the rearward T1 linear and angular displacement, potentially leading to better
318 resemblance with the volunteer test results.

319 In addition, this study used an average male size dummy head on the BioRID P50F_V2, but with a
320 mass corresponding to that of an average female. The fore-aft head depth of the average female and
321 average male dummy are 18,7 cm and 19,6 cm respectively (**Supplementary Table 1**). Since the initial
322 backset was adjusted to 15 cm in each test, the difference in geometrical head size between the average
323 female and male likely had very limited influence on the initial contact time. But, apart from the fore-
324 aft head depth, the geometric differences between the male size dummy head and that of an average
325 female will to some extent also affect the rear contact surface area as well as the lever arm effect on
326 the neck structures. A future female rear impact dummy needs to take these properties into account.

327 As virtual testing is expected to play an important role in complementing sled tests with mechanical
328 dummies (Ressi et al., 2025), developing and validating an FE model of the same dummy will be
329 necessary. In turn, the updated FE model would allow for the assessment of a wider range of impact
330 conditions. From a long-term perspective, this FE model can be morphed into a wider range of occupant
331 characteristics and postures. This would enhance the understanding of sex and size specific responses,
332 which mechanical dummies cannot cover. Simultaneously, physical sled tests remain indispensable for

333 model evaluation. The integration of virtual and physical testing therefore offers a more comprehensive
334 and scientifically robust framework for the development and assessment of future occupant protection
335 systems.

336 To conclude, the BioRID P50F_V2 prototype showed a response broadly consistent with female
337 volunteer data in low severity rear impacts. However, further refinement – particularly of surface
338 geometry, mass distribution, and spinal geometry – is likely required to achieve biofidelity fully equal
339 to BioRID II. The same approach as used in the development of the VIVA+ human body model (John
340 et al., 2022) can be adopted, where several statistical shape models were used as input. The need for
341 50th percentile rear impact dummies representing both female and male occupants is very apparent.
342 The current BioRID II represents the 50th percentile male, and the lack of a female counterpart limits
343 the possibility for development and evaluation of whiplash protection systems for female occupants.
344 Preferably, both dummy sizes should follow the same design principles and offer comparable levels of
345 biofidelity, validated against volunteer response data using metrics such as Correlation and Analysis
346 (CORA) or similar. To ensure gender-inclusive safety, future systems must be developed and assessed
347 with female-specific characteristics in mind. This study highlights the importance of developing a fully
348 validated 50th percentile female rear impact dummy for use alongside the existing male dummy.

349 **5 Conflict of Interest**

350 The authors declare that the research was conducted in the absence of any commercial or financial
351 relationships that could be construed as a potential conflict of interest.

352 **6 Author Contributions**

353 AC: main author of the manuscript, preparation, execution, documentation, and analysis. JD: co-author
354 of the manuscript, preparation, and analysis. MS: co-author of the manuscript, preparation, and
355 analysis. All authors contributed to the article and approved the submitted version.

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360 We thank Humanetics Innovative Solutions, Inc. for providing Hybrid III 5F limbs (forearms, hands,
361 lower legs, and feet) and BioRID II 50M components (H-point blocks, torsion bars, and rubber buffers),
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363 **9 Data Availability Statement**

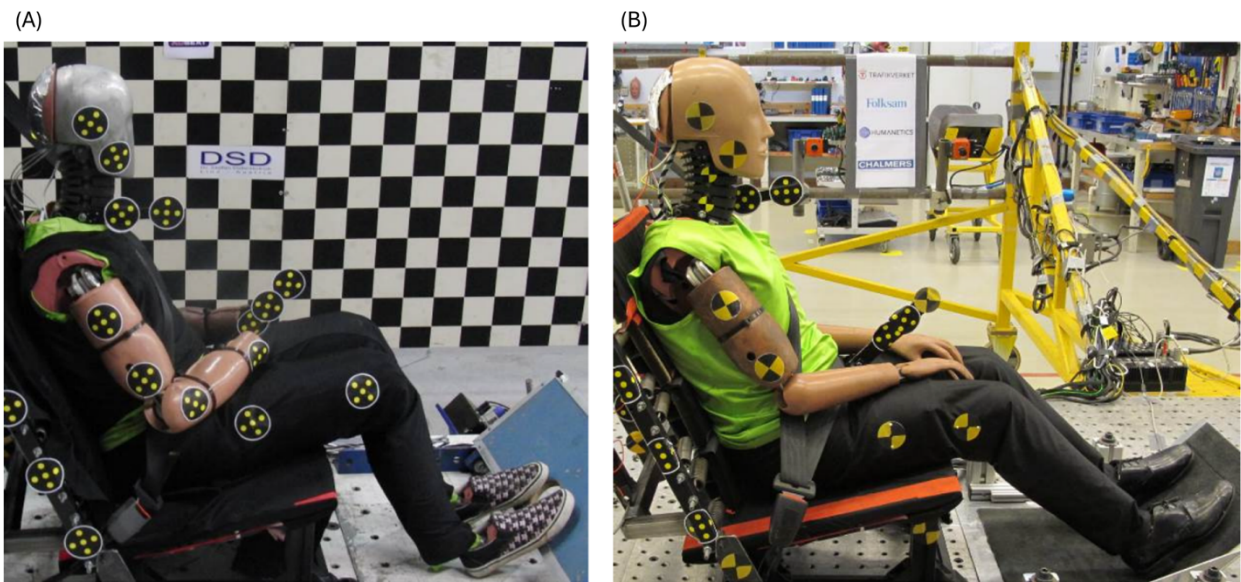
364 The raw data supporting the conclusions of this article will be made available by the authors, without
365 undue reservation.

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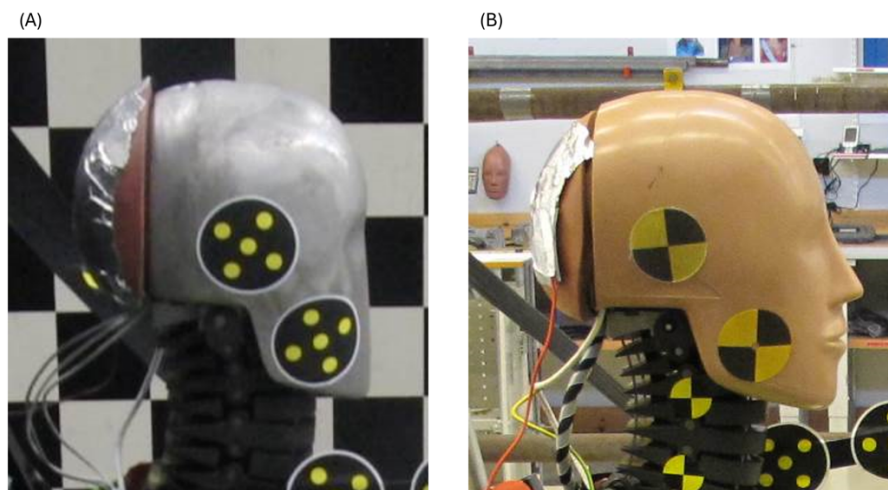
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449

450 **Figure 1.** Photos of A) the prototype BioRID P50F_V1 (Carlsson et al. 2021b) and B) the upgraded
451 BioRID P50F_V2, both seated in the Chalmers Laboratory Seat.

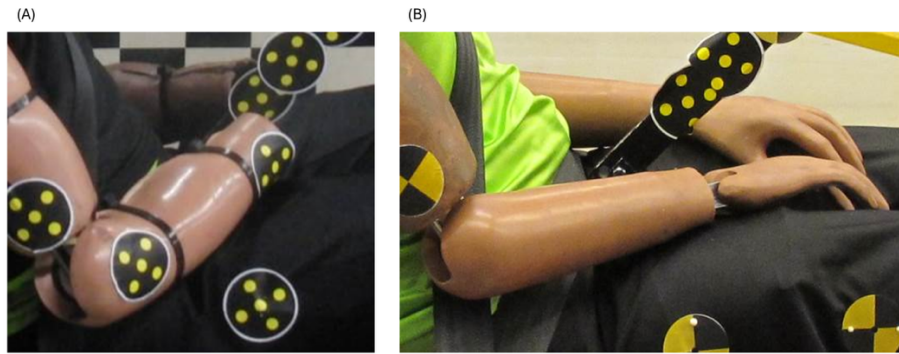
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453

454 **Figure 2.** Photos of the head of A) the BioRID P50F_V1 (=head from the male BioRID II with the
455 anterior rubber skin removed; Carlsson et al. 2021b), and B) the BioRID P50F_V2 (=head including
456 the anterior rubber skin from the male BioRID II but with the ballast removed).

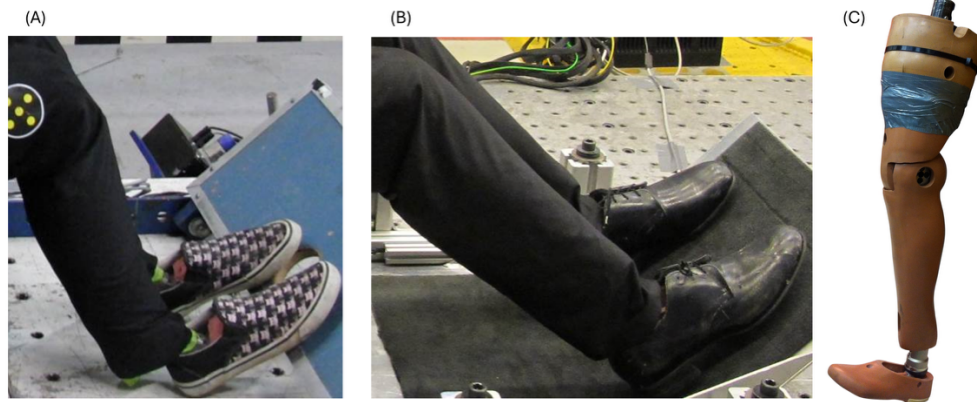
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458

459 **Figure 3.** Photos of the lower arms of A) the BioRID P50F_V1 (=downscaled lower arms originating
 460 from the male BioRID II; Carlsson et al. 2021b), and B) the BioRID P50F_V2 (=modified lower arms
 461 originating from the Hybrid 5F)

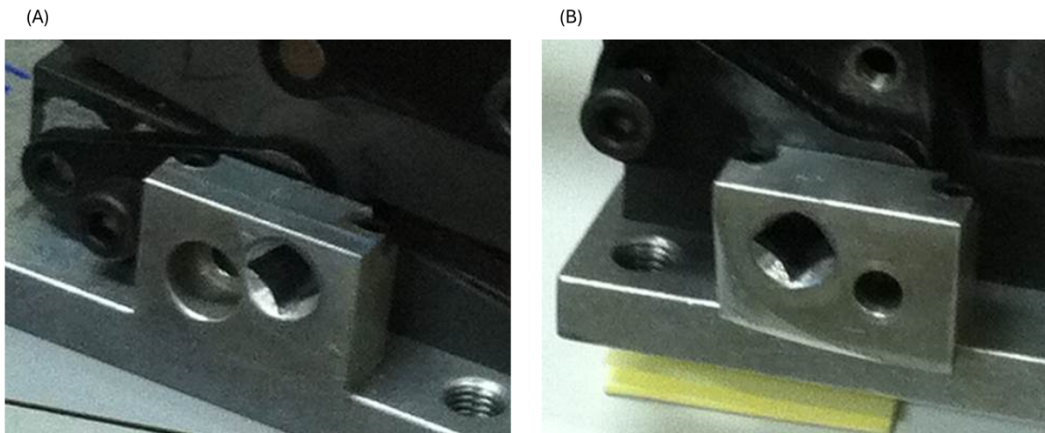
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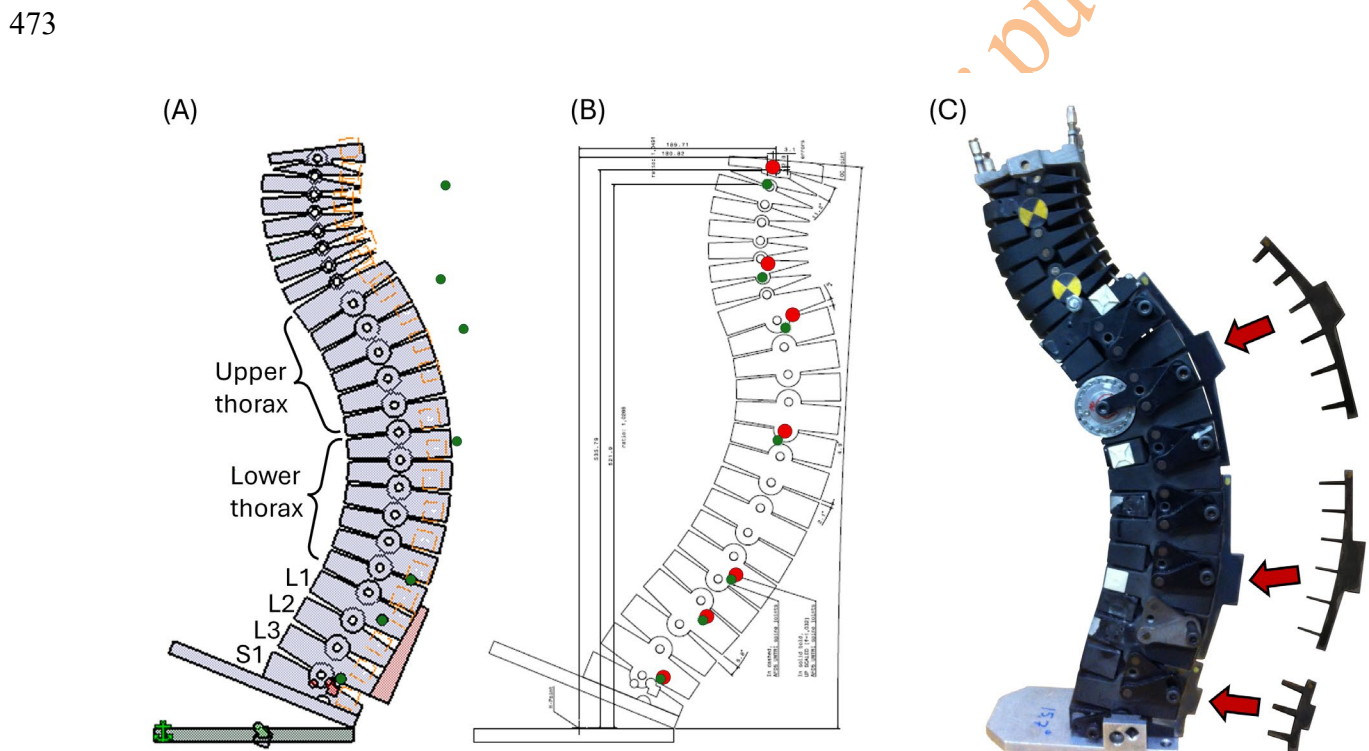
463

464 **Figure 4.** Photos of A) the lower legs of the BioRID P50F_V1 (=downscaled lower legs originating
 465 from the male BioRID II, and a simple construction/representation of the ankles/feet; Carlsson et al.
 466 2021b), B) the lower legs of the BioRID P50F_V2 (=modified lower legs originating from the Hybrid
 467 III 5F), and C) the upper (=downscaled upper thighs originating from the male BioRID II, and lower
 468 thighs originating from the Hybrid III 5F) and lower legs of the BioRID P50F_V2.

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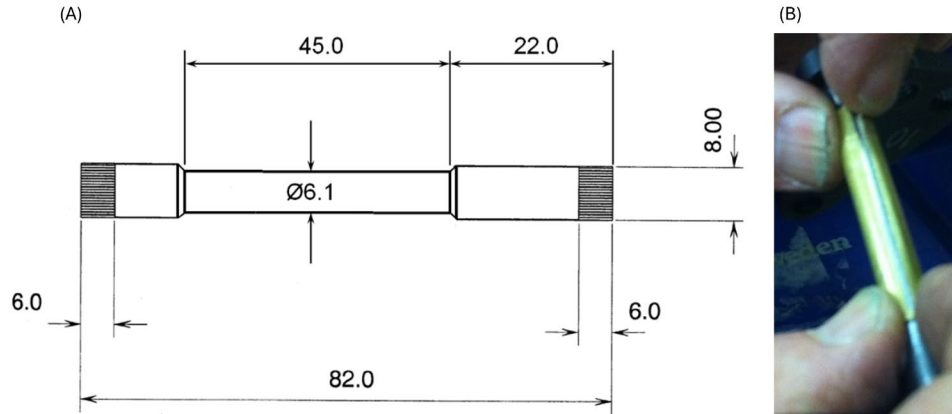


470
 471 **Figure 5.** Photos of the position of the metal blocks in the BioRID P50F_V2 on A) the left side and B)
 472 the right side.

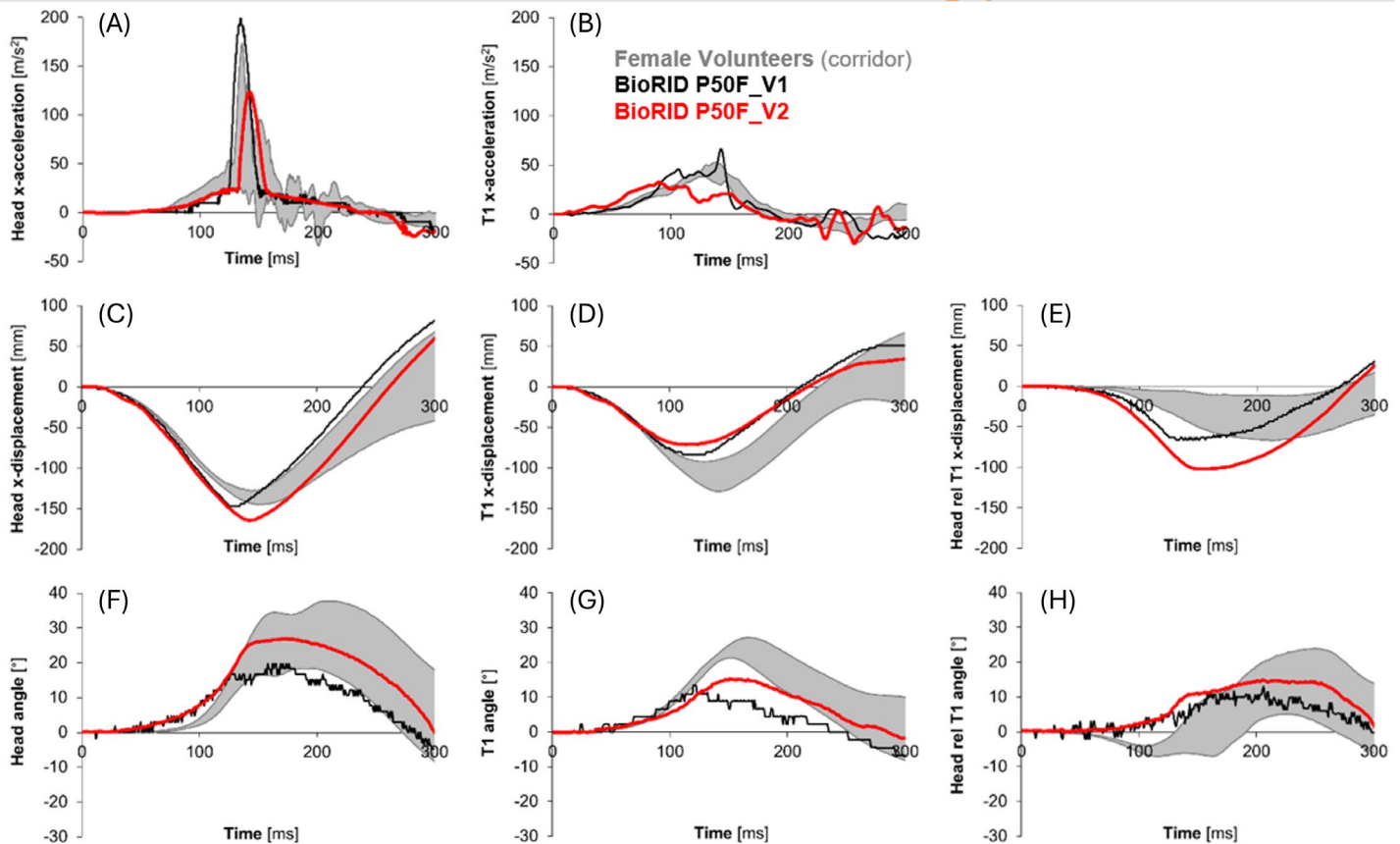


474
 475 **Figure 6.** A) Drawing of the spine of the BioRID P50F_V1 (Carlsson et al. 2021b), as well as
 476 articulation points (green circles) for the 5th percentile female in accordance with the UMTRI study
 477 (Schneider et al. 1983). B) The back curvature for the BioRID P50F_V2, as well as upscaled
 478 articulation points (red circles). C) The spinal curvature adjustment on BioRID P50F_V2 using the
 479 tools (marked in red arrows + small figure to the upper right).

480



481
 482 **Figure 7.** A) Drawing of the modified torsion bar, and B) torsion rod with associated brass sleeve.
 483



484
 485 **Figure 8.** Acceleration of the A) head and B) T1 in the local x-direction; x-displacements relative to
 486 the sled of the C) head and D) T1; E) x-displacements of the head relative to the T1; angular
 487 displacements relative the sled for the F) head G) T1 and H) angular displacements of the head relative
 488 to T1 for the female volunteers (grey corridors), BioRID P50F_V1 prototype (solid black line) and
 489 BioRID P50F_V2 prototype (solid red line). The response corridors were calculated $\pm 1SD$ from the
 490 average response and all signals were shifted to zero at time of impact initiation.

491 **Tables**

492

Table 1. The spinal joint coordinates for the 5th percentile female according to the UMTRI study (Schneider et al. 1983) and scaled coordinates.

Joint	5th percentile female¹⁾		Scaled coordinates²⁾	
	X	Z	X	Z
Head/neck (OC)	-189	519	-195.0	535.6
C7/T1	-183	429	-188.9	442.7
T4/T5	-205	381	-211.6	393.2
T8/T9	-196	273	-202.3	281.7
T12/L1	-149	140	-153.8	144.5
L2/L3	-121	102	-124.9	105.3
L5/S1	-80	46	-82.6	47.5
H-point	0	0	0.0	0.0

1) Schneider et al. (1983)

2) Scaling factor 1.032

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Table 2. Summary of selected peak parameter values obtained in the tests with female volunteers, BioRID P50F_V1 and BioRID P50F_V2 in the laboratory seat.

Variable	Volunteers				BioRID P50F_V1		BioRID P50F_V2	
	Peak		@		Peak	@	Peak	@
	Average (SD)	Range	Average (SD)	Range				
X-acceleration	[m/s ²]	[m/s ²]	[ms]	[ms]	[m/s ²]	[ms]	[m/s ²]	[ms]
- Head	106 (40)	66 → 173	147 (8)	135 → 158	199	134	124	142
- T1	47 (6)	38 → 54	135 (13)	113 → 153	67	142	32	90
- Head relative to T1 ²⁾	-15 (2)	-19 → -13	80 (6)	72 → 89	-37	106	37	86
- Head relative to T1 ³⁾	71 (33)	33 → 120	147 (8)	135 → 158	158	134	38	104
X-displacement¹⁾	[mm]	[mm]	[ms]	[ms]	[mm]	[ms]	[mm]	[ms]
- Head	-138 (9)	-147 → -125	149 (7)	141 → 156	-147	130	-164	143
- T1	-103 (9)	-145 → -94	136 (7)	129 → 145	-86	123	-71	124
- Head relative to T1	-52 (12)	-65 → 13	187 (36)	147 → 233	-63	132	-102	160
Ang. displacement	[°]	[°]	[ms]	[ms]	[°]	[ms]	[°]	[ms]
- Head	28 (9)	16 → 38	202 (13)	185 → 216	20	167	27	174
- T1	24 (3)	21 → 30	159 (8)	151 → 174	13	132	15	151
- Head relative to T1 ²⁾	-7 (2)	-9 → -4	126 (27)	99 → 164	-	-	-	-
- Head relative to T1 ³⁾	15 (9)	5 → 26	235 (15)	212 → 258	12	200	15	205
NIC	[m ² /s ²]	[m ² /s ²]	[ms]	[ms]	[m ² /s ²]	[ms]	[m ² /s ²]	[ms]
	5.0 (2.1)	3.0 → 7.8	123 (23)	79 → 141	8.5	106	5.8	89
Head Restraint	[mm]	[mm]	[ms]	[ms]	[mm]	[ms]		
- Distance ⁴⁾	144 (6)	135 → 153	-	-	150	-	150	-
- Contact	-	-	129 (8)	118 → 139	-	120	-	131

1) Relative to the sled

2) First peak

3) Second peak

4) At T=0 ms (based on film analysis)